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# On the role of the helicity in the energy transfer in three-dimensional turbulence

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- Energy and enstrophy are conserved in 2D Navier-Stokes equations.
- Forward cascade of energy is blocked, since enstrophy is positive and definite. (Boffetta, Ann. Rev. Fluid Mech 2012)
- Energy and Helicity are invariants of 3D Navier-Stokes equations.
- Both cascade forward, from large scales to small scales. (Chen, Phys. Fluids 2003)
- Helicity could be positive or negative.
- Each Fourier mode of velocity could be decomposed into positive and negative helical modes.

What happens when we change the relative weight of the positive and the negative helicity modes?

- ▶ Following Waleffe, Phys. Fluids (1992)

$$\begin{aligned}\mathbf{u}(\mathbf{k}, t) &= \mathbf{u}^+(\mathbf{k}, t) + \mathbf{u}^-(\mathbf{k}, t), \\ \mathbf{u}^\pm(\mathbf{k}, t) &= u^\pm(\mathbf{k}, t)\mathbf{h}^\pm(\mathbf{k})\end{aligned}$$

where  $\mathbf{h}^\pm(\mathbf{k})$  are the eigenvectors of the curl operator  $i\mathbf{k} \times \mathbf{h}^\pm(\mathbf{k}) = \pm k\mathbf{h}^\pm(\mathbf{k})$ ,  $u^\pm(\mathbf{k}, t)$  are the time-dependent scalar co-efficients.

- ▶ Projection operator:

$$\mathcal{P}^\pm(\mathbf{k}) \equiv \frac{\mathbf{h}^\pm(\mathbf{k}) \otimes \mathbf{h}^\pm(\mathbf{k})^*}{\mathbf{h}^\pm(\mathbf{k})^* \cdot \mathbf{h}^\pm(\mathbf{k})}$$

$$\mathbf{u}^\pm(\mathbf{k}, t) = \mathcal{P}^\pm(\mathbf{k})\mathbf{u}(\mathbf{k}, t)$$

- ▶ Decimated Navier-Stokes equations in Fourier space:

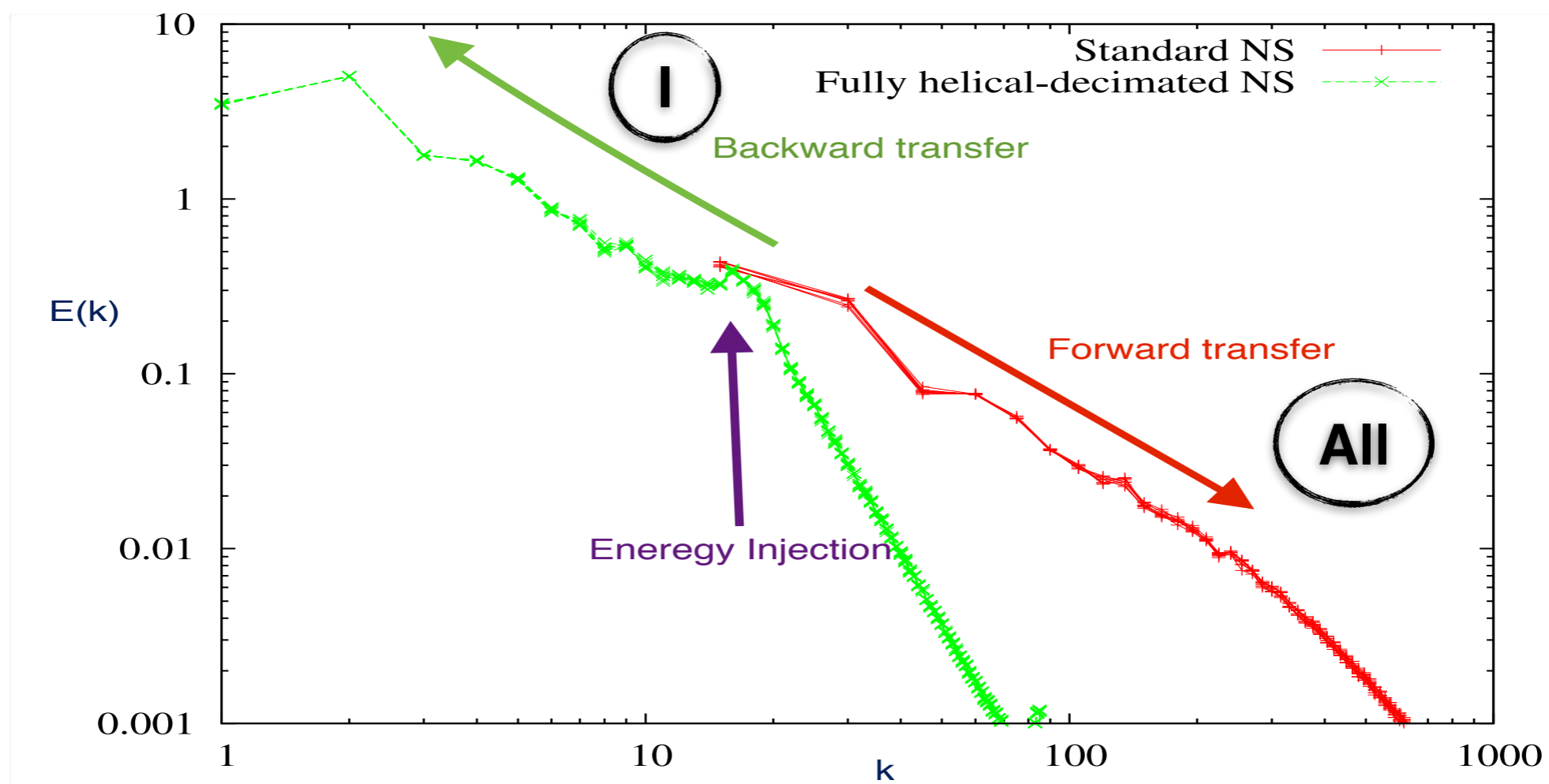
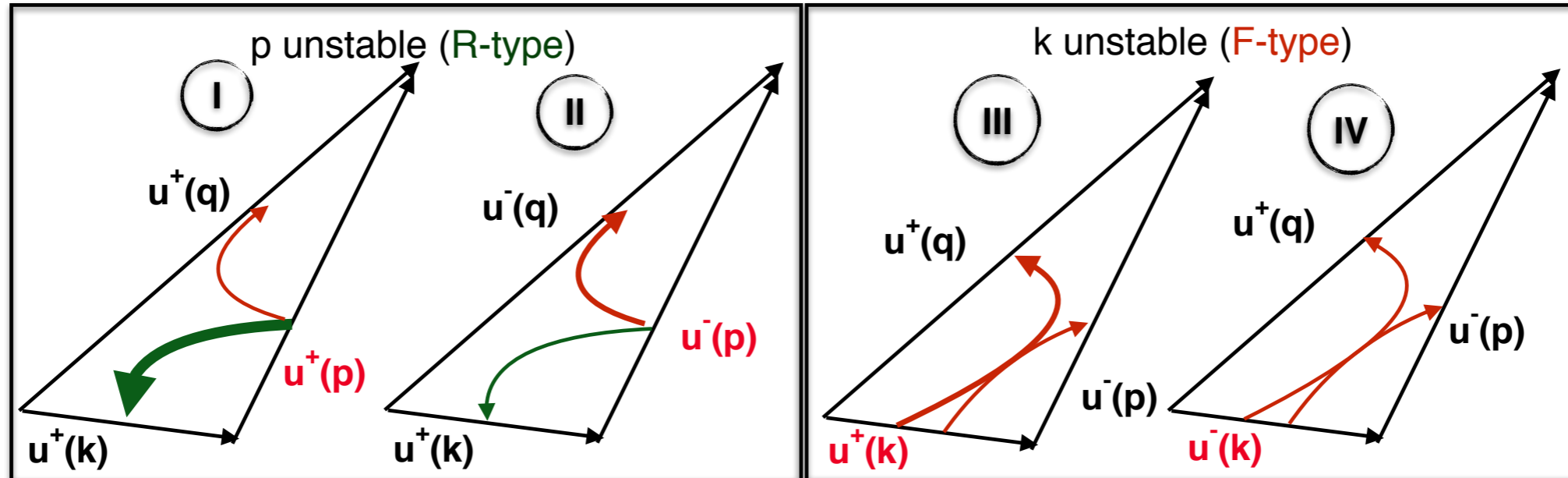
$$\partial_t \mathbf{u}^\pm(\mathbf{k}, t) = \mathcal{P}^\pm(\mathbf{k})\mathbf{N}_{u^\pm}(\mathbf{k}, t) + \nu k^2 \mathbf{u}^\pm(\mathbf{k}, t) + \mathbf{f}^\pm(\mathbf{k}, t)$$

where  $\nu$  is kinematic viscosity and  $\mathbf{f}$  is external forcing.

- ▶ The non-linear term  $\mathbf{N}_{u^\pm}(\mathbf{k}, t) = \mathcal{FT}(\mathbf{u}^\pm \cdot \nabla \mathbf{u}^\pm - \nabla p)$ , contains 8 possible triadic interactions  $\mathbf{q} = \mathbf{k} + \mathbf{p}$  which fall into four classes.

# Classes of triadic interactions in NS equations

$$\mathbf{N}_{\mathbf{u}^\pm}(\mathbf{q}) = \mathcal{FT} [\mathbf{u}^\pm(\mathbf{k}) \cdot \nabla \mathbf{u}^\pm(\mathbf{p})] ; \mathbf{q} = \mathbf{k} + \mathbf{p}; k \leq p \leq q$$



What happens in between??

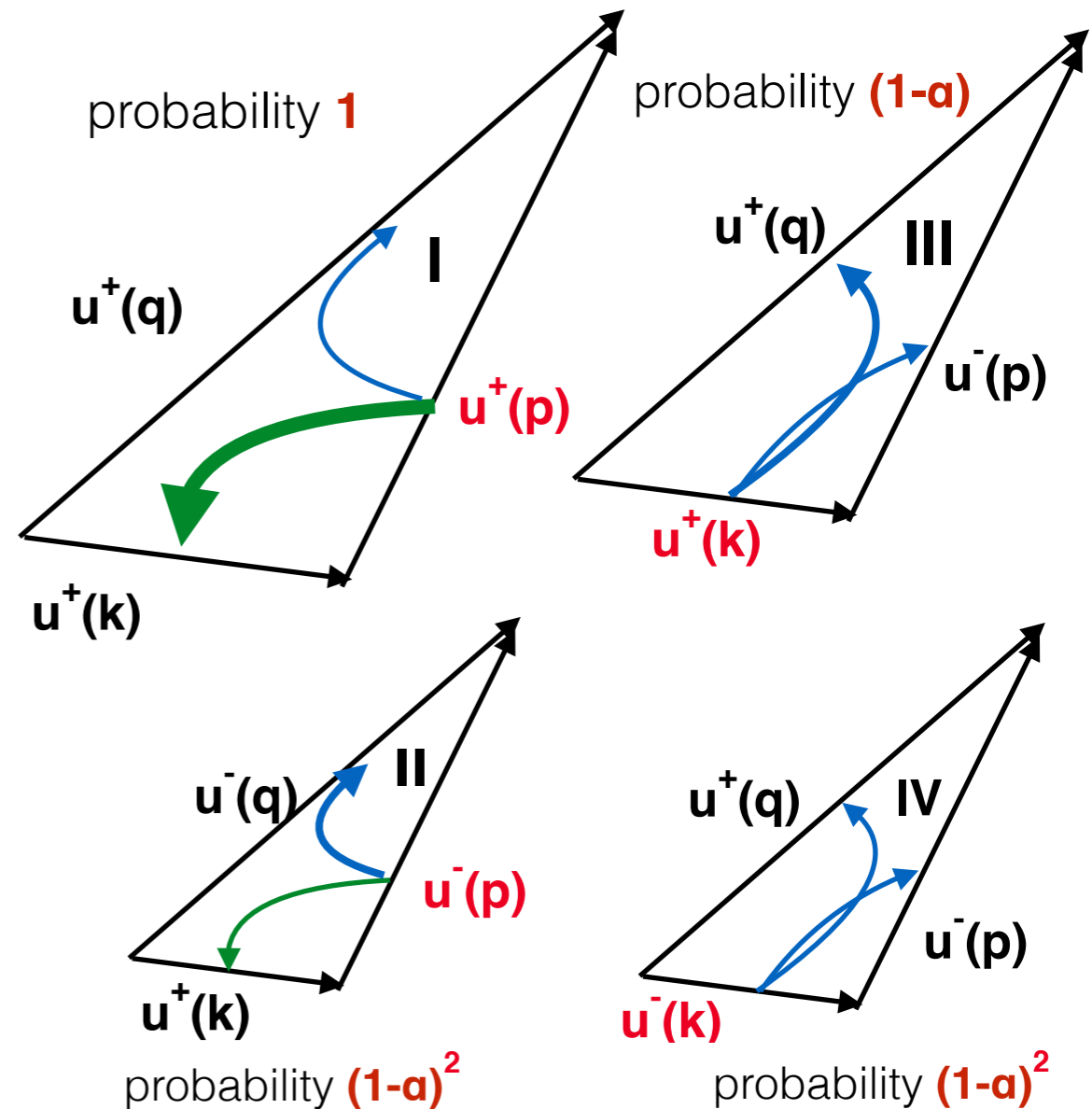
when we give different weights to different class of triads...

- Modified projection operator:

$$\mathcal{P}_\alpha^+(\mathbf{k})\mathbf{u}(\mathbf{k}, t) = \mathbf{u}^+(\mathbf{k}, t) + \theta_\alpha(\mathbf{k})\mathbf{u}^-(\mathbf{k}, t)$$

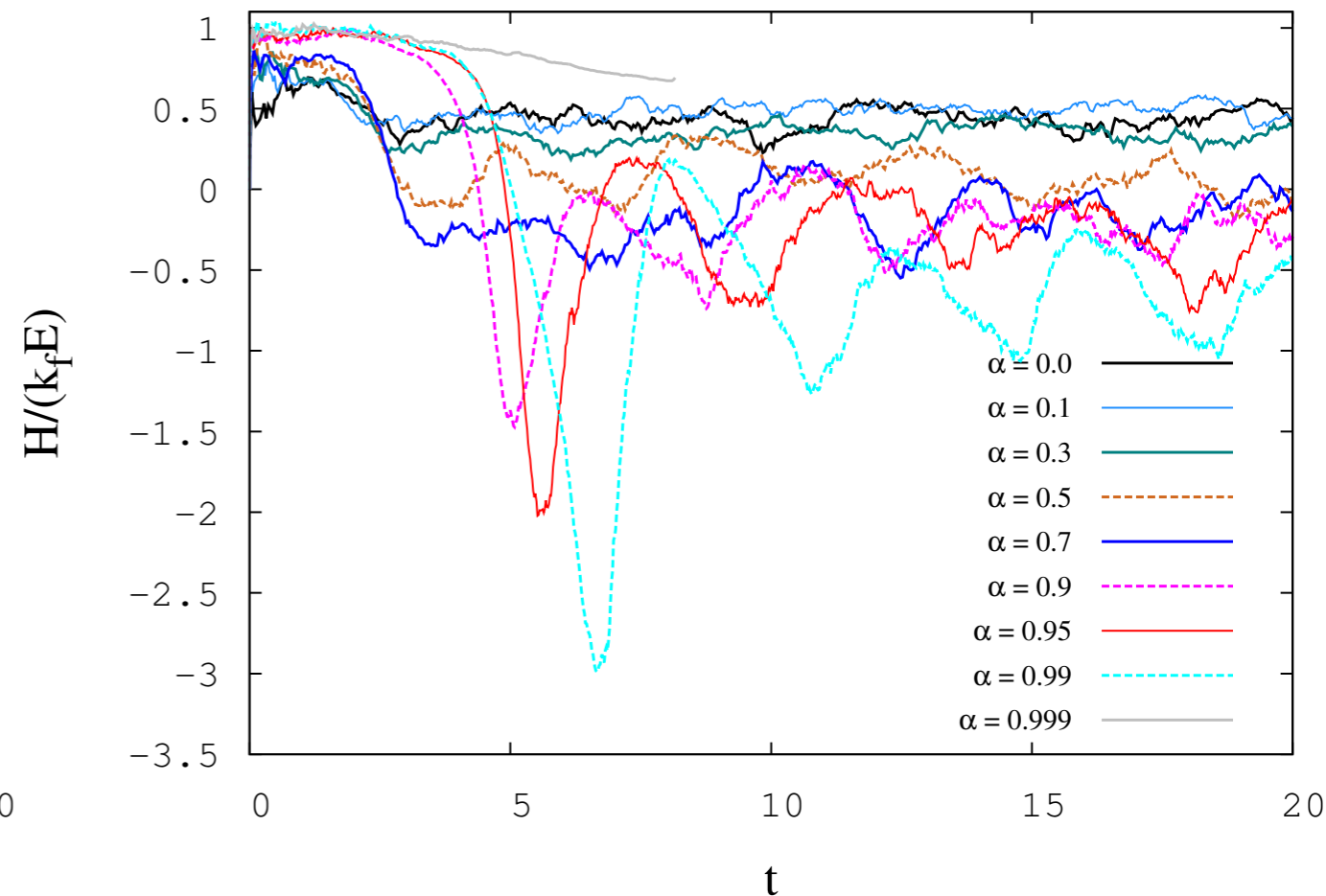
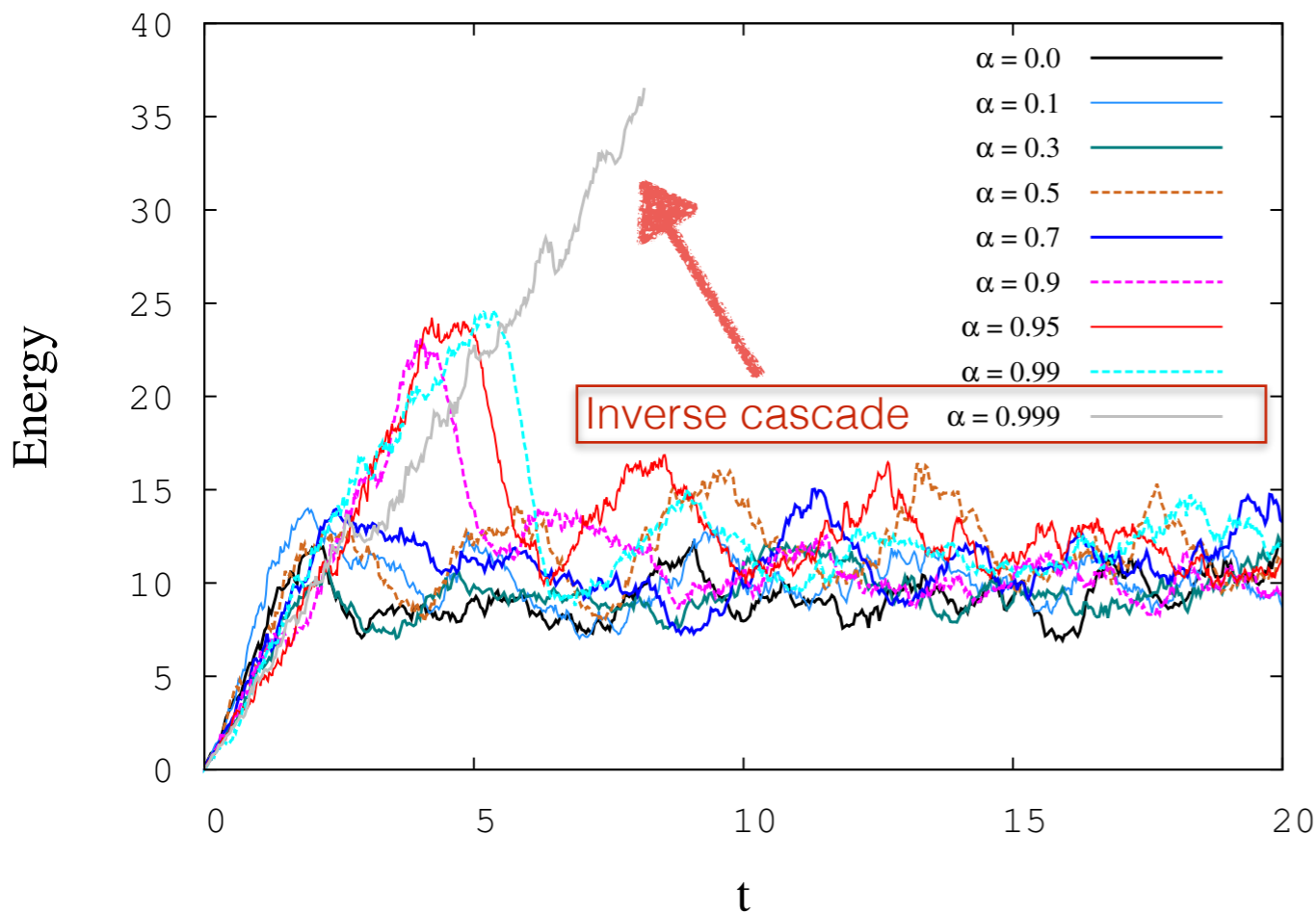
where  $\theta_\alpha(\mathbf{k})$  is 0 with probability  $\alpha$  and is 1 with probability  $1 - \alpha$ .

- We consider triads of Class-I with probability 1, Class-III with probability  $1 - \alpha$  and Class-II and Class-IV with probability  $(1 - \alpha)^2$ .
- $\alpha = 0 \rightarrow$  Standard Navier-Stokes.  
 $\alpha = 1 \rightarrow$  Fully helical-decimated NS.
- Critical value of  $\alpha$  at which forward cascade of energy stops?  
alternatively, inverse cascade of energy stops if forced at small scales.



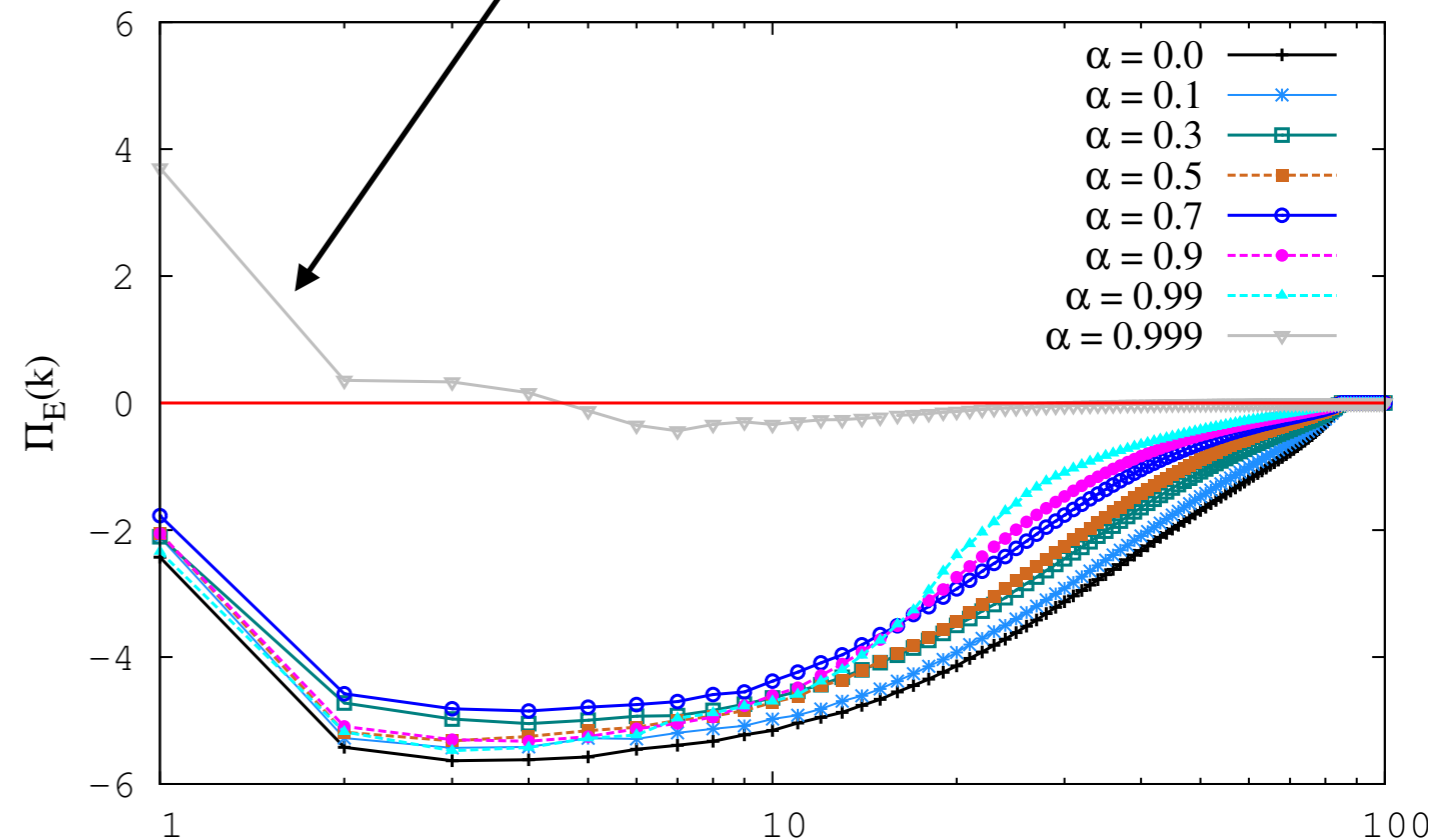
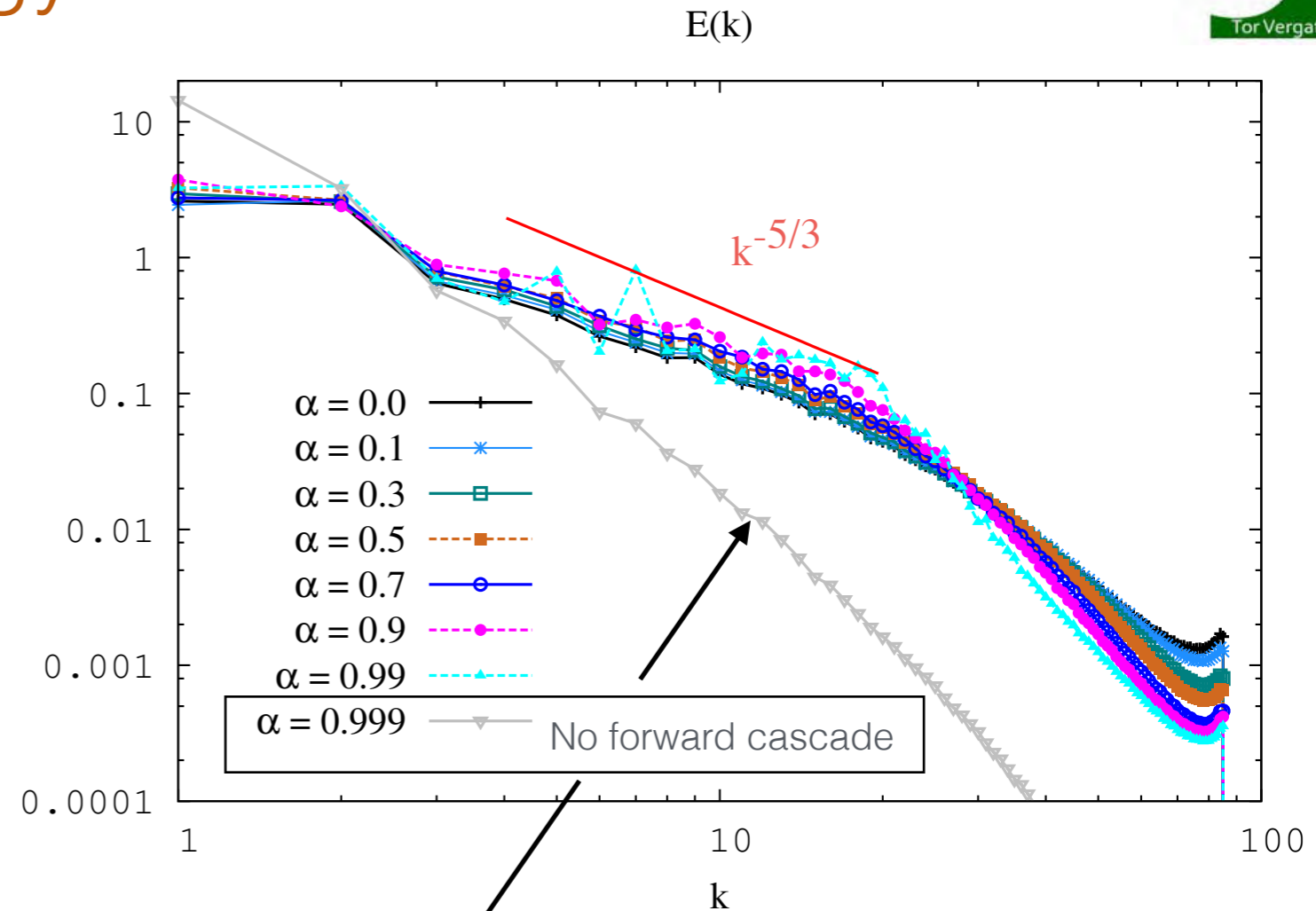
$$\mathbf{N}_{\mathbf{u}^\pm}(\mathbf{q}) = \mathcal{FT} [\mathbf{u}^\pm(\mathbf{k}) \cdot \nabla \mathbf{u}^\pm(\mathbf{p})]; \mathbf{q} = \mathbf{k} + \mathbf{p}; k \leq p \leq q$$

- Pseudo-spectral DNS on a triply periodic cubic domain of size  $L = 2\pi$  with resolutions up to  $512^3$  collocation points.



- The peaks suggest the building up of the energy at forced large scales before being able to transfer to the small scales.
- The cascade of energy starts only when helicity becomes active, i.e., modes with negative helicity becomes energetic.
- With increase in  $\alpha$  the peak grows, a signature of inverse cascade.

- Spectra for all values of  $\alpha$  showing  $k^{-5/3}$  suggest the forward cascade of to be strongly robust.
- Unless we kill almost all the modes of one helicity-type energy always finds a way to reach small scales.
- The energy flux also remains unaffected by the decimation until  $\alpha$  is very close to 1.
- **Critical value of  $\alpha$  is  $\sim 1$  !**





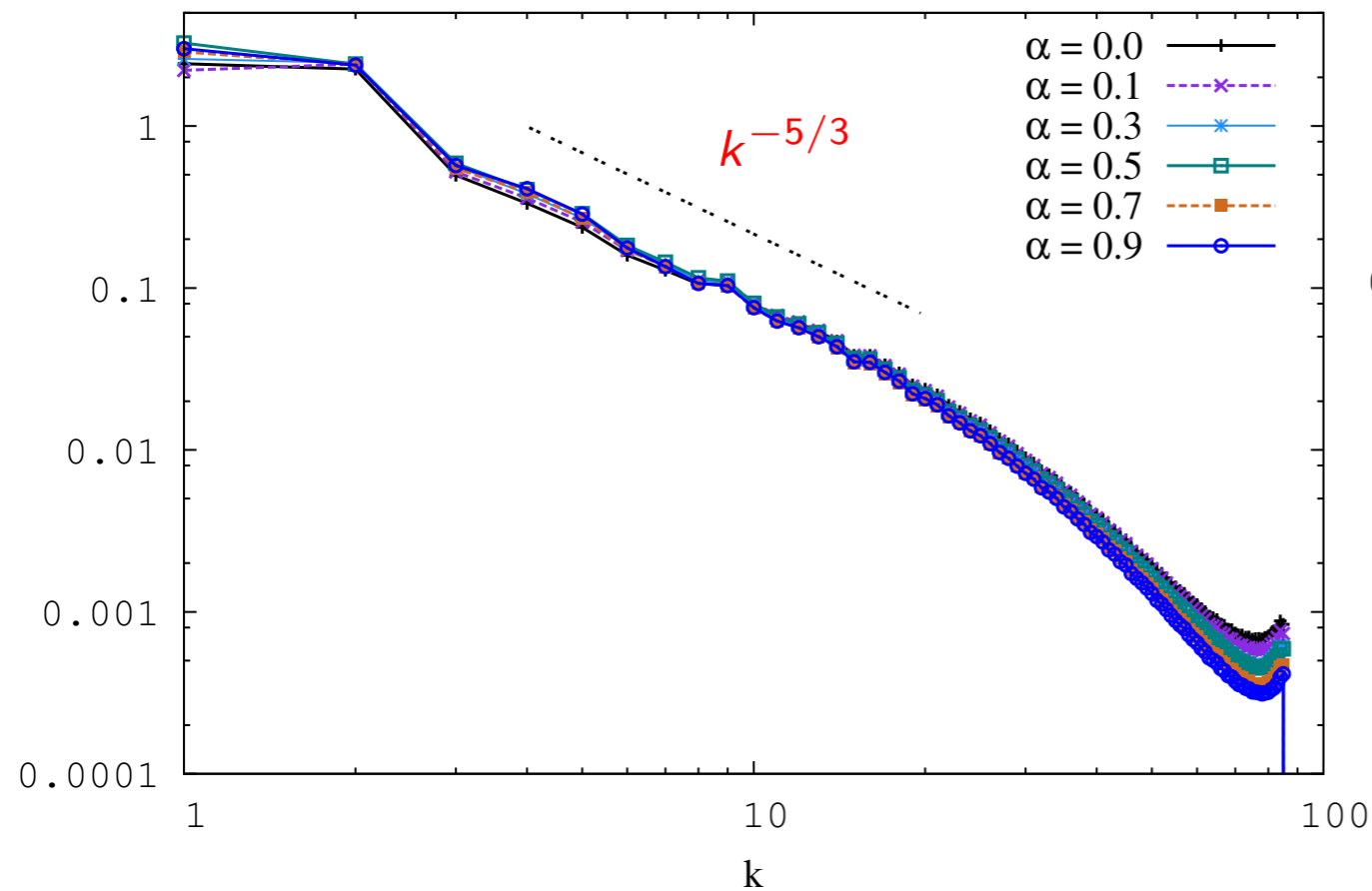
# Reaction of negative modes

Chen, Phys. Fluids 2003

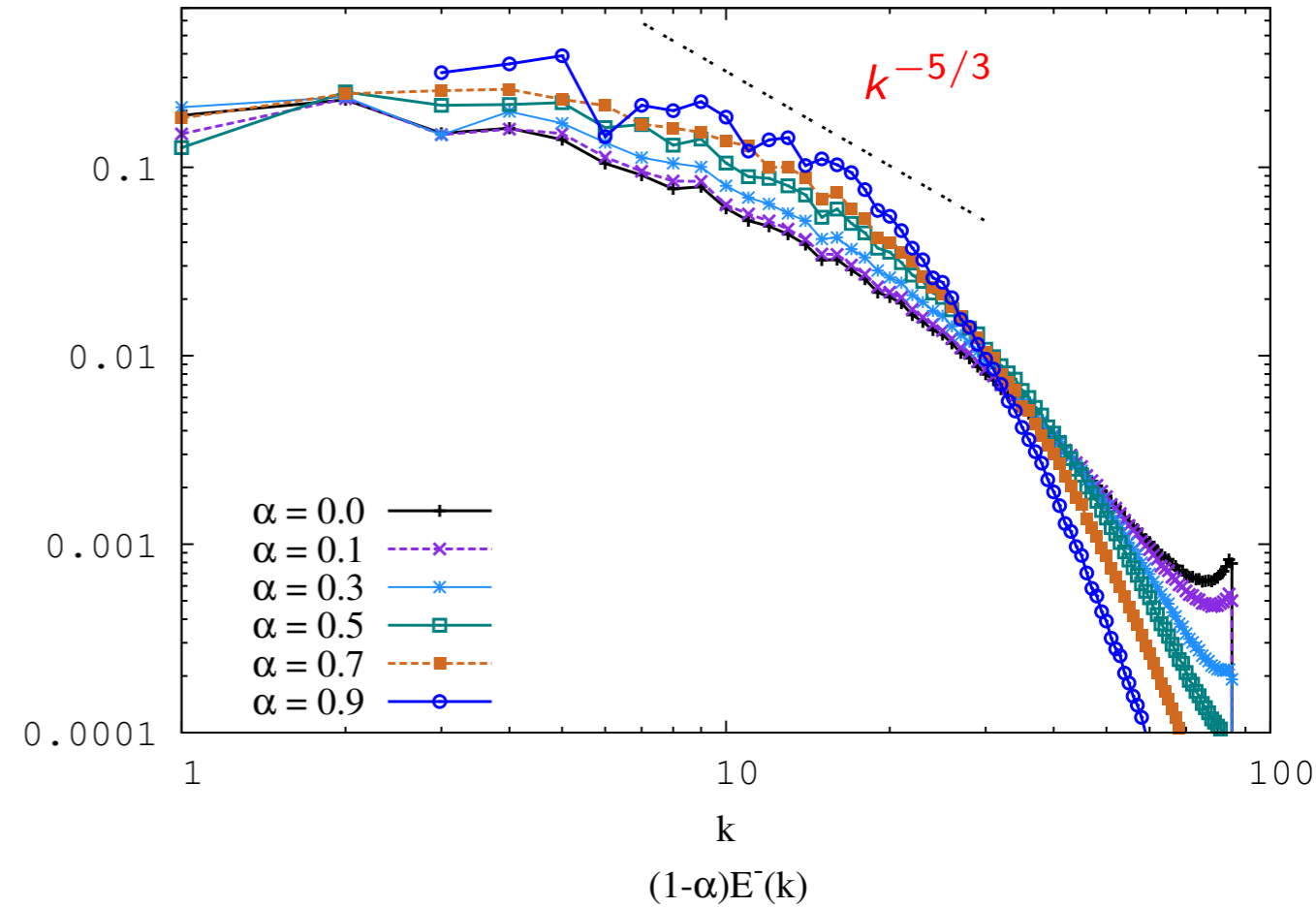
$$E^\pm(k) \sim C_1 \epsilon_E^{2/3} k^{-5/3} \left[ 1 \pm C_2 \left( \frac{\epsilon_H}{\epsilon_E} \right) k^{-1} \right],$$

where  $\epsilon_E$  is the mean energy dissipation rate and  $\epsilon_H$  is the mean helicity dissipation rate.

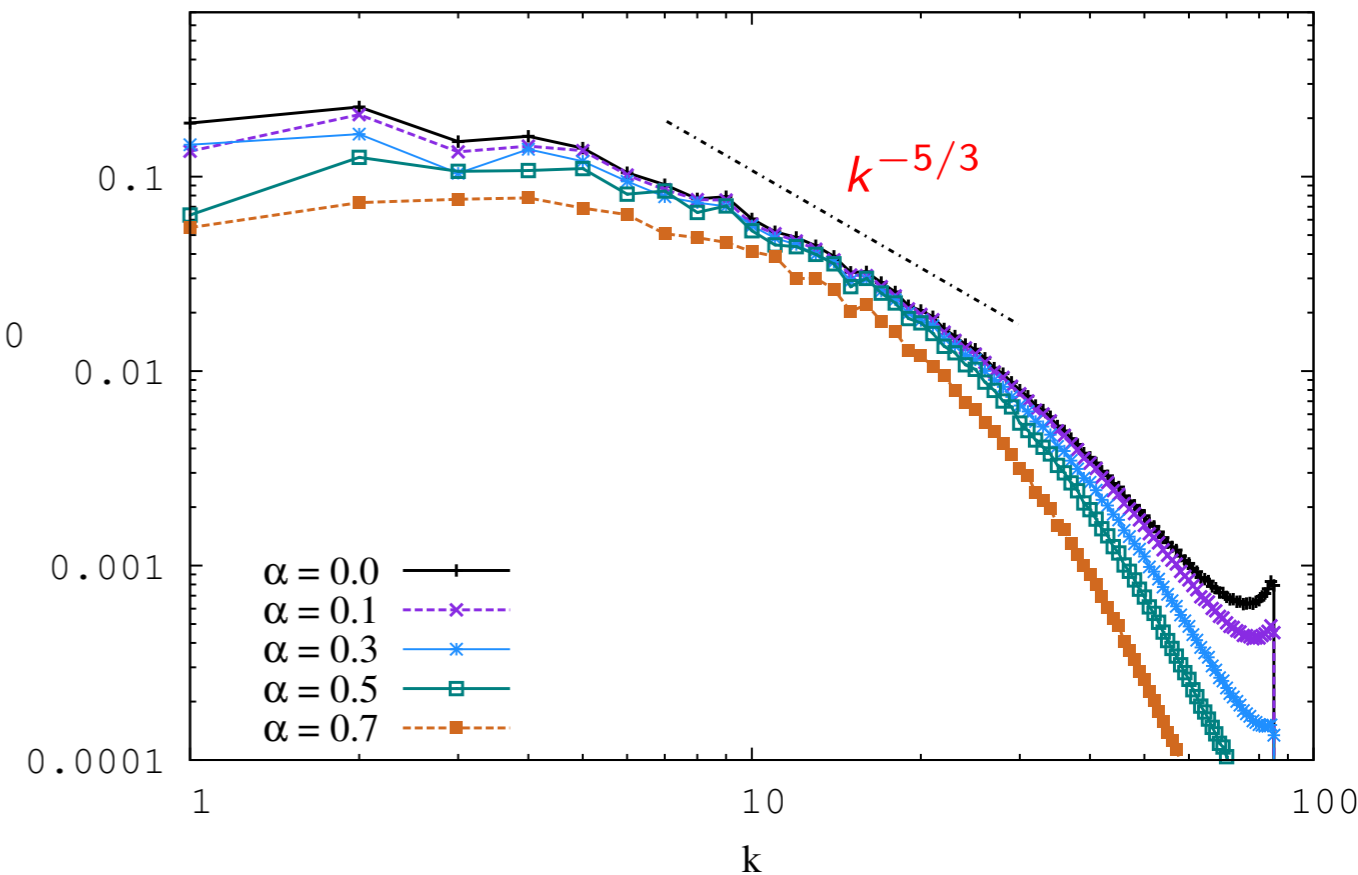
$E^+(k)$



$E^-(k)$



$(1-\alpha)E^-(k)$



- The  $E^+(k)$  does not change with decimation.
- Invariance of parity is restored through scaling of  $E^-(k)$  by the factor  $(1-\alpha)$ .



- As we increase decimation of the modes with negative helicity ( $\alpha$ ), the contribution of triads leading to inverse energy cascade grows.
- The forward cascade of energy is very robust in 3D turbulence. It requires only a few negative modes to act as catalyst to transfer energy forward.
- Only when  $\alpha$  is very close to 1, i.e., we decimate almost all modes of one helical sign, inverse energy cascade takes over the forward cascade.
- We observe a strong tendency to recover parity invariance even in the presence of an explicit parity-invariance symmetry breaking ( $\alpha > 0$ ).

- What about abrupt symmetry breaking at some  $k_c$ ?
  - can we stop the cascade by killing all negative modes from  $k > k_c$ ?
  - or can we start it at our wish (killing all modes up to  $k_c$ )?
- What about intermittency in the forward cascade regime at changing  $\alpha$ ?

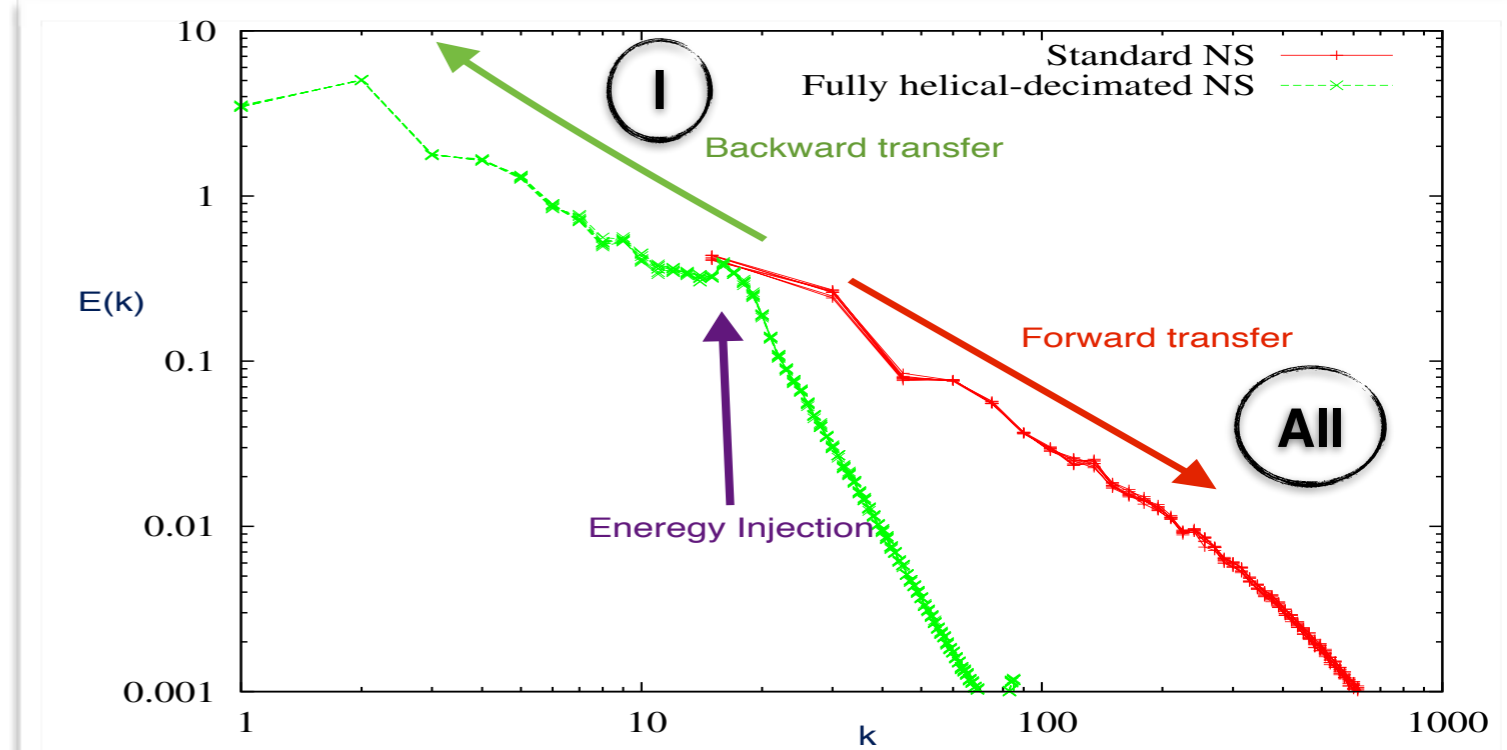
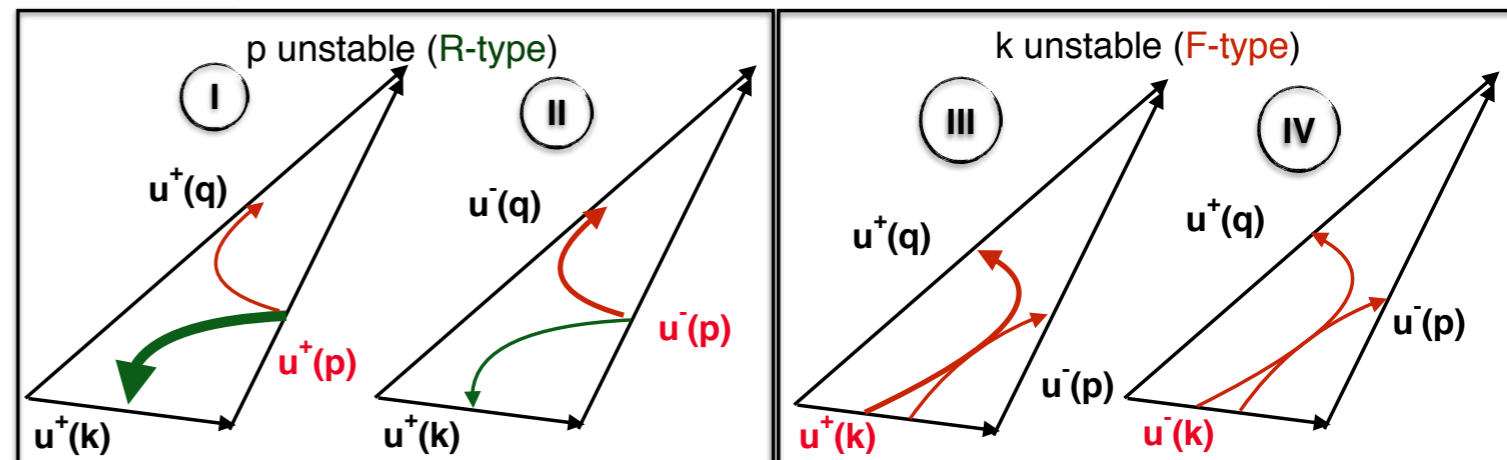
**R-type:** When large wavenumbers have same sign, middle one is unstable and could transfer energy to both small and large wavenumbers;

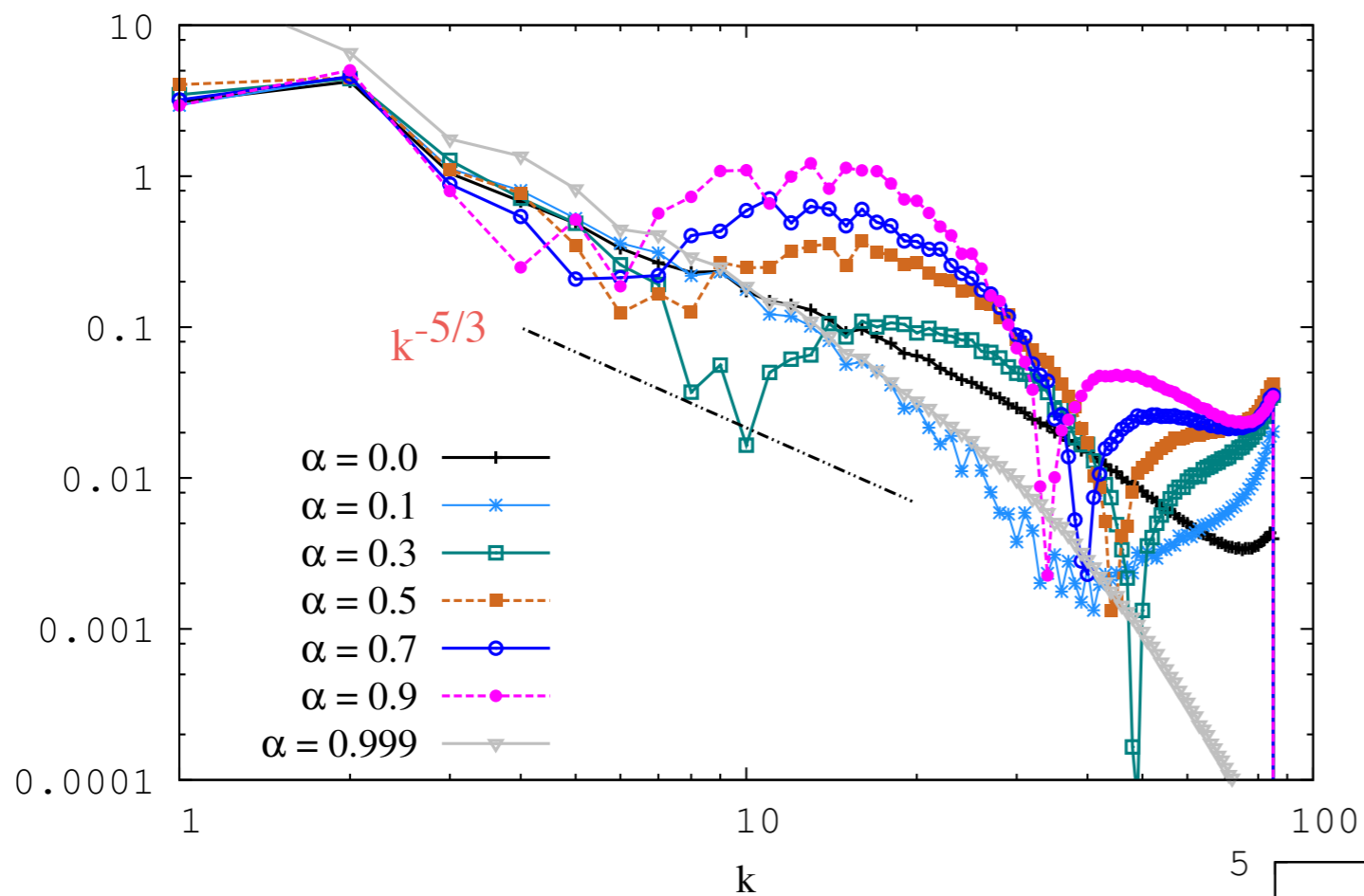
- predominantly to the smallest wavenumber if it has the same sign [Class-I (+, +, +)].
- mixed transfer if smallest wavenumber has the opposite sign [Class-II (+, -, -)].

**F-type:** When large wavenumbers have opposite sign, smallest one is unstable and could transfer energy only to large wavenumbers, for both Class-III (+, -, +) and Class-IV (-, -, +).

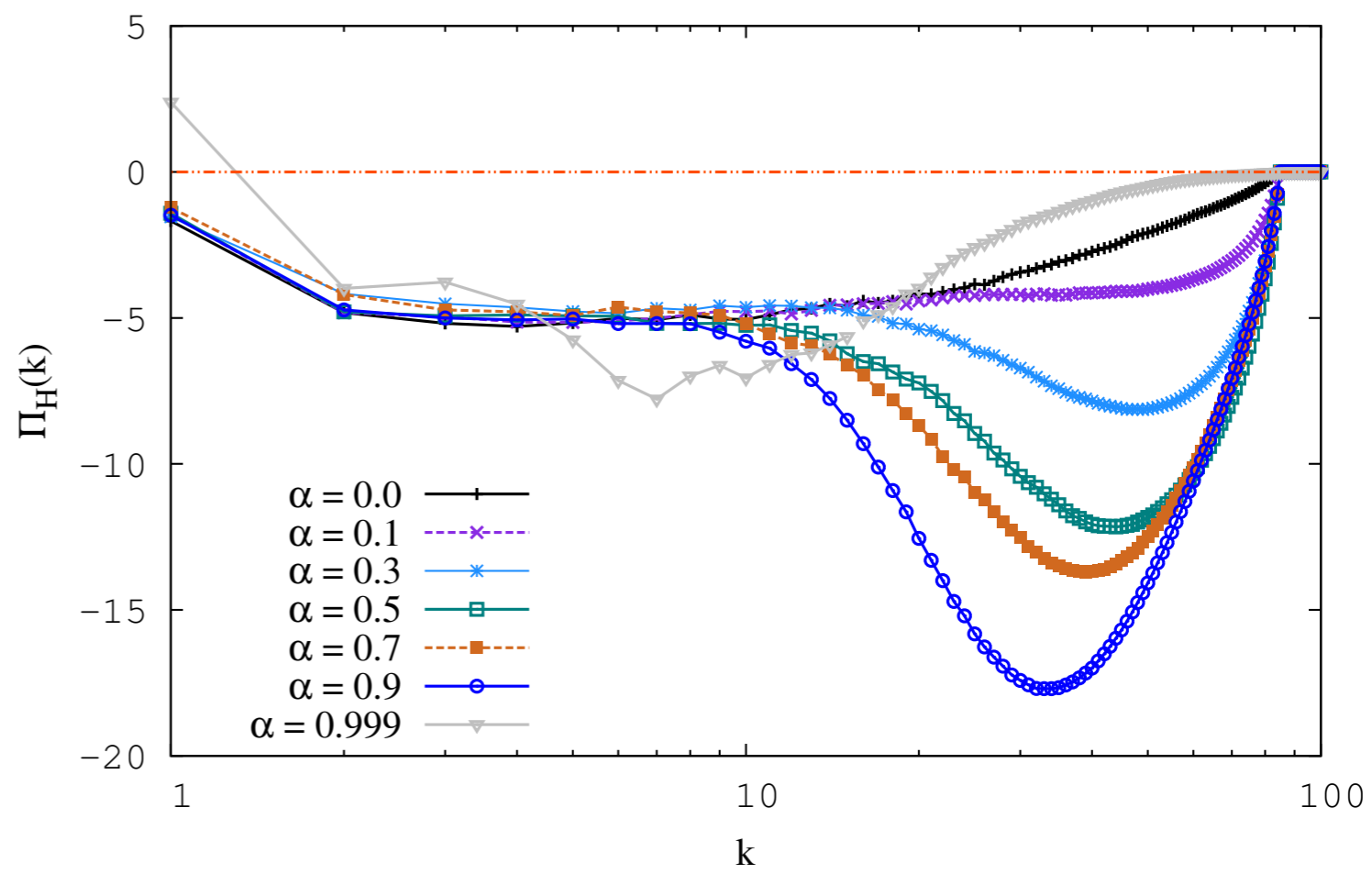
- Energy and helicity are conserved for each individual triad.
- Triads with only  $u^+$ , i.e. Class-I, lead to reversal of energy cascade.
- Energy spectra in the inverse cascade regime shows a  $k^{-5/3}$  slope.

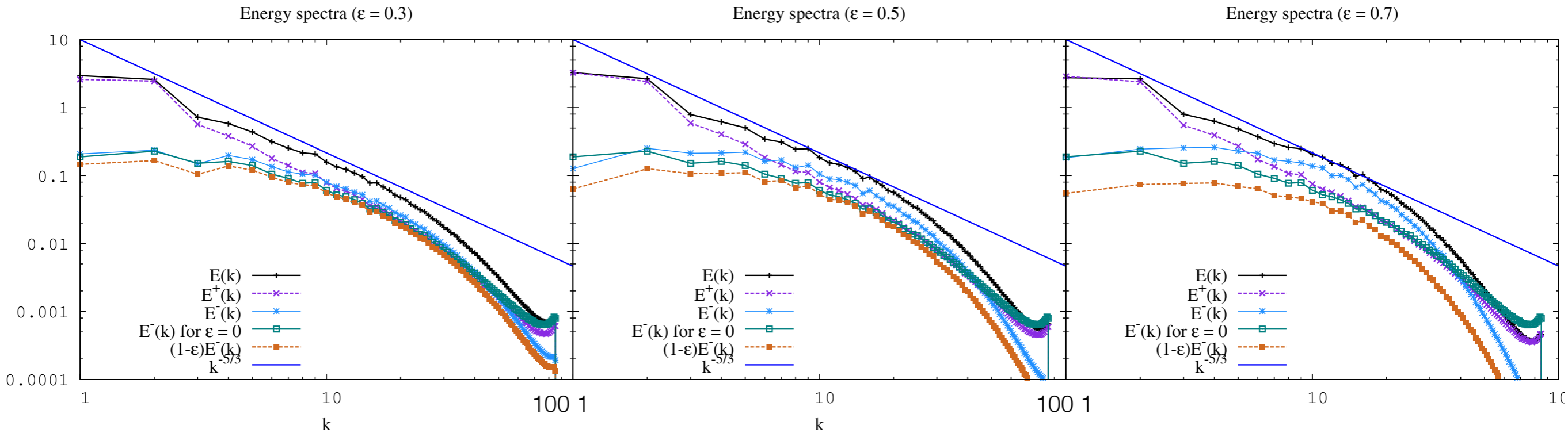
$$N_{u^\pm}(\mathbf{q}) = \mathcal{FT} [\mathbf{u}^\pm(\mathbf{k}) \cdot \nabla \mathbf{u}^\pm(\mathbf{p})] ; \mathbf{q} = \mathbf{k} + \mathbf{p}; k \leq p \leq q$$



Spectrum of helicity  $|H(k)|$ 

Helicity flux





- The  $E^-(k)$  becomes higher than  $E^+(k)$  in the inertial range with increasing  $\alpha$ .
- Negative modes transfer energy more efficiently.
- Invariance of parity is restored through scaling of  $E^-(k)$  by the factor  $(1-\alpha)$