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On the role of the helicity in the energy transfer in three-dimensional turbulence

Ganapati Sahoo

with Fabio Bonaccorso and Luca Biferale

University of Rome Tor Vergata, Italy

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Introduction

- Energy and enstrophy are conserved in 2D Navier-Stokes equations.

$$\text{Energy } E = \int d^2r \vec{u} \cdot \vec{u} \text{ and Enstrophy } \Omega = \int d^2r \vec{\omega} \cdot \vec{\omega}$$

- Forward cascade of energy is blocked, since enstrophy is positive and definite. (Ray PRL 2011, Boffetta, Ann. Rev. Fluid Mech 2012)
- Energy and Helicity are invariants of 3D Navier-Stokes equations.

$$\text{Energy } E = \int d^3r \vec{u} \cdot \vec{u} \text{ and Helicity } H = \int d^3r \vec{u} \cdot \vec{\omega}$$

- Both cascade forward, from large scales to small scales. (Chen, Phys. Fluids 2003)
- Helicity could be positive or negative.
- Each Fourier mode of velocity could be decomposed into positive and negative helical modes.

What happens when we change the relative weight of the positive and the negative helicity modes?

- ▶ Following Waleffe, Phys. Fluids (1992)

$$\begin{aligned}\mathbf{u}(\mathbf{k}, t) &= \mathbf{u}^+(\mathbf{k}, t) + \mathbf{u}^-(\mathbf{k}, t), \\ \mathbf{u}^\pm(\mathbf{k}, t) &= u^\pm(\mathbf{k}, t)\mathbf{h}^\pm(\mathbf{k})\end{aligned}$$

where $\mathbf{h}^\pm(\mathbf{k})$ are the eigenvectors of the curl operator $i\mathbf{k} \times \mathbf{h}^\pm(\mathbf{k}) = \pm k\mathbf{h}^\pm(\mathbf{k})$, $u^\pm(\mathbf{k}, t)$ are the time-dependent scalar co-efficients.

- ▶ Projection operator:

$$\mathcal{P}^\pm(\mathbf{k}) \equiv \frac{\mathbf{h}^\pm(\mathbf{k}) \otimes \mathbf{h}^\pm(\mathbf{k})^*}{\mathbf{h}^\pm(\mathbf{k})^* \cdot \mathbf{h}^\pm(\mathbf{k})}$$

$$\mathbf{u}^\pm(\mathbf{k}, t) = \mathcal{P}^\pm(\mathbf{k})\mathbf{u}(\mathbf{k}, t)$$

- ▶ Decimated Navier-Stokes equations in Fourier space:

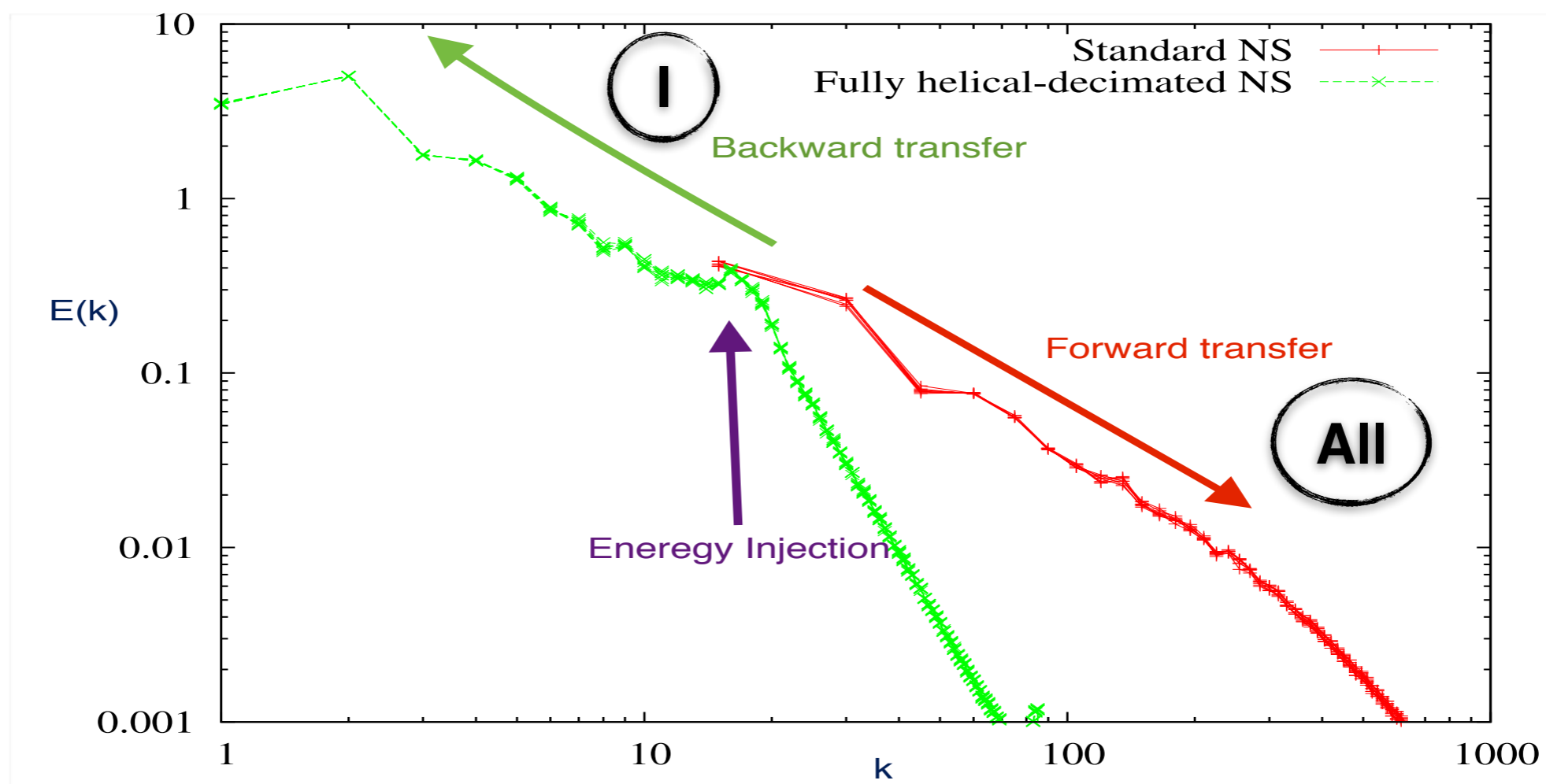
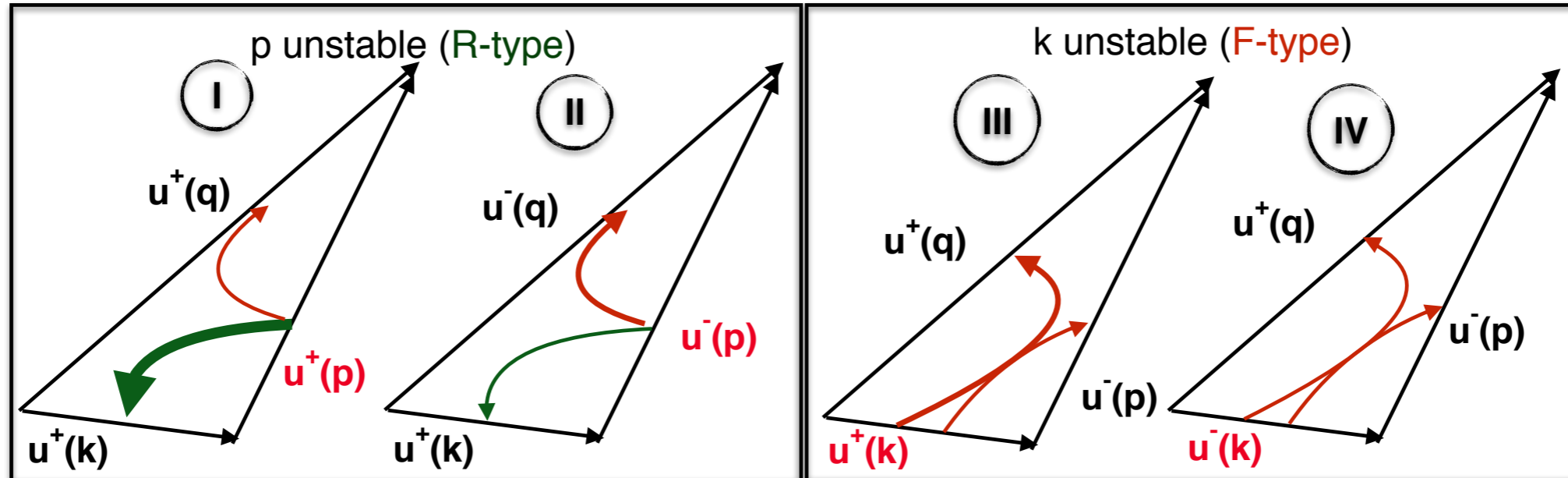
$$\partial_t \mathbf{u}^\pm(\mathbf{k}, t) = \mathcal{P}^\pm(\mathbf{k})\mathbf{N}_{u^\pm}(\mathbf{k}, t) + \nu k^2 \mathbf{u}^\pm(\mathbf{k}, t) + \mathbf{f}^\pm(\mathbf{k}, t)$$

where ν is kinematic viscosity and \mathbf{f} is external forcing.

- ▶ The non-linear term $\mathbf{N}_{u^\pm}(\mathbf{k}, t) = \mathcal{FT}(\mathbf{u}^\pm \cdot \nabla \mathbf{u}^\pm - \nabla p)$, contains 8 possible triadic interactions $\mathbf{q} = \mathbf{k} + \mathbf{p}$ which fall into four classes.

Classes of triadic interactions in NS equations

$$\mathbf{N}_{\mathbf{u}^\pm}(\mathbf{q}) = \mathcal{FT} [\mathbf{u}^\pm(\mathbf{k}) \cdot \nabla \mathbf{u}^\pm(\mathbf{p})] ; \mathbf{q} = \mathbf{k} + \mathbf{p}; k \leq p \leq q$$



What happens in between??

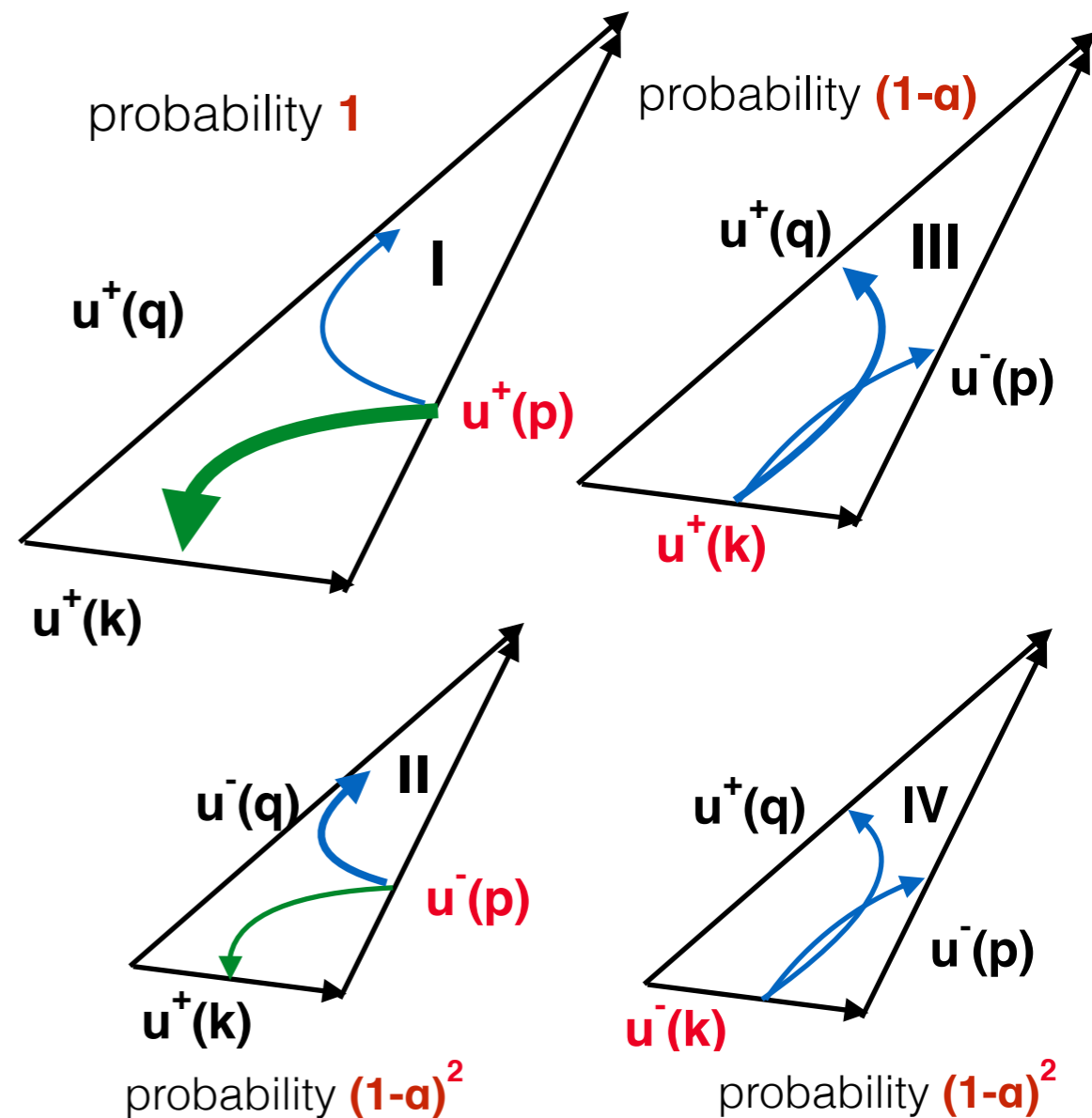
when we give different weights to different class of triads...

- Modified projection operator:

$$\mathcal{P}_\alpha^+(\mathbf{k})\mathbf{u}(\mathbf{k}, t) = \mathbf{u}^+(\mathbf{k}, t) + \theta_\alpha(\mathbf{k})\mathbf{u}^-(\mathbf{k}, t)$$

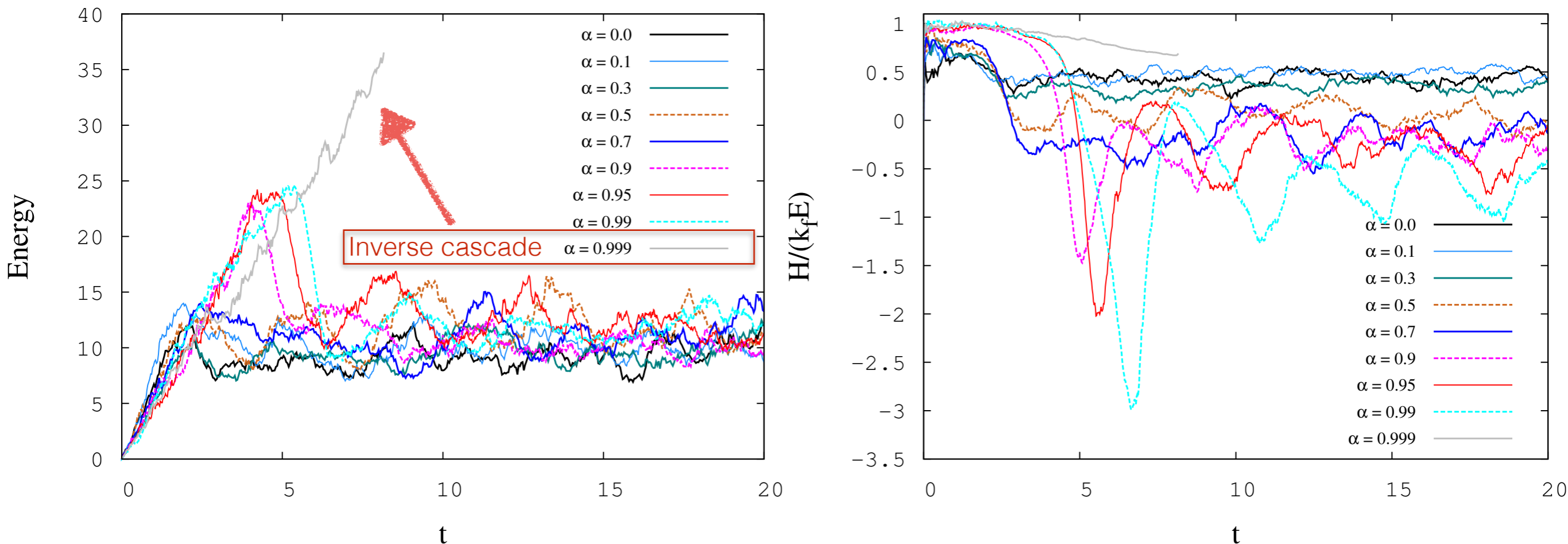
where $\theta_\alpha(\mathbf{k})$ is 0 with probability α and is 1 with probability $1 - \alpha$.

- We consider triads of Class-I with probability 1, Class-III with probability $1 - \alpha$ and Class-II and Class-IV with probability $(1 - \alpha)^2$.
- $\alpha = 0 \rightarrow$ Standard Navier-Stokes.
 $\alpha = 1 \rightarrow$ Fully helical-decimated NS.
- Critical value of α at which forward cascade of energy stops?
alternatively, inverse cascade of energy stops if forced at small scales.



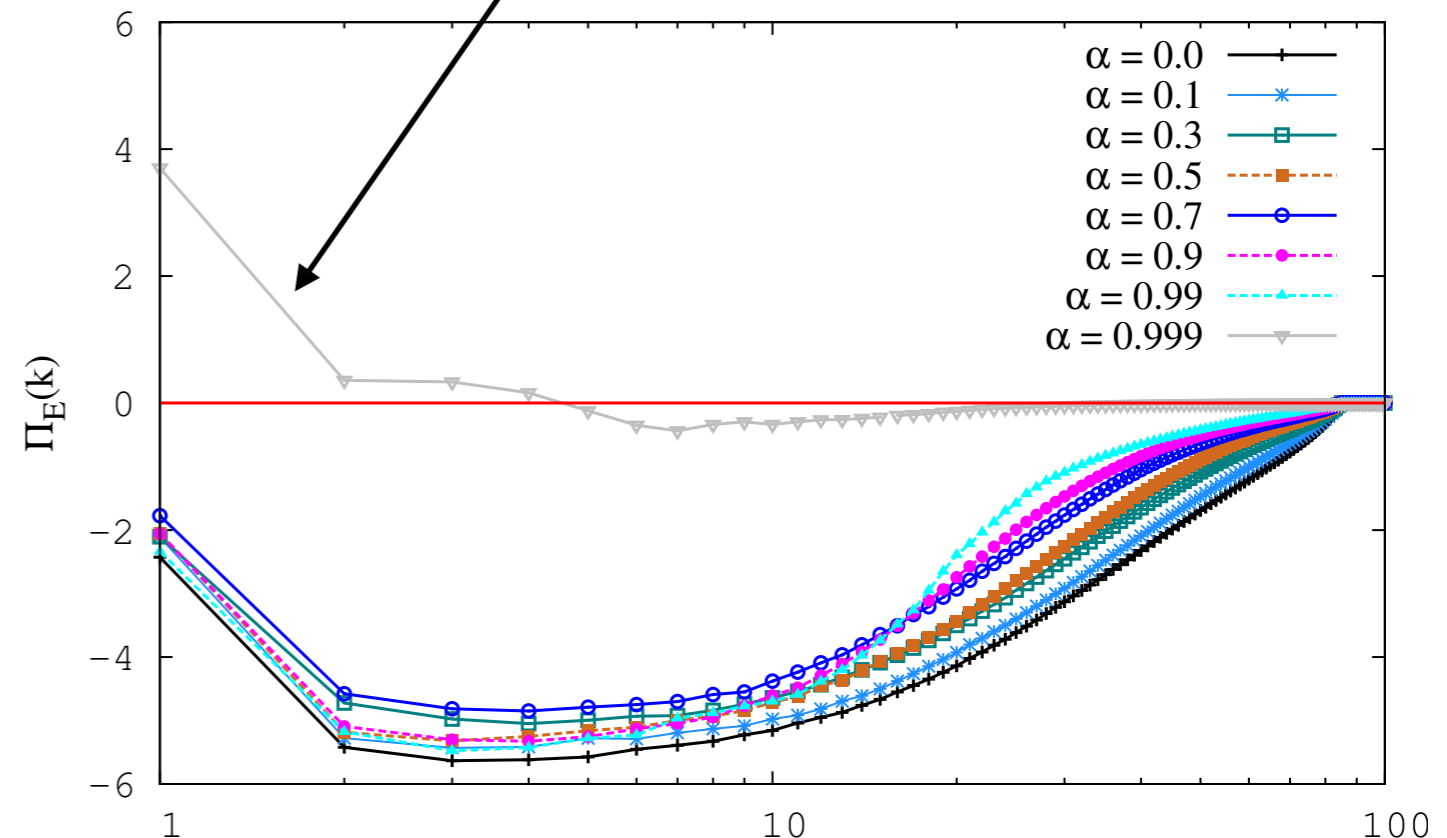
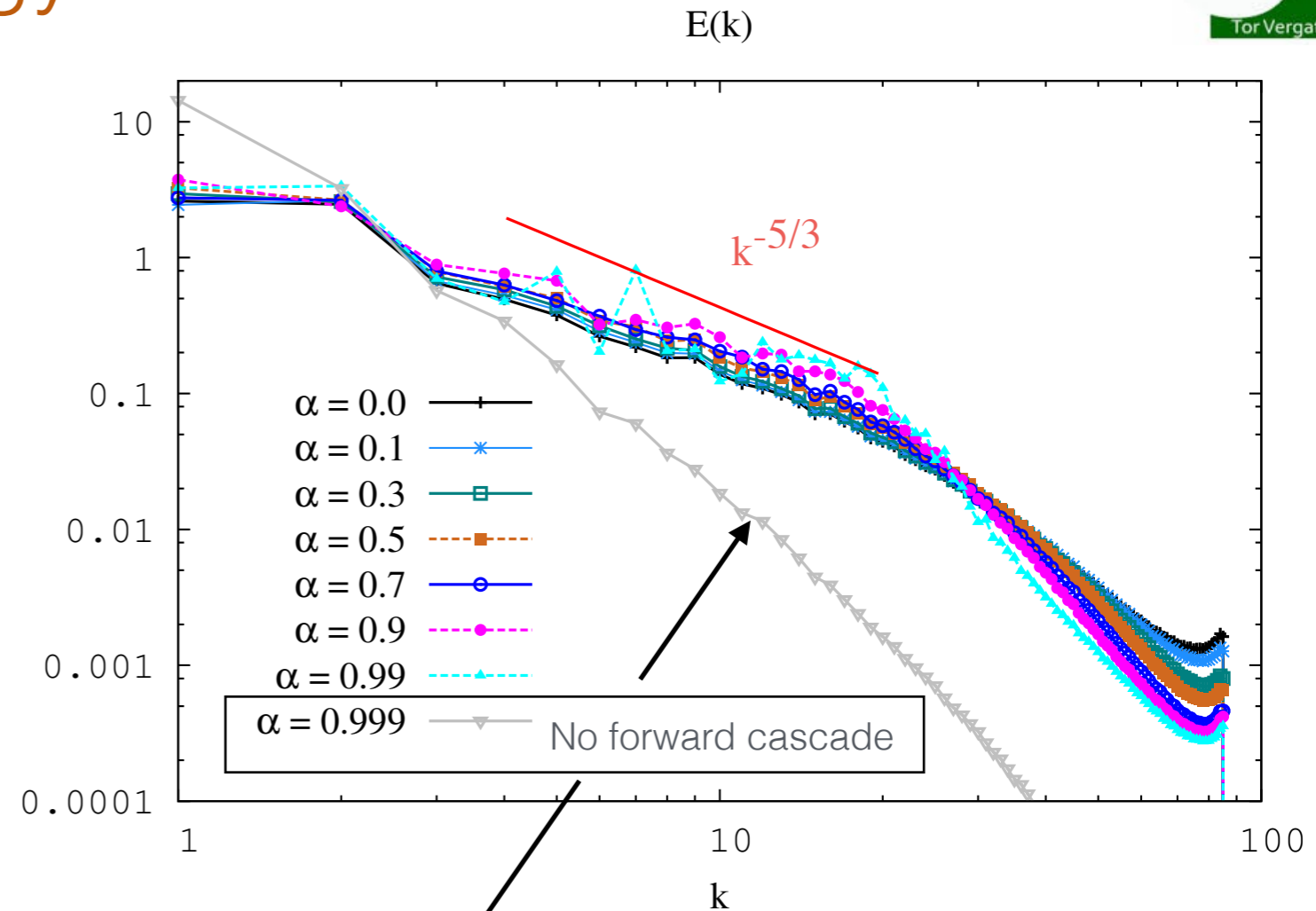
$$\mathbf{N}_{\mathbf{u}^\pm}(\mathbf{q}) = \mathcal{FT} [\mathbf{u}^\pm(\mathbf{k}) \cdot \nabla \mathbf{u}^\pm(\mathbf{p})]; \mathbf{q} = \mathbf{k} + \mathbf{p}; k \leq p \leq q$$

- Pseudo-spectral DNS on a triply periodic cubic domain of size $L = 2\pi$ with resolutions up to 1024^3 collocation points.



- The peaks suggest the building up of the energy at forced large scales before being able to transfer to the small scales.
- The cascade of energy starts only when helicity becomes active, i.e., modes with negative helicity becomes energetic.
- With increase in α the peak grows, a signature of inverse cascade.

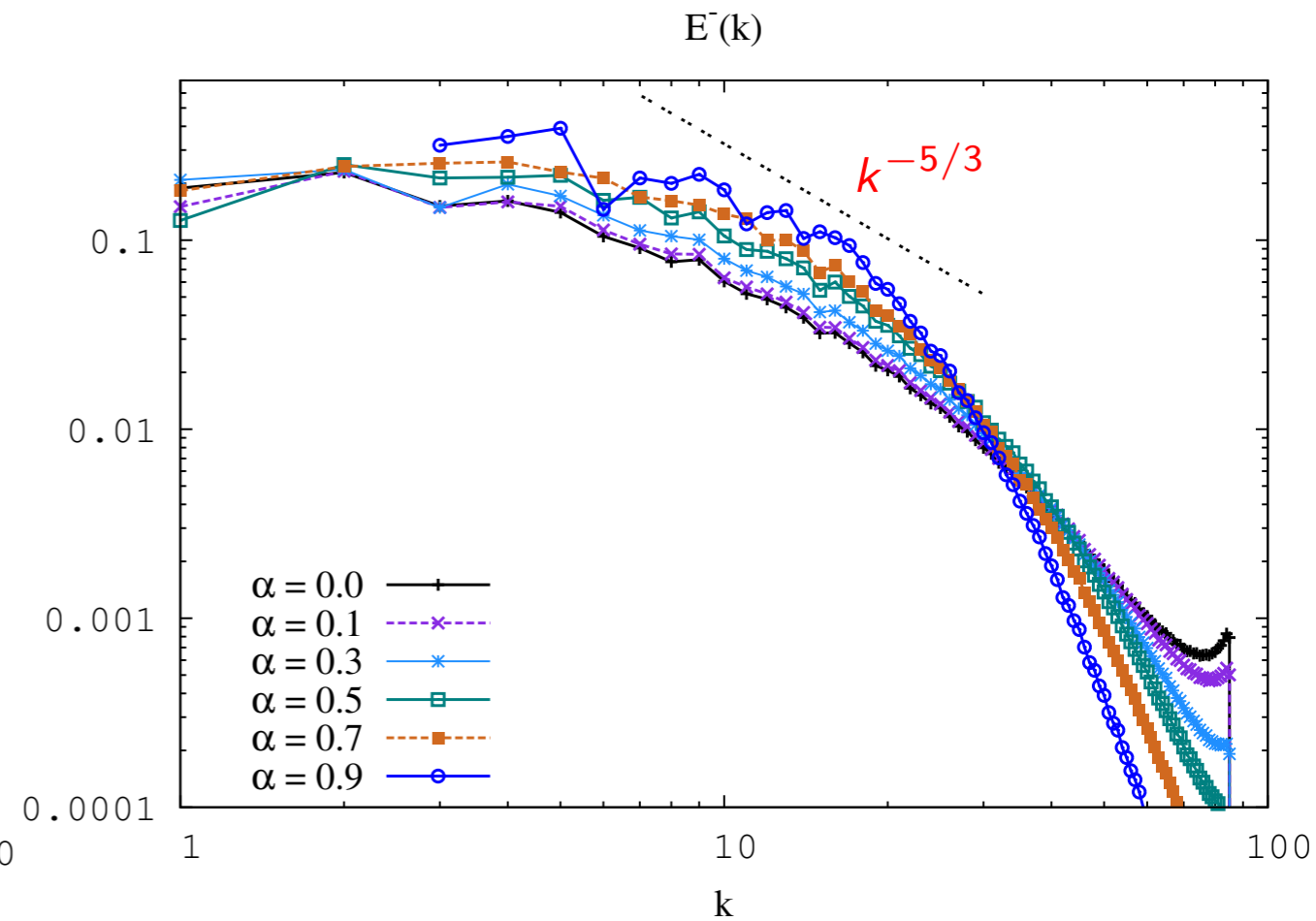
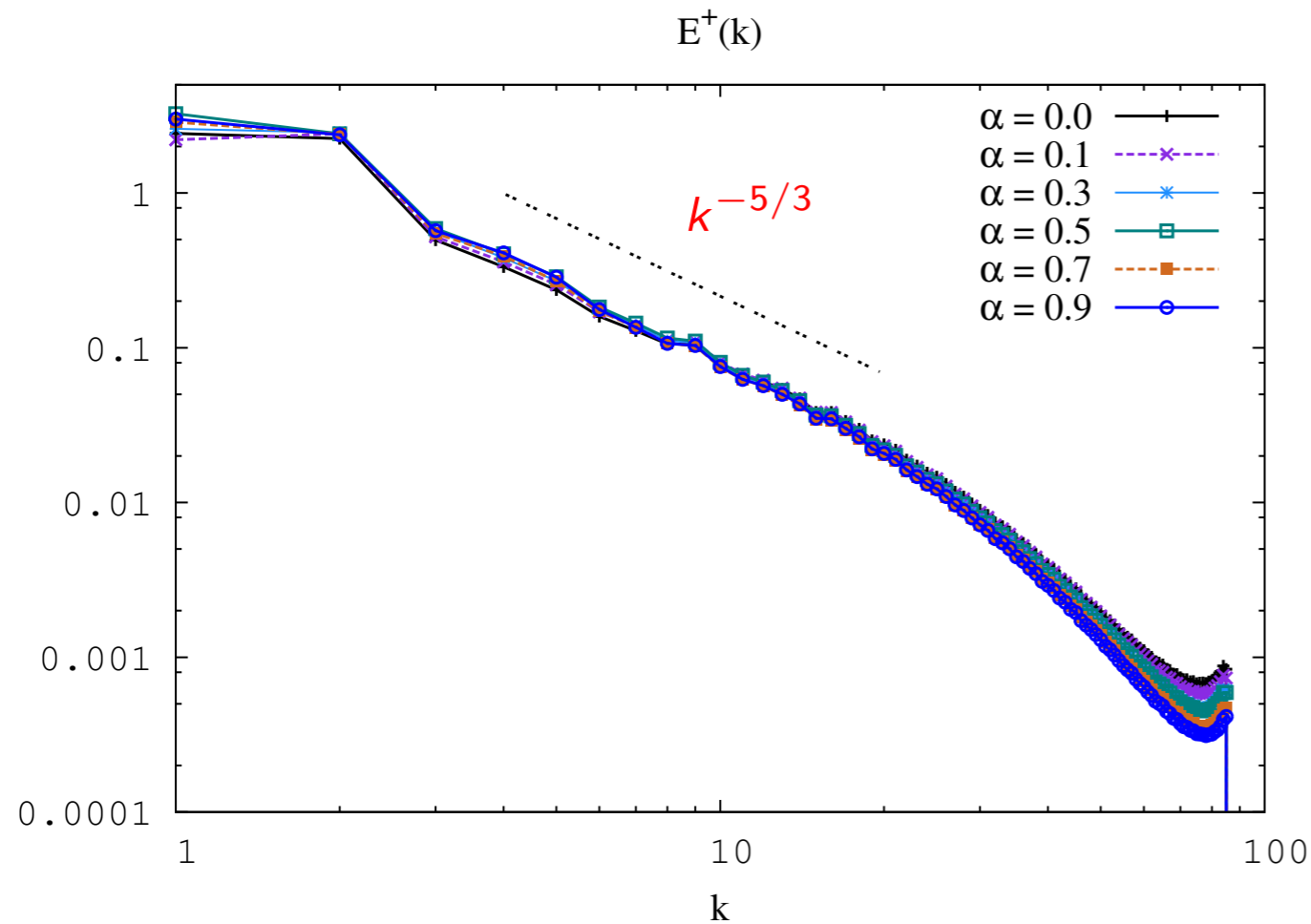
- Spectra for all values of α showing $k^{-5/3}$ suggest the forward cascade of to be strongly robust.
- Unless we kill almost all the modes of one helicity-type energy always finds a way to reach small scales.
- The energy flux also remains unaffected by the decimation until α is very close to 1.
- **Critical value of α is ~ 1 !**



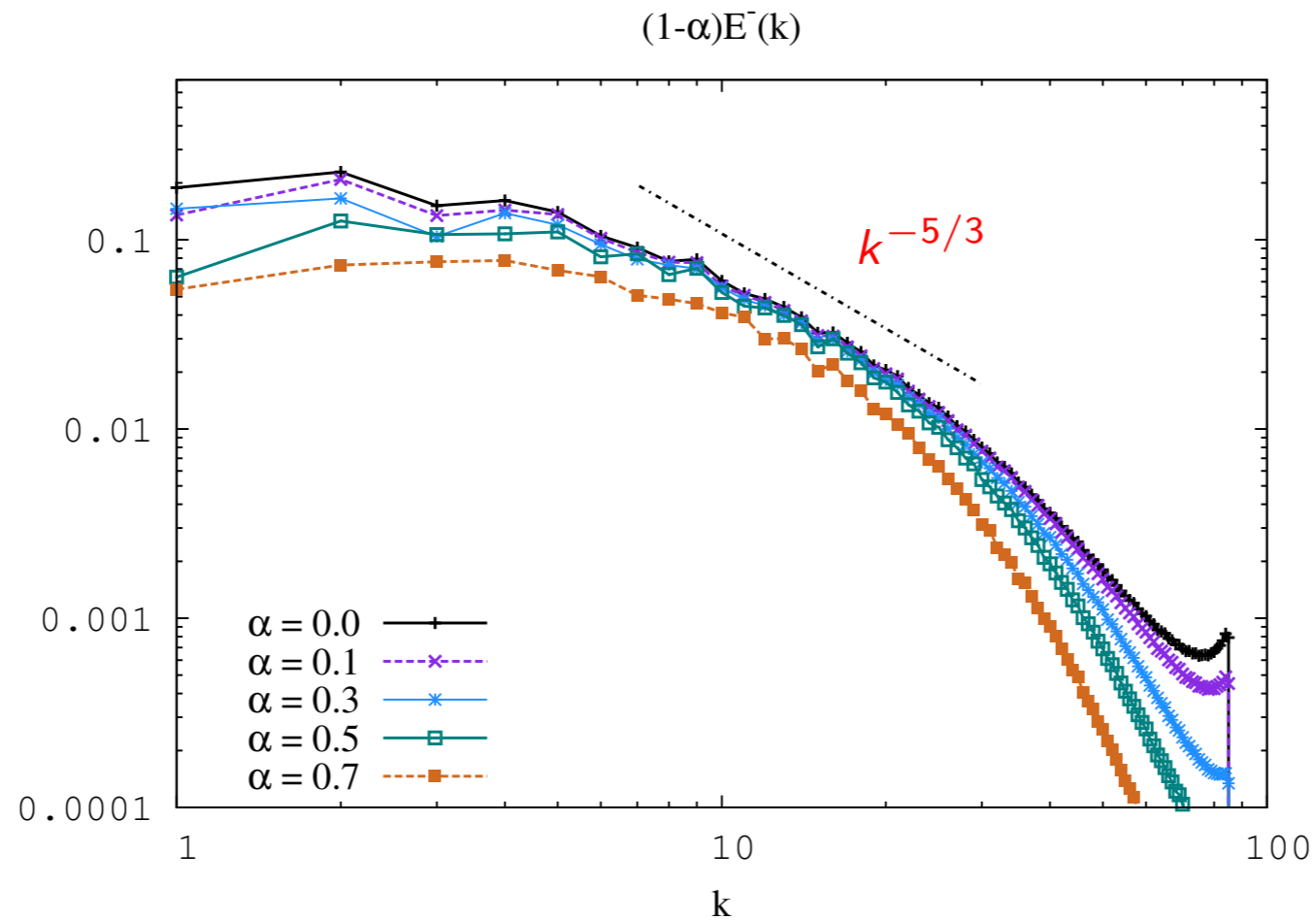
Chen, Phys. Fluids 2003

$$E^\pm(k) \sim C_1 \epsilon_E^{2/3} k^{-5/3} \left[1 \pm C_2 \left(\frac{\epsilon_H}{\epsilon_E} \right) k^{-1} \right],$$

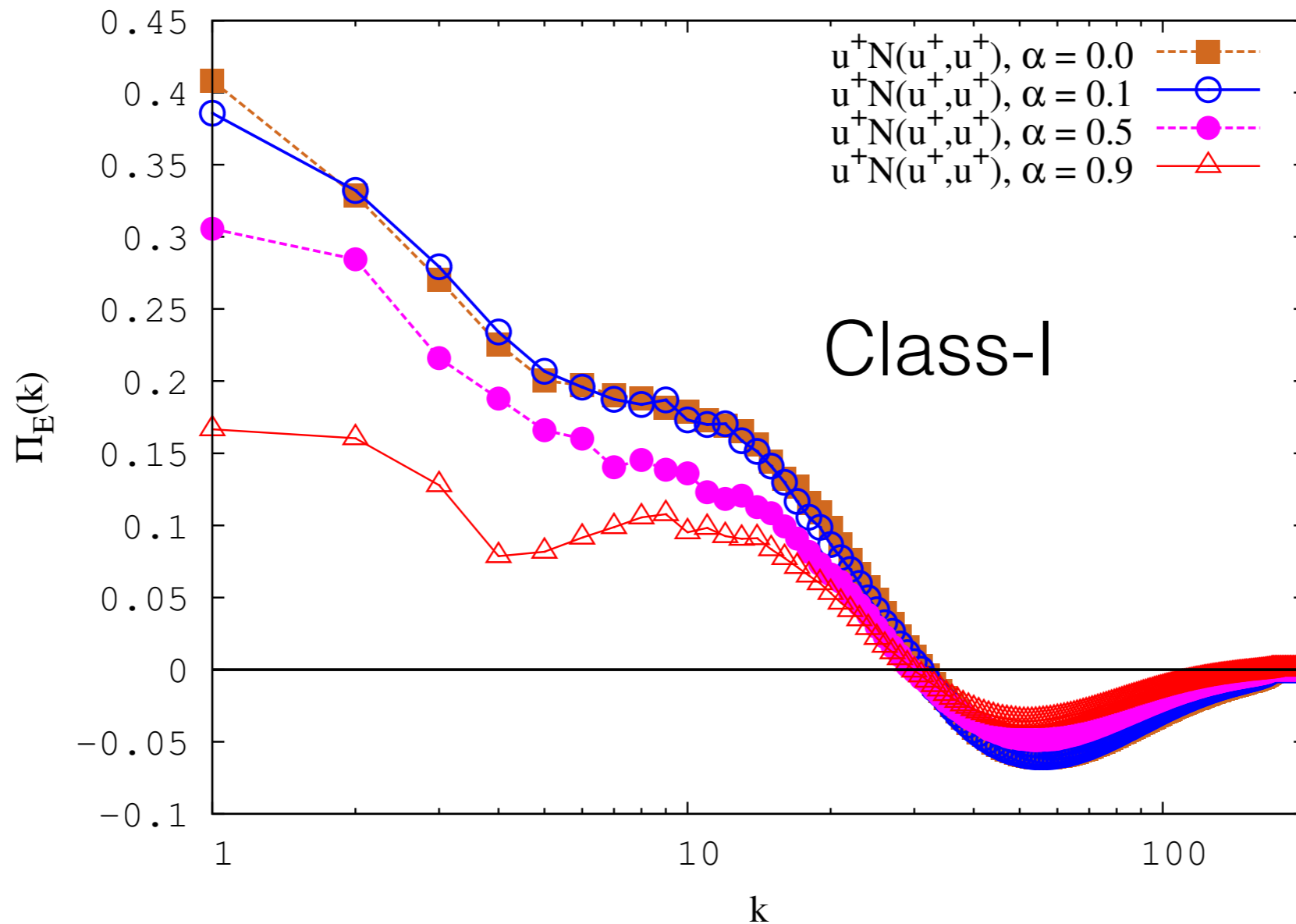
where ϵ_E is the mean energy dissipation rate and ϵ_H is the mean helicity dissipation rate.



- $E^+(k)$ does not change with decimation.
- $E^-(k)$ contains more energy in the inertial range of scales and less in the dissipative scales.
- Invariance of parity is restored through scaling of $E^-(k)$ by the factor $(1-\alpha)$.



- The forward cascade of energy is through the triads of class-III where two large wavenumber modes have opposite sign of helicity.
- To maintain the constant flux, $u^-(k)$ must be rescaled by $(1-\alpha)$. since $u^-(k)$ exists with probability $(1-\alpha)$
- Invariance of parity is restored through scaling of $E^-(k)$ by the factor $(1-\alpha)$.



- Using helical decomposition it is also possible to analyze in the importance of different triadic interactions.
- The contribution to the flux coming from the triads of class-I is always 'backward', even in FULL Navier-Stokes equations.

- As we increase decimation of the modes with negative helicity (α), the contribution of triads leading to inverse energy cascade grows.
- The forward cascade of energy is very robust in 3D turbulence. It requires only a few negative modes to act as catalyst to transfer energy forward.
- Only when α is very close to 1, i.e., we decimate almost all modes of one helical sign, inverse energy cascade takes over the forward cascade.
- We observe a strong tendency to recover parity invariance even in the presence of an explicit parity-invariance symmetry breaking ($\alpha > 0$).

- What about abrupt symmetry breaking at some k_c ?
 - can we stop the cascade by killing all negative modes from $k > k_c$?
 - or can we start it at our wish (killing all modes up to k_c)?
- What about intermittency in the forward cascade regime at changing α ?

For more look at

- *On the role of helicity for large-and small-scales turbulent fluctuations*, G Sahoo, F Bonaccorso, L Biferale - arXiv preprint [arXiv:1506.04906](https://arxiv.org/abs/1506.04906) (2015).
- *Inverse energy cascade in three-dimensional isotropic turbulence*, L Biferale, S Musacchio, F Toschi, [Phys. Rev. Lett. 108, 164501](https://doi.org/10.1103/PhysRevLett.108.164501) (2012).