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# Role of helicity in transfer of energy and small-scale structures in three dimensional turbulence

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- Introduction
- 2D and 3D turbulence
- Decimated Navier-Stoke's equation
- Recent results



Fumes



Clouds

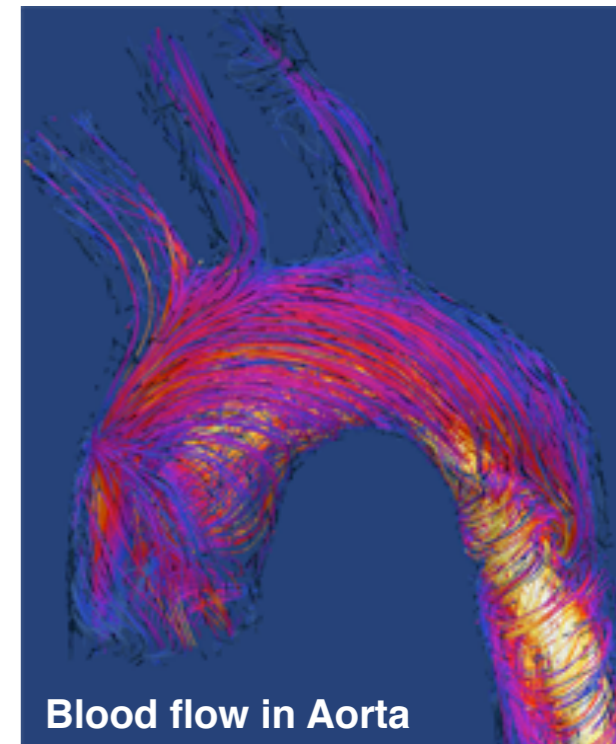


Tornado



Ocean

- All environmental flows are turbulent,
- Atmospheric boundary layer, Ocean Currents, interstellar clouds, flow of gas and oil in pipe lines, combustion in engines,



Blood flow in Aorta



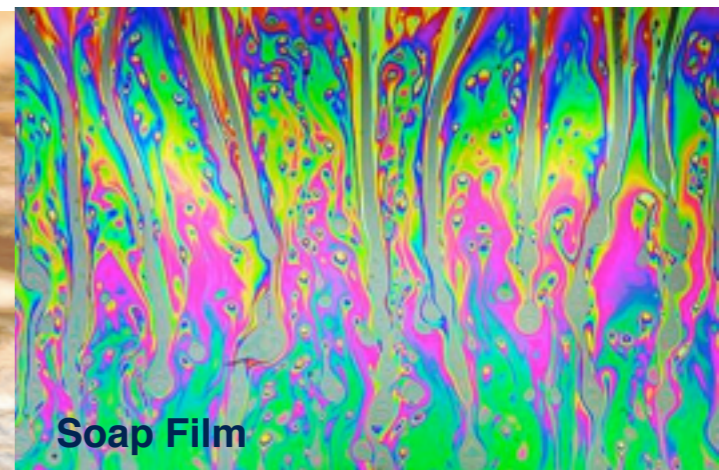
Windmills



Sun



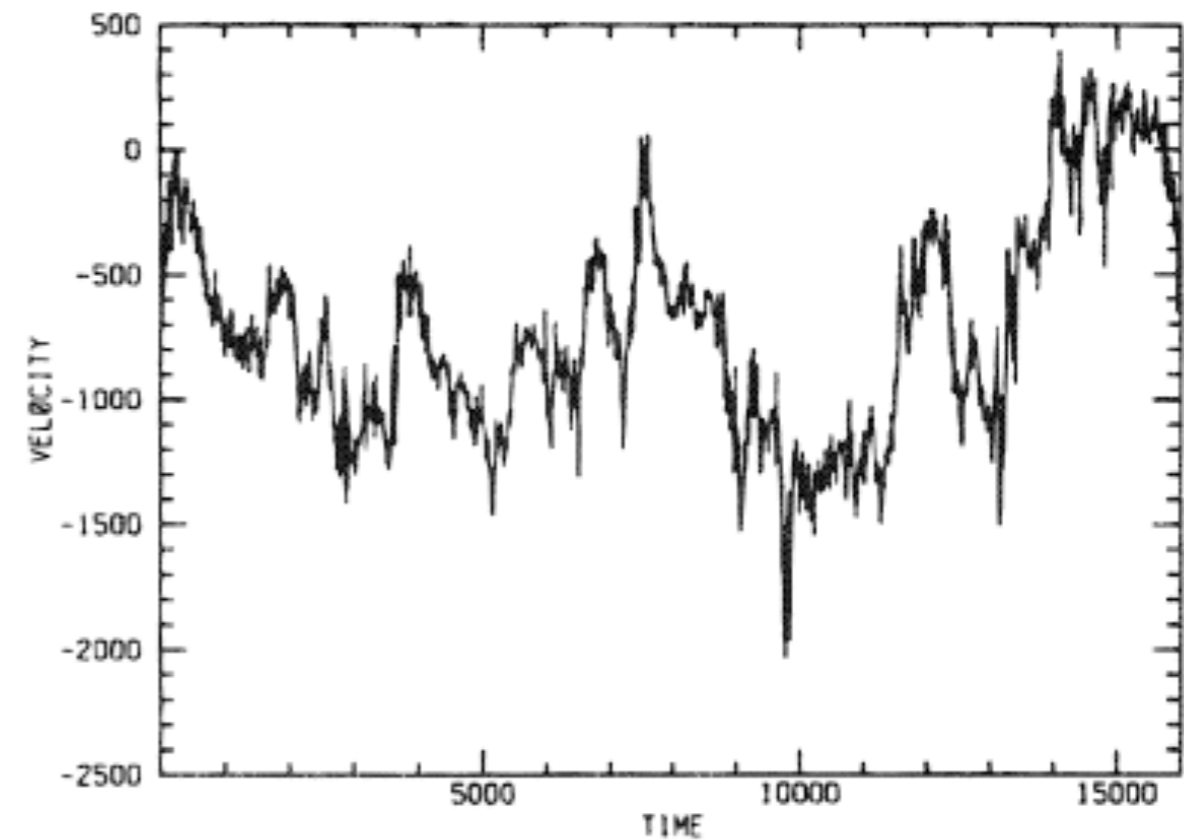
Jupiter



Soap Film

# What is it?

- A turbulent flow can be interpreted as a population of many eddies (vortices), of different sizes and strengths, embedded in one another and forever changing, giving a random appearance to the flow.
- Highly irregular and intermittent.
- Multiple length and time scales.
- Diffusive: enhancement of momentum, heat, and mass transfer,
- Essentially dissipative: drag on moving body, e.g. airplanes, friction in pipe flows.
- Rotational: large vorticity fluctuations.



$$Re = \frac{UL}{\nu}$$

- U : mean velocity
- $\nu$  : kinematic viscosity
- L : characteristic length scale/  
diameter of the pipe.

Transition to turbulence from  
laminar flow at high  
 $Re \sim 2000$ .

- Different fluid flows with same  
Re are similar in nature.
- Also Re describes different  
regimes in the same flow.

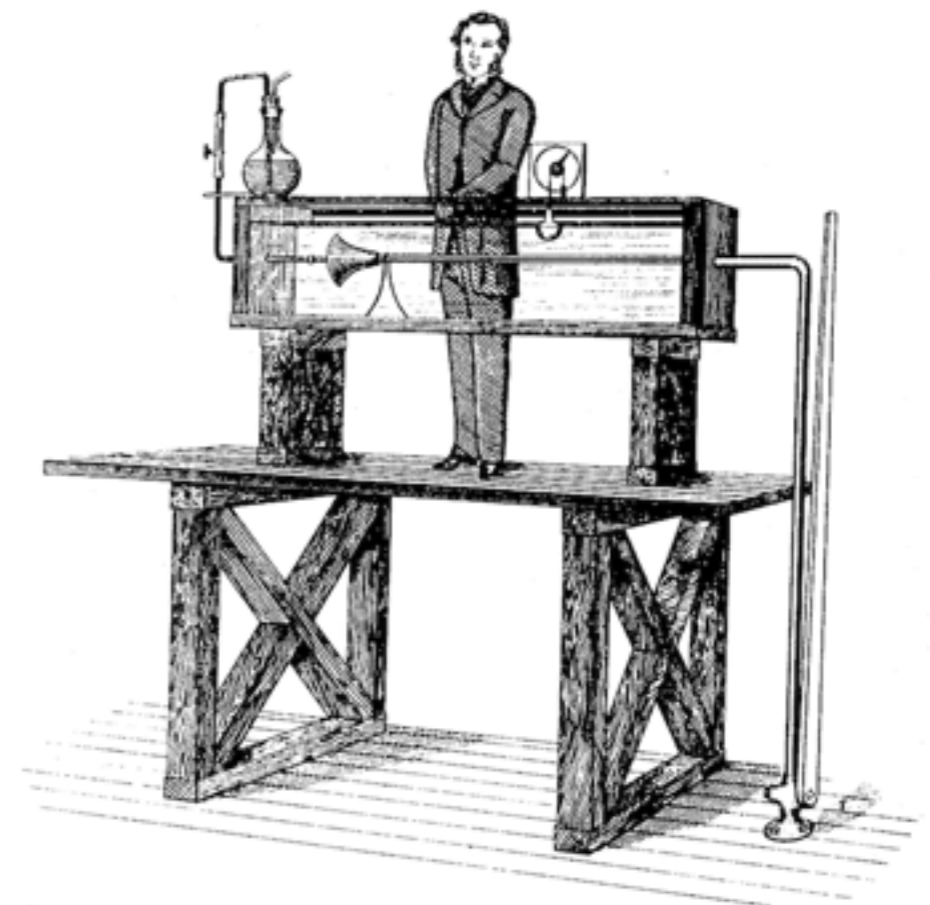
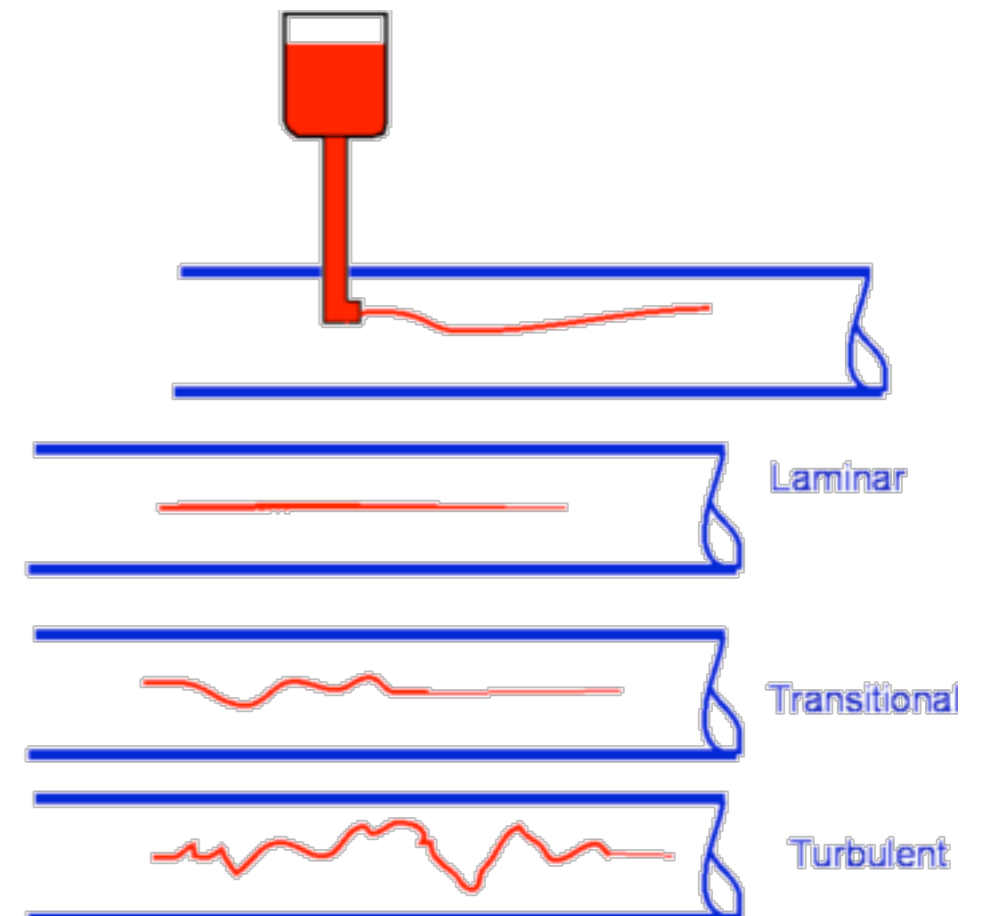
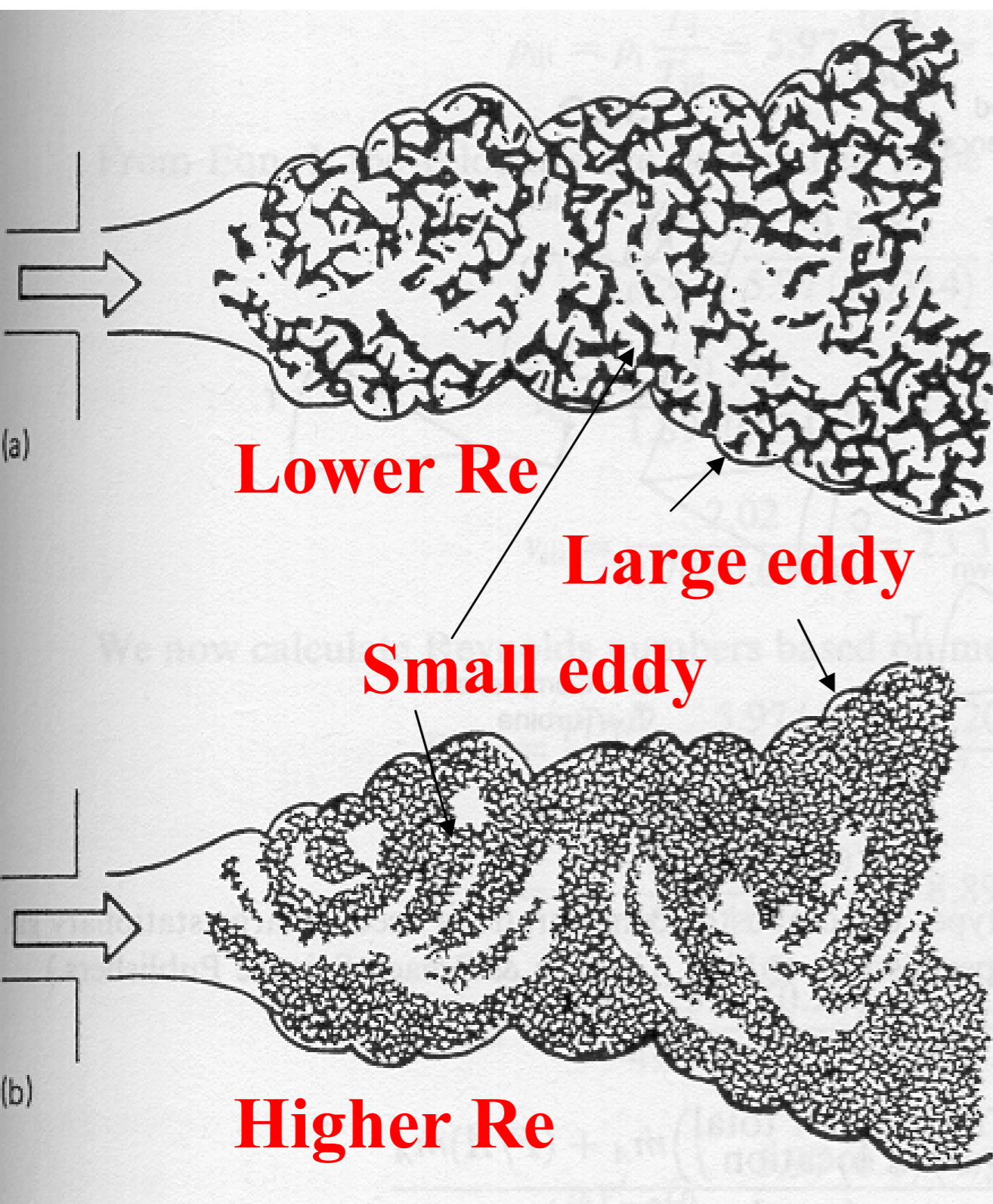


Fig. 9.1. Sketch of Reynolds's dye experiment, taken from his 1883 paper

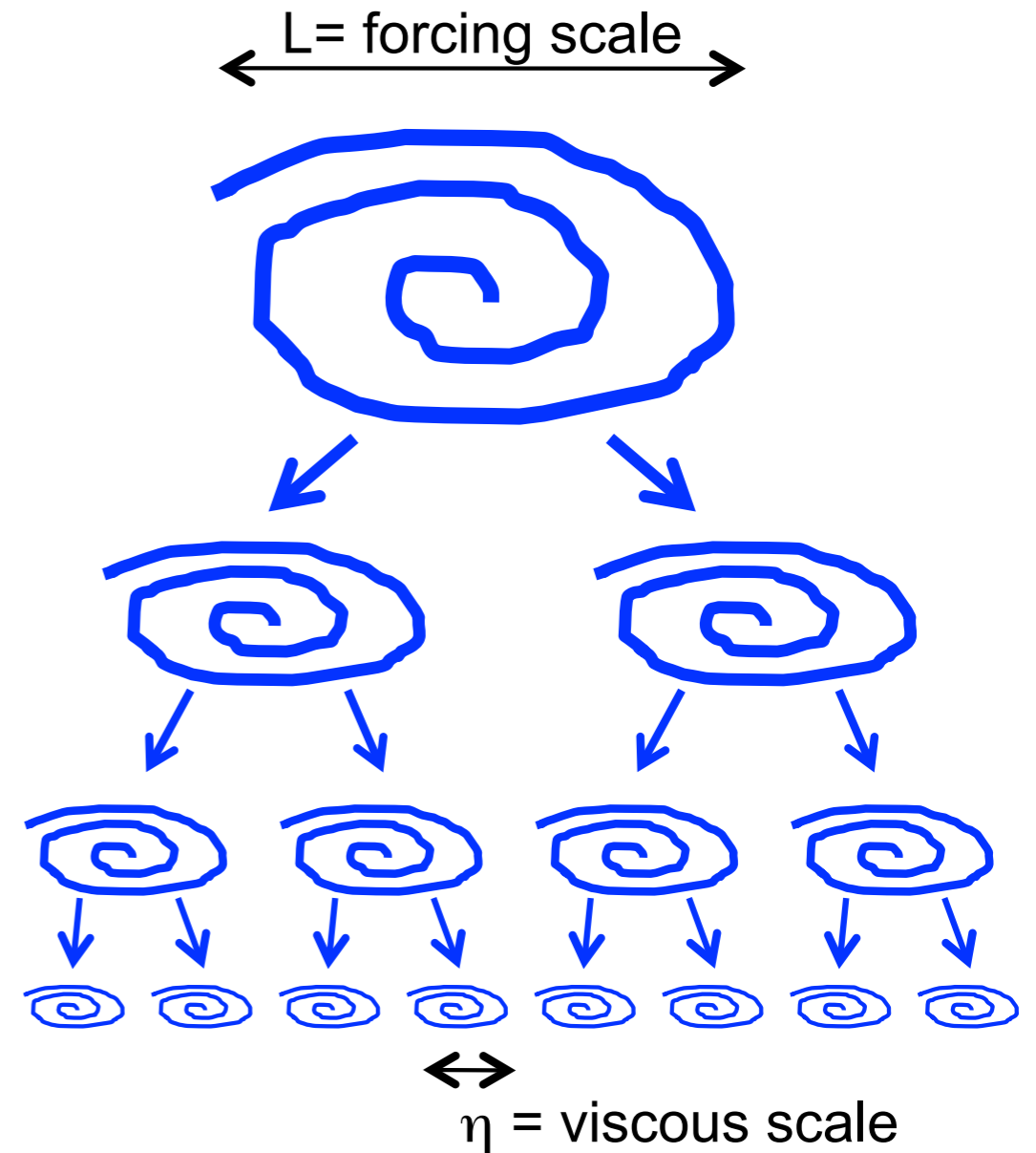
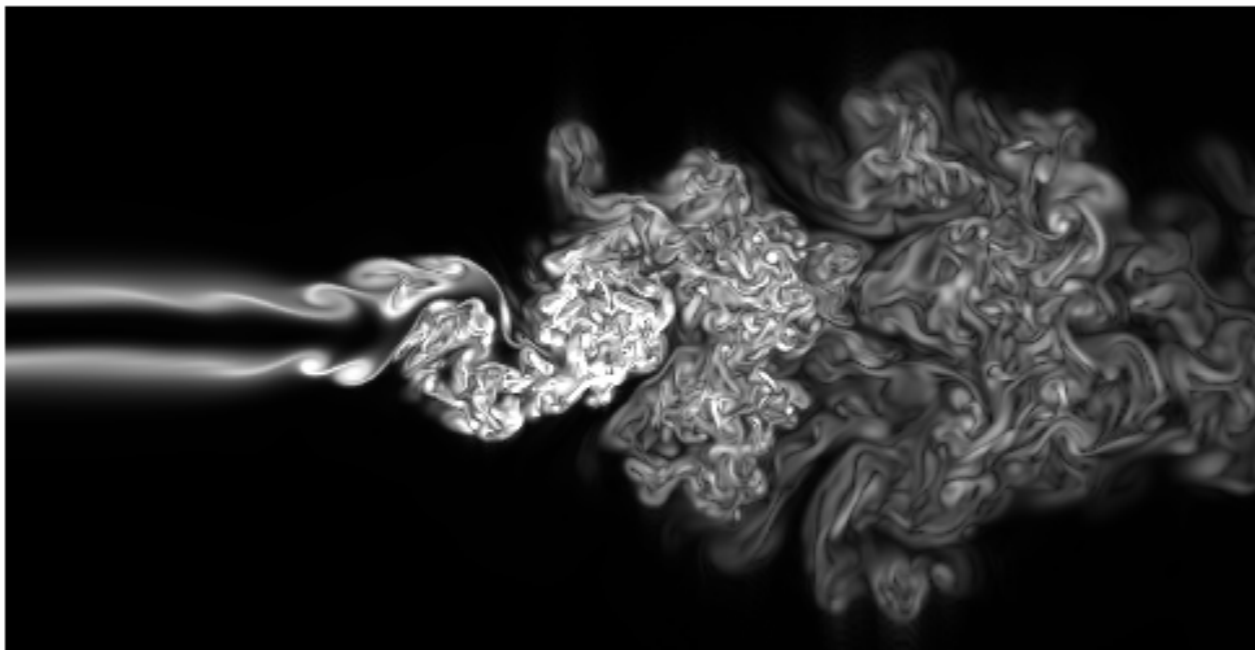




- Large scale structures are mainly independent of Reynolds number.
- Large Reynolds number produces smaller scale structures.
- Reynolds number is a measure of scale separations in the flow.

$$Re = \left( \frac{L}{\eta} \right)^{4/3}$$

- Richardson's definition of turbulence eddies
  - Turbulence consists of different eddies
  - An eddy is a localized flow structure
  - Large eddies consists small eddies



- Energy is fed into the large eddies.
- Large eddies break to smaller and smaller eddies and energy gets dissipated at viscous scales.

- Navier-Stokes equation for incompressible flows,

$$\frac{\partial \mathbf{u}}{\partial t} + (\mathbf{u} \cdot \nabla) \mathbf{u} = -\frac{\nabla p}{\rho} + \nu \nabla^2 \mathbf{u} + \mathbf{f},$$
$$\nabla \cdot \mathbf{u} = 0.$$

- The nonlinear term is responsible for a cascade of energy in a turbulent flow.
- Since the equations are nonlinear, generic solutions are not superposition of basic solutions.
- Navier-Stokes equations display a strong sensitivity to initial conditions. Hence, exact solutions are less interesting.
- Need for a statistical approach.
- Complex to solve analytically. We use computers!
- Large grid Direct Numerical Simulations to resolve smaller length scales.



Turbulence is irregular or chaotic in space in time.

But is there any universal aspect?

- In a statistically stationary, homogeneous and isotropic flow, all eddies of size  $l$  behave similarly.
- They have a characteristic velocity, say  $u$  [ $LT^{-1}$ ].
- They transfer as much energy received from larger eddies to smaller eddies; rate of energy transfer is the same for all scales.
- Energy supplied at largest scales is equal to the energy dissipated at small scales; the rate of energy dissipation per unit mass is  $\varepsilon$  [ $L^2T^{-3}$ ].

- For very high  $Re$ , the statistical properties of eddies of sizes in the inertial range of scales are
  - independent of the forced and dissipative scales, and are locally homogeneous and isotropic.
  - universally and uniquely determined by the length scale  $l$ , viscosity  $\nu$ , and the rate of energy dissipation  $\varepsilon$ .

- Characteristic velocity of an eddy of size  $l$  scales as  $u_l \sim (l\varepsilon)^{-1/3}$ .

- Energy spectrum in the inertial range  $E(k) \sim \varepsilon^{2/3} k^{-5/3}$ ,  
for  $L^{-1} \ll k \ll \eta^{-1}$ ;  $\eta = \left(\frac{\nu^3}{\varepsilon}\right)^{1/4}$

- Self-Similarity hypothesis: Structure functions of  $p$ -th order scales as

$$S_p(l) = \langle \delta u_l^p \rangle \sim (\varepsilon l)^{p/3},$$

$$\delta u_l = [\mathbf{u}(\mathbf{r} + \mathbf{l}) - \mathbf{u}(\mathbf{r})] \cdot \frac{\mathbf{l}}{l}.$$

- Like energy, helicity is also an invariant of the inviscid and unforced flow (discovered only in 1960's).
- Conservation of helicity is linked to the parity invariance of the flow.
- At a very high  $Re$ , there is a growth of helicity at the small scales, but total helicity remains finite, because of the symmetry.
- Energy gets distributed among scales by the nonlinear term in Navier-Stoke's equation and assuming a constant energy flux we observe the scaling behaviour  $\delta u_l = [\mathbf{u}(\mathbf{r} + \mathbf{l}) - \mathbf{u}(\mathbf{r})] \cdot \frac{\mathbf{l}}{l} \sim \varepsilon^{1/3} l^{1/3}$
- By similar dimensionality argument and assuming a constant helicity flux  $h$  [ $LT^{-3}$ ], we obtain

$$\delta u_l = [\mathbf{u}(\mathbf{r} + \mathbf{l}) - \mathbf{u}(\mathbf{r})] \cdot \frac{\mathbf{l}}{l} \sim h^{1/3} l^{2/3}$$

- But such a scaling is not observed. **Why?**

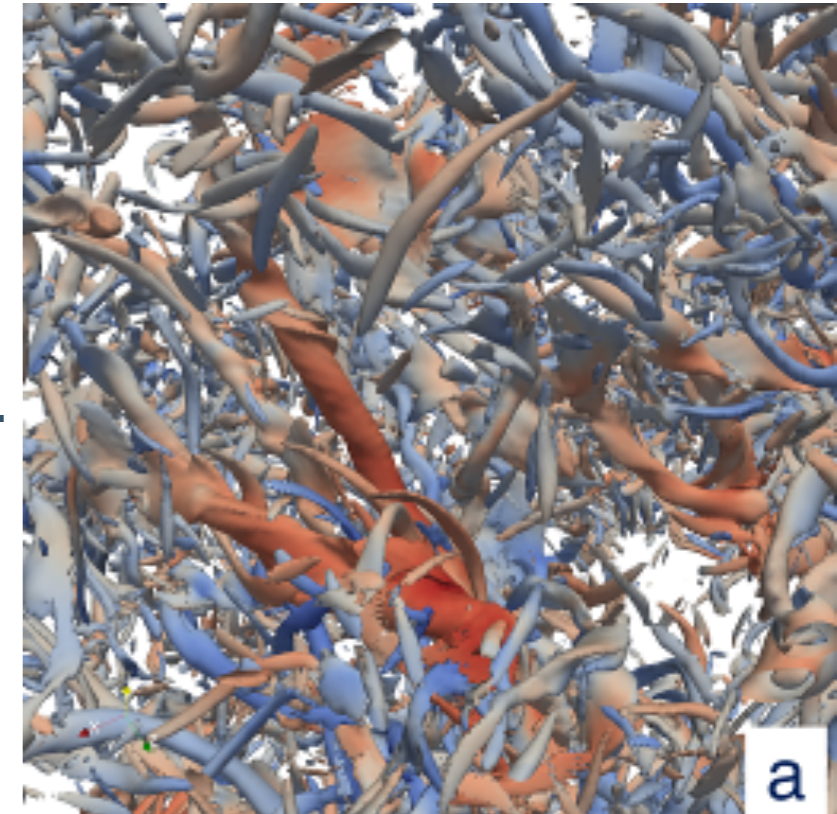
- There is no purely helicity dominated turbulence since both energy and helicity cascade to the small scales.
- For the joint cascade of energy and helicity we expect

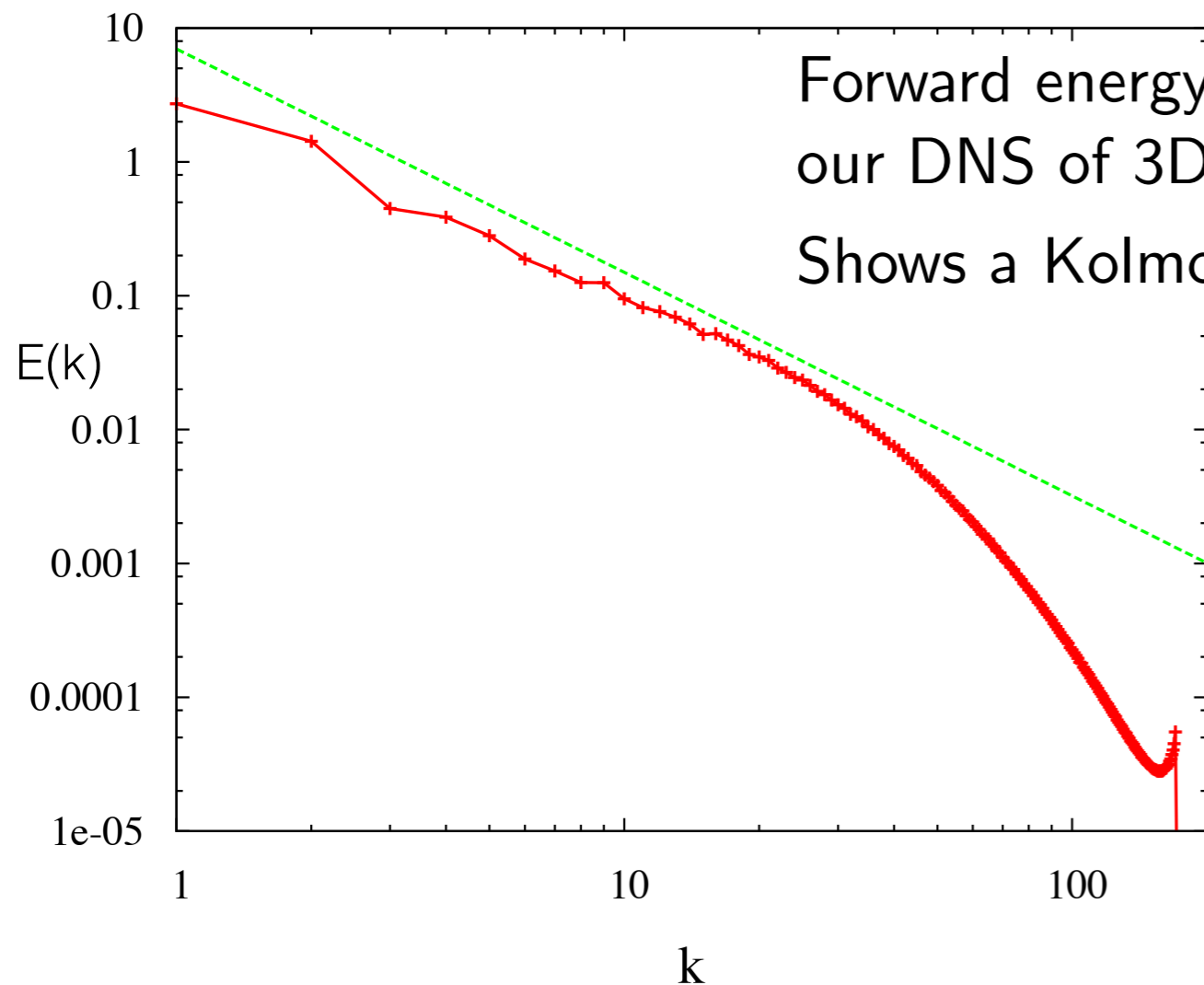
$$\delta u_l = [\mathbf{u}(\mathbf{r} + \mathbf{l}) - \mathbf{u}(\mathbf{r})] \cdot \frac{\mathbf{l}}{l} \sim \varepsilon^\beta h^\gamma l^\delta$$

- But then, we can not determine the exponents, uniquely, from dimensionality argument.
- Presence of helicity changes the geometrical structure in a subtle way, which could not be captured by simple dimensional analysis.

$$H = \int_V \mathbf{u} \cdot \boldsymbol{\omega} d^3x \quad \text{is a pseudoscalar.}$$

- Tells us if the instantaneous streamline is close to right-handed or left-handed screw.
- Helicity measures the knottedness of the vortex lines.
- It would help us in understanding the origin of vorticity tube and sheets.
- Change in the helicity may be associated to a certain event called vorticity reconnection.
- In presence of the viscosity, the vortex lines can touch and re-connect and produce helicity.



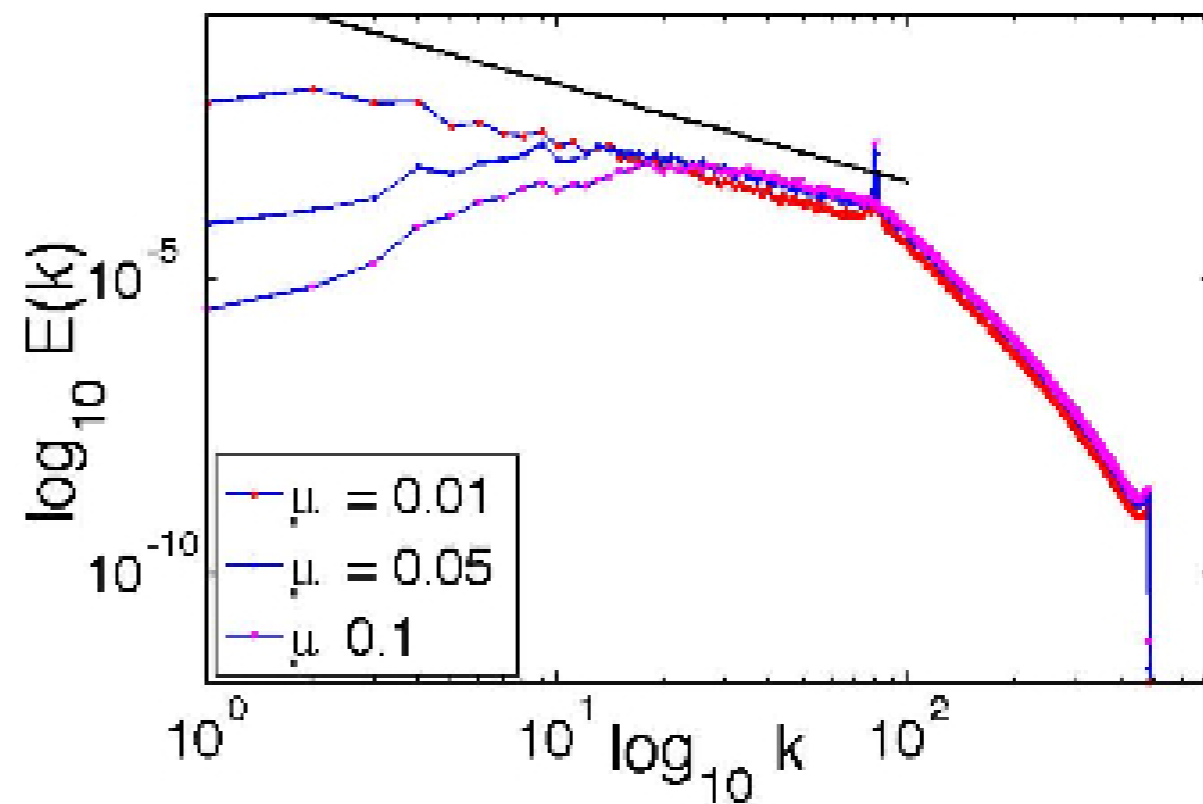
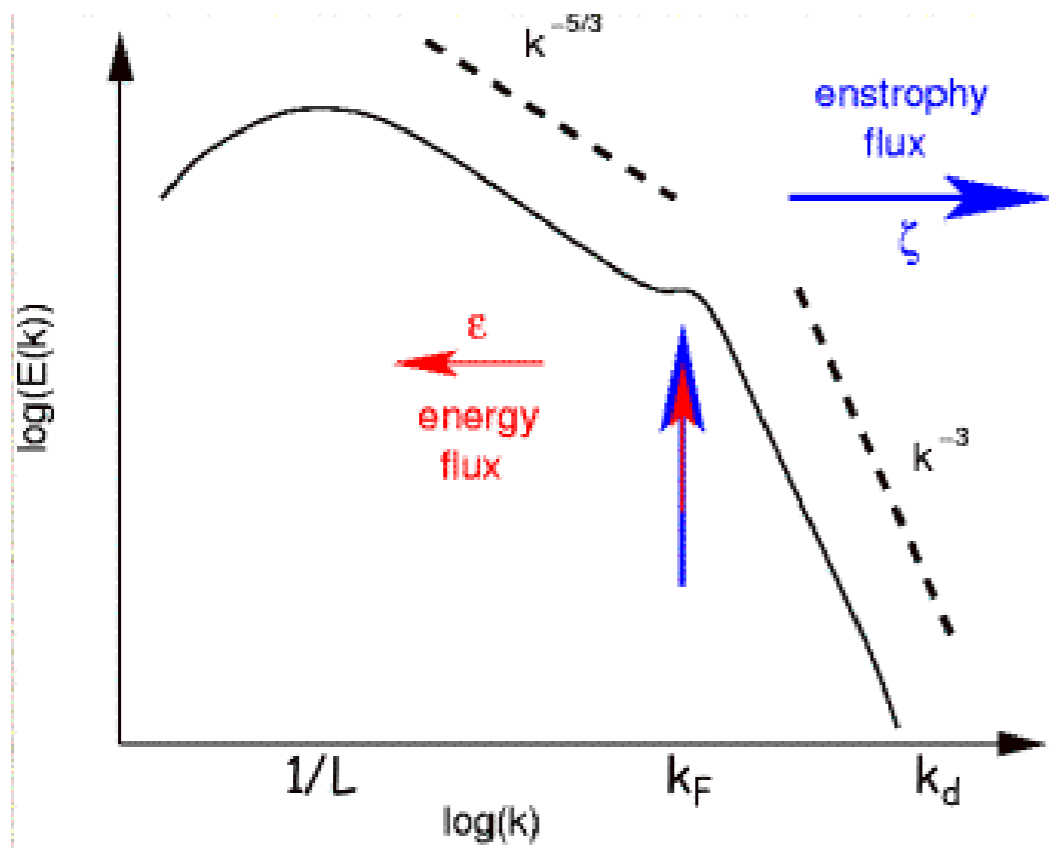


Forward energy cascade from large scales to small scales in our DNS of 3D Navier-Stokes equations.

Shows a Kolmogorov  $k^{-5/3}$  scaling in the inertial range.

- ▶ The invariants of 3D Navier-Stokes equations:  
Energy  $E = \int d^3r \vec{u} \cdot \vec{u}$  and Helicity  $H = \int d^3r \vec{u} \cdot \vec{\omega}$
- ▶ Helicity could be positive or negative.
- ▶ Both cascades forward, from large scales to small scales.  
(Chen, Phys. Fluids 2003)

- ▶ For 2D Navier-Stokes equations two conserved quantities:  
Energy  $E = \int d^2r \vec{u} \cdot \vec{u}$  and Enstrophy  $\Omega = \int d^2r \vec{\omega} \cdot \vec{\omega}$
- ▶ Forward cascade of energy is blocked, since enstrophy is also positive and definite. (Boffetta Ann. Rev. Fluid Mech 2012)



Ray et al, Phys. Rev. Lett. 107, 184503 (2011)

- The direction of cascade is determined by positive-definite inviscid invariants.
- In 2D: energy and enstrophy are conserved; both positive-definite.
- In 3D: energy and helicity are conserved; helicity is not positive-definite.

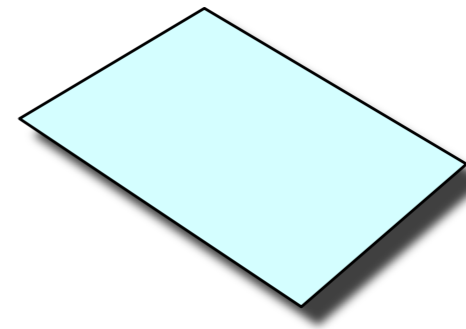
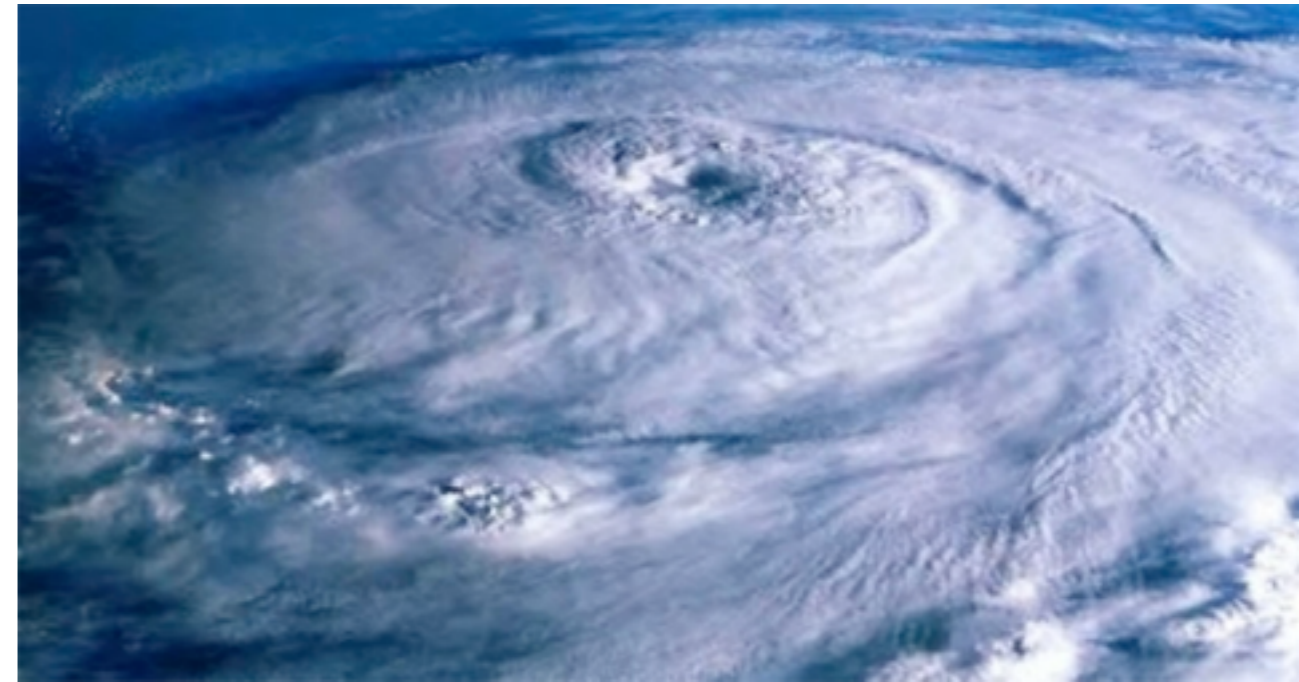


**3D: Kinetic energy is transferred from large to small eddies**

**2D: Kinetic energy is transferred from small to large eddies**



- Many flows are quasi-2D, like thick films, geophysical flows like ocean and atmosphere.
- Physical phenomena change the dimensionality of the system, like rotation.
- There have been evidence of inverse energy cascade in such systems.
- Also conducting fluids transfer energy to the large scales.

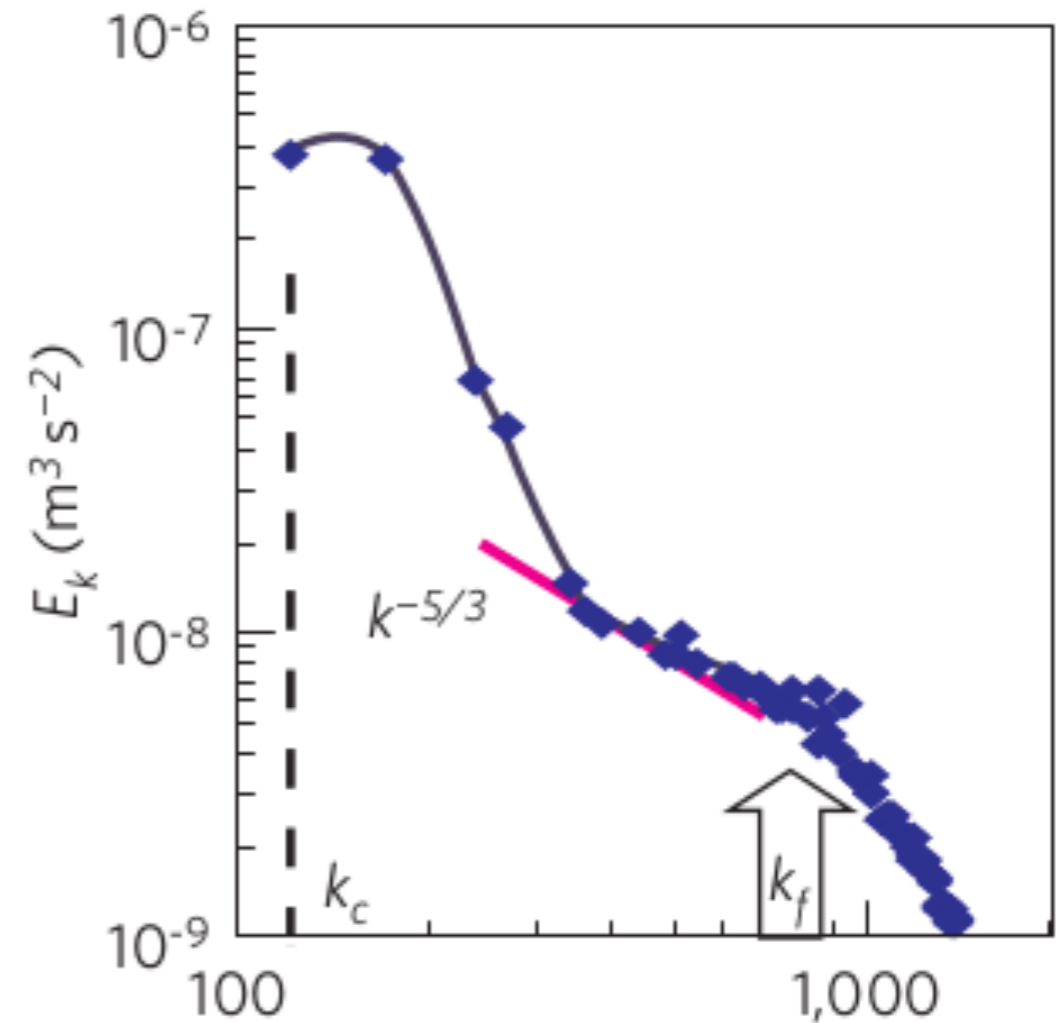


A4 paper (80gr/m<sup>2</sup>)  
 $L_1 = 210$  mm  
 $L_2 = 297$  mm  
 $h = 0.1$  mm

Pacific Ocean  
N-S = 15000 km  
E-W = 19800 km  
average depth = 4.28 km

# Transition from 3D to 2D

- Dimensional transition occurs in turbulent fluid layers from 3D direct energy cascade to 2D inverse energy cascade as we decrease the thickness of the layer.
- Depending upon the aspect ratio there is a coexistence of inverse and direct cascade.
- Enstrophy (w.w) becomes quasi-invariant as only conserved by large scale dynamics where the flow is two dimensional.
- Inverse cascade develops because of existence of another positive definite conserved quantity.



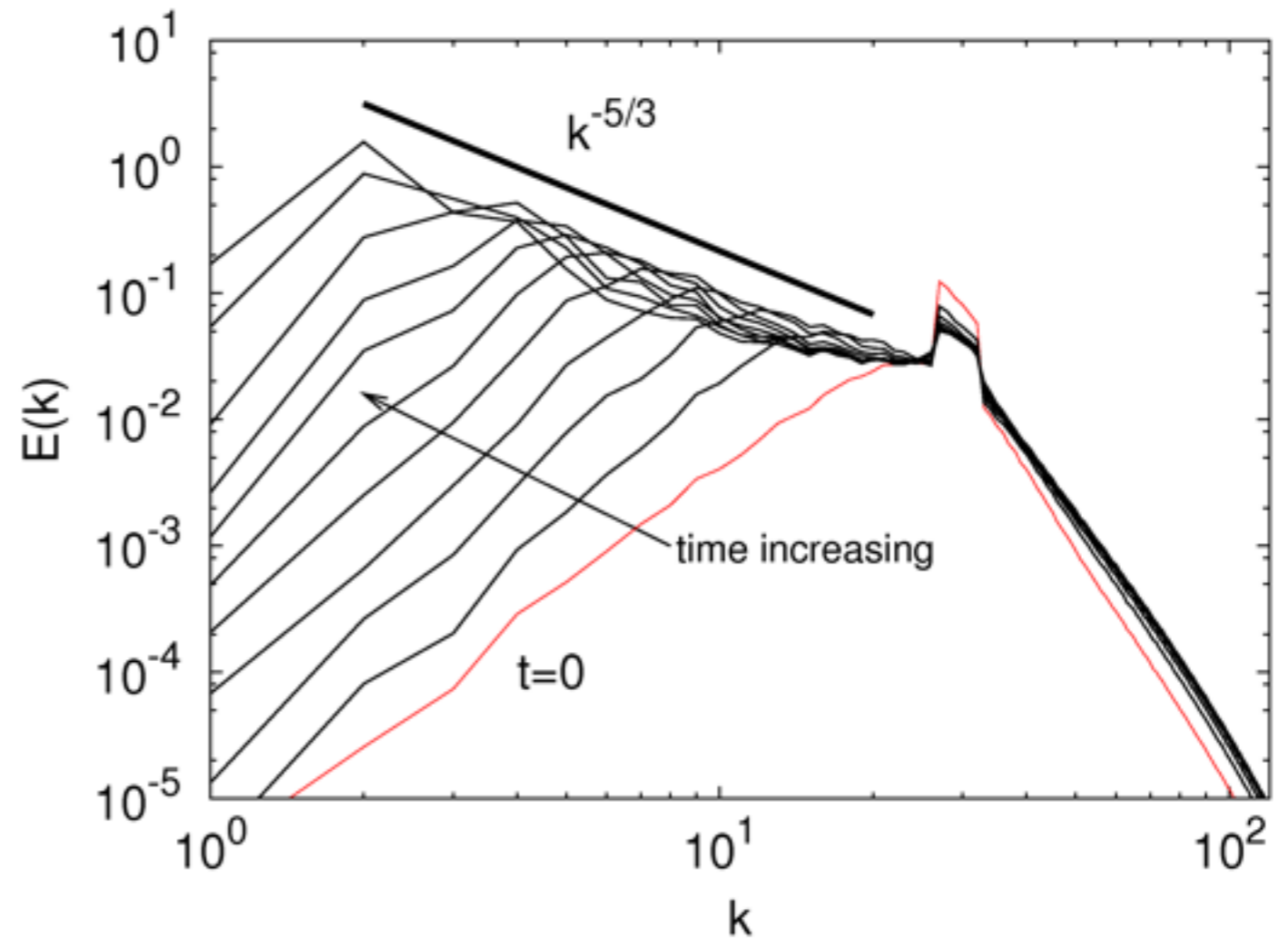
Upscale energy transfer in thick turbulent fluid layers

H. Xia<sup>1</sup>, D. Byrne<sup>1</sup>, G. Falkovich<sup>2</sup> and M. Shats<sup>1\*</sup>

Nat. Phys. 7, 321 (2011)

- **If we make helicity positive definite, do we see inverse energy transfer in 3D?**

- Making the helicity sign-definite, we observe inverse cascade of energy.



Inverse energy cascade in three-dimensional isotropic turbulence,  
Biferale, L., Musacchio, S., Toschi, F., Phys. Rev. Lett. 108, 164501 (2012)

## Pseudospectral method for DNS

- ▶ We solve the Navier-Stokes equations on a triply periodic box of size  $2\pi$ .
- ▶ Initial velocity field is in Fourier space on a grid of size  $N^3$ .
- ▶ The nonlocal terms like  $\vec{\nabla} \times \vec{u}$ ,  $\nabla^2 \vec{u}$  are evaluated in Fourier space.
- ▶ Terms like  $\vec{u} \times \vec{\omega}$  are calculated in real space.
- ▶ Switch between real and Fourier space by using the FFT algorithm FFTW.
- ▶ For the first step of evolution a Runge-Kutta scheme is used.
- ▶ Then an Adams-Bashforth second-order scheme is used.

For an equation of the form

$$\frac{dq}{dt} = -\alpha q + f(t) \quad (1)$$

A second-order Adams-Bashforth scheme

$$q(t + \delta t) = e^{-2\alpha\delta t} q(t - \delta t) + \frac{1 - e^{-2\alpha\delta t}}{2\alpha} \times [3f(t) - f(t - \delta t)]. \quad (2)$$

- 3D Navier-Stokes equations in Fourier-space

$$\dot{u}_i(k) + \left( \delta_{ij} - \frac{k_i k_j}{k^2} \right) N_j(k) = -\nu k^2 u_i(k),$$

$$\text{where } N_i(q) = \sum_{\mathbf{q}=\mathbf{k}+\mathbf{p}} ik_j u_i(k) u_j(p)$$

- ▶ In Fourier space,  $\mathbf{u}(\mathbf{k}, t)$  has two degrees of freedom since  $\mathbf{k} \cdot \mathbf{u}(\mathbf{k}, t) = 0$ .
- ▶ We chose projection on orthonormal helical waves with definite sign of helicity.

- ▶ Following Waleffe Phys. Fluids (1992)

$$\mathbf{u}(\mathbf{k}, t) = a^+(\mathbf{k}, t)\mathbf{h}^+(\mathbf{k}) + a^-(\mathbf{k}, t)\mathbf{h}^-(\mathbf{k})$$

where  $\mathbf{h}^\pm(\mathbf{k})$  are the complex eigenvectors of the curl operator  $i\mathbf{k} \times \mathbf{h}^\pm(\mathbf{k}) = \pm k\mathbf{h}^\pm(\mathbf{k})$ .

- ▶  $\mathbf{h}_s^* \cdot \mathbf{h}_t = 2\delta_{st}$ ;  $\mathbf{h}_s^* = \mathbf{h}_{-s}$ ,

where  $s$  and  $t$  could be  $+1$  or  $-1$

- ▶ Choose  $\mathbf{h}^\pm(\mathbf{k}) = \hat{\boldsymbol{\mu}}(\mathbf{k}) \times \hat{\mathbf{k}} \pm i\hat{\boldsymbol{\mu}}$ ,

where  $\hat{\boldsymbol{\mu}}$  is an arbitrary unit vector orthogonal to  $\mathbf{k}$

- ▶ reality of the velocity field requires  $\hat{\boldsymbol{\mu}}(\mathbf{k}) = -\hat{\boldsymbol{\mu}}(-\mathbf{k})$

- ▶ Such requirement is satisfied, e.g., by the choice

$\hat{\boldsymbol{\mu}}(\mathbf{k}) = \mathbf{z} \times \mathbf{k} / \|\mathbf{z} \times \mathbf{k}\|$ , with  $\mathbf{z}$  an arbitrary vector.

# Helically decimated Navier-Stokes equations

- Decimated Navier-Stokes equations in Fourier space:

$$\partial_t \mathbf{u}^\pm(\mathbf{k}, t) = \mathcal{P}^\pm(\mathbf{k}) \mathbf{N}_{u^\pm}(\mathbf{k}, t) + \nu k^2 \mathbf{u}^\pm(\mathbf{k}, t) + \mathbf{f}^\pm(\mathbf{k}, t)$$

where  $\nu$  is kinematic viscosity and  $\mathbf{f}$  is external forcing.

- The nonlinear term containing all triadic interactions

$$\mathbf{N}_{u^\pm}(\mathbf{k}, t) = \mathcal{FT}(\mathbf{u}^\pm \cdot \nabla \mathbf{u}^\pm - \nabla p)$$

- Projection operator:

$$\mathcal{P}^\pm(\mathbf{k}) \equiv \frac{\mathbf{h}^\pm(\mathbf{k}) \otimes \mathbf{h}^\pm(\mathbf{k})^*}{\mathbf{h}^\pm(\mathbf{k})^* \cdot \mathbf{h}^\pm(\mathbf{k})}$$

$$\mathbf{u}^\pm(\mathbf{k}, t) = \mathcal{P}^\pm(\mathbf{k}) \mathbf{u}(\mathbf{k}, t)$$

$$\mathbf{u}(\mathbf{k}, t) = \mathbf{u}^+(\mathbf{k}, t) + \mathbf{u}^-(\mathbf{k}, t)$$

- Energy  $E(t) = \sum_{\mathbf{k}} |\mathbf{u}^+(\mathbf{k}, t)|^2 + |\mathbf{u}^-(\mathbf{k}, t)|^2$ .
- Helicity  $\mathcal{H}(t) = \sum_{\mathbf{k}} k (|\mathbf{u}^+(\mathbf{k}, t)|^2 - |\mathbf{u}^-(\mathbf{k}, t)|^2)$ .

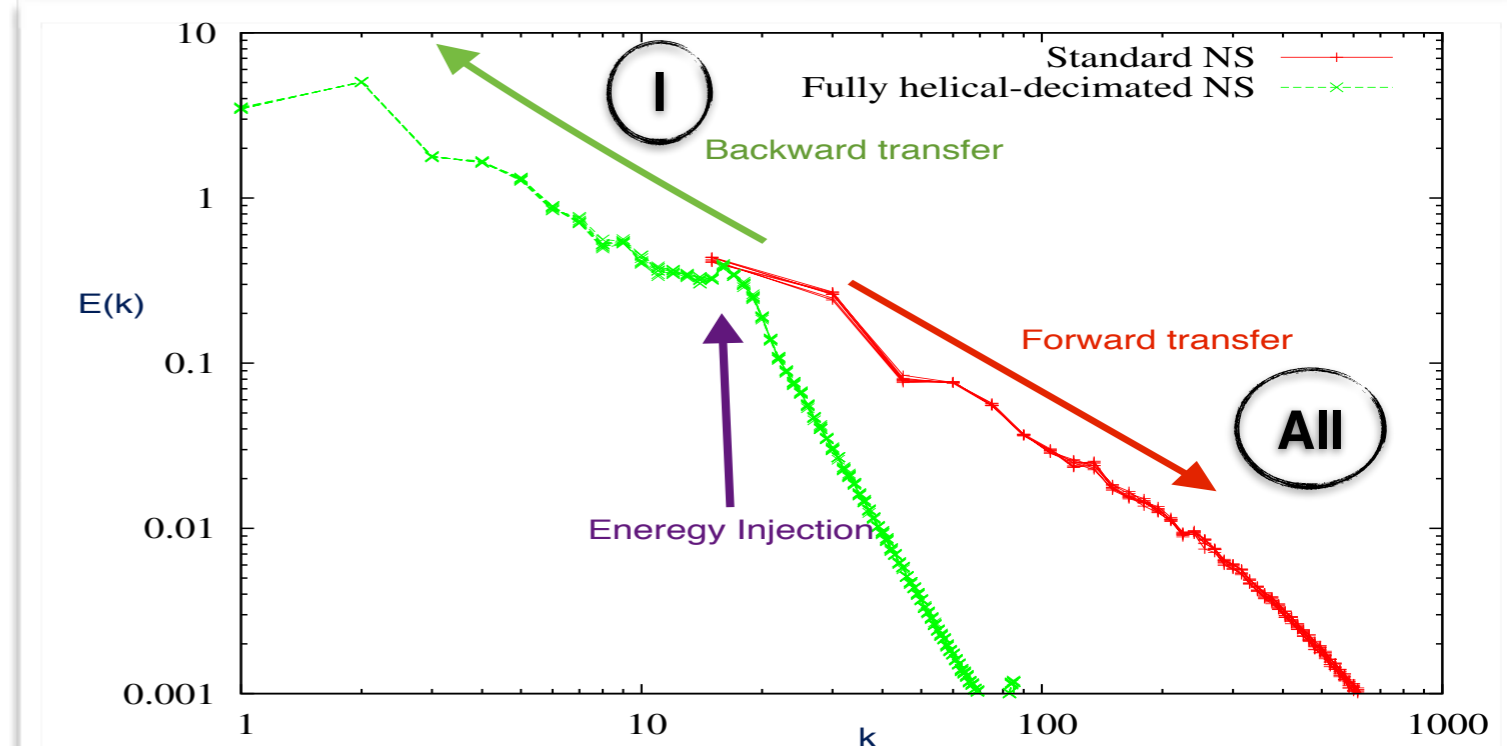
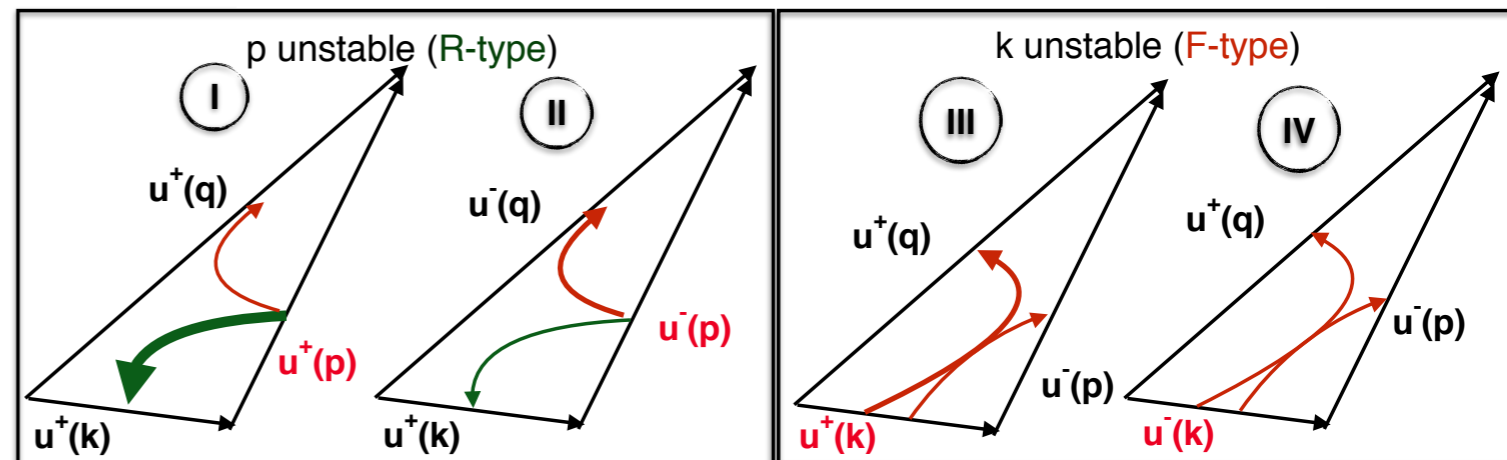
**R-type:** When large wavenumbers have same sign, middle one is unstable and could transfer energy to both small and large wavenumbers;

- predominantly to the smallest wavenumber if it has the same sign [**Class-I (+, +, +)**].
- mixed transfer if smallest wavenumber has the opposite sign [**Class-II (+, -, -)**].

**F-type:** When large wavenumbers have opposite sign, smallest one is unstable and could transfer energy only to large wavenumbers, for both **Class-III (+, -, +)** and **Class-IV (-, -, +)**.

- Energy and helicity are conserved for each individual triad.
- Triads with only  $u^+$ , i.e. Class-I, lead to reversal of energy cascade.
- Energy spectra in the inverse cascade regime shows a  $k^{-5/3}$  slope.

$$N_{u^\pm}(\mathbf{q}) = \mathcal{FT} [\mathbf{u}^\pm(\mathbf{k}) \cdot \nabla \mathbf{u}^\pm(\mathbf{p})] ; \mathbf{q} = \mathbf{k} + \mathbf{p}; k \leq p \leq q$$





What happens in between??

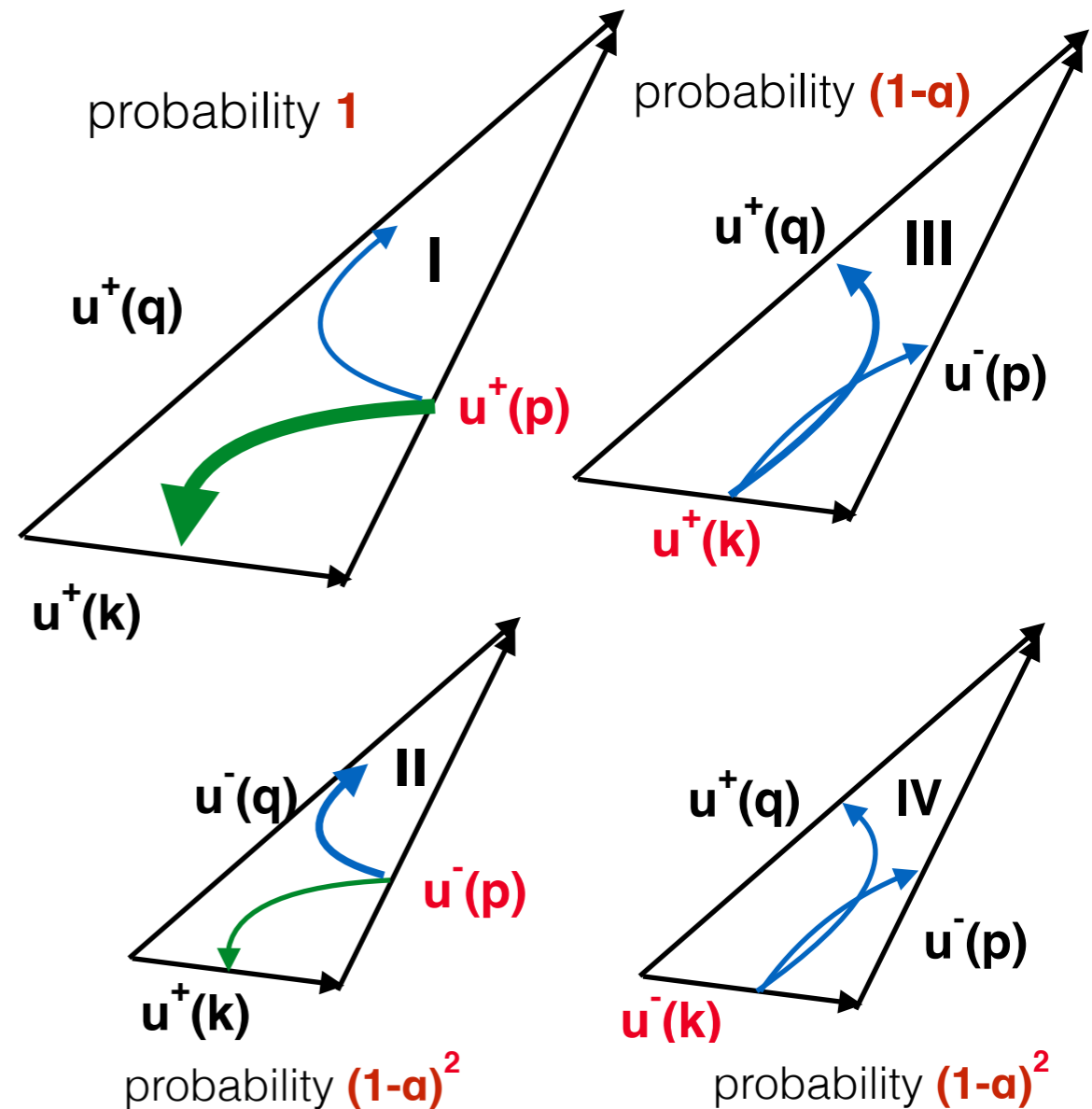
when we give different weights to different class of triads...

- Modified projection operator:

$$\mathcal{P}_\alpha^+(\mathbf{k})\mathbf{u}(\mathbf{k}, t) = \mathbf{u}^+(\mathbf{k}, t) + \theta_\alpha(\mathbf{k})\mathbf{u}^-(\mathbf{k}, t)$$

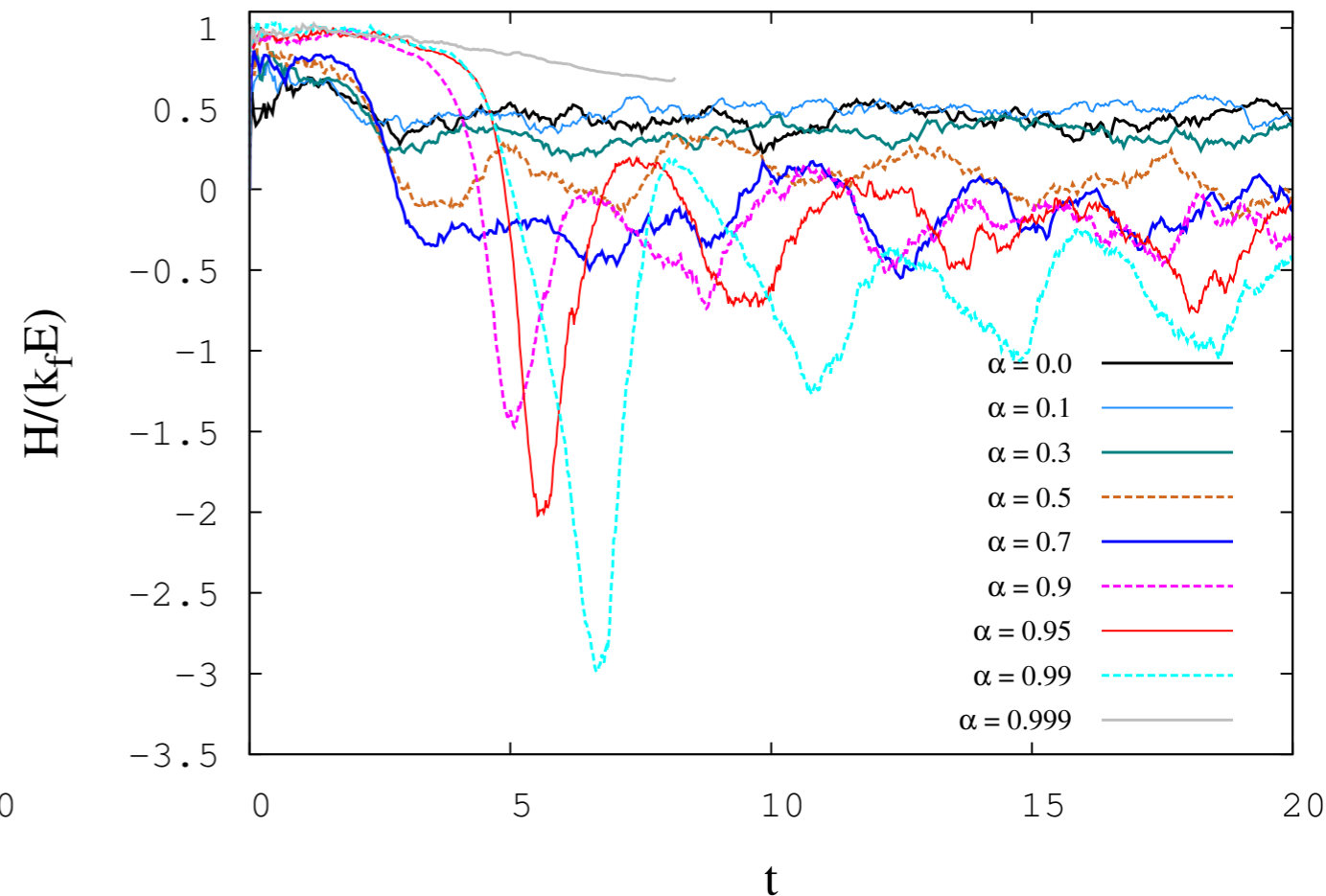
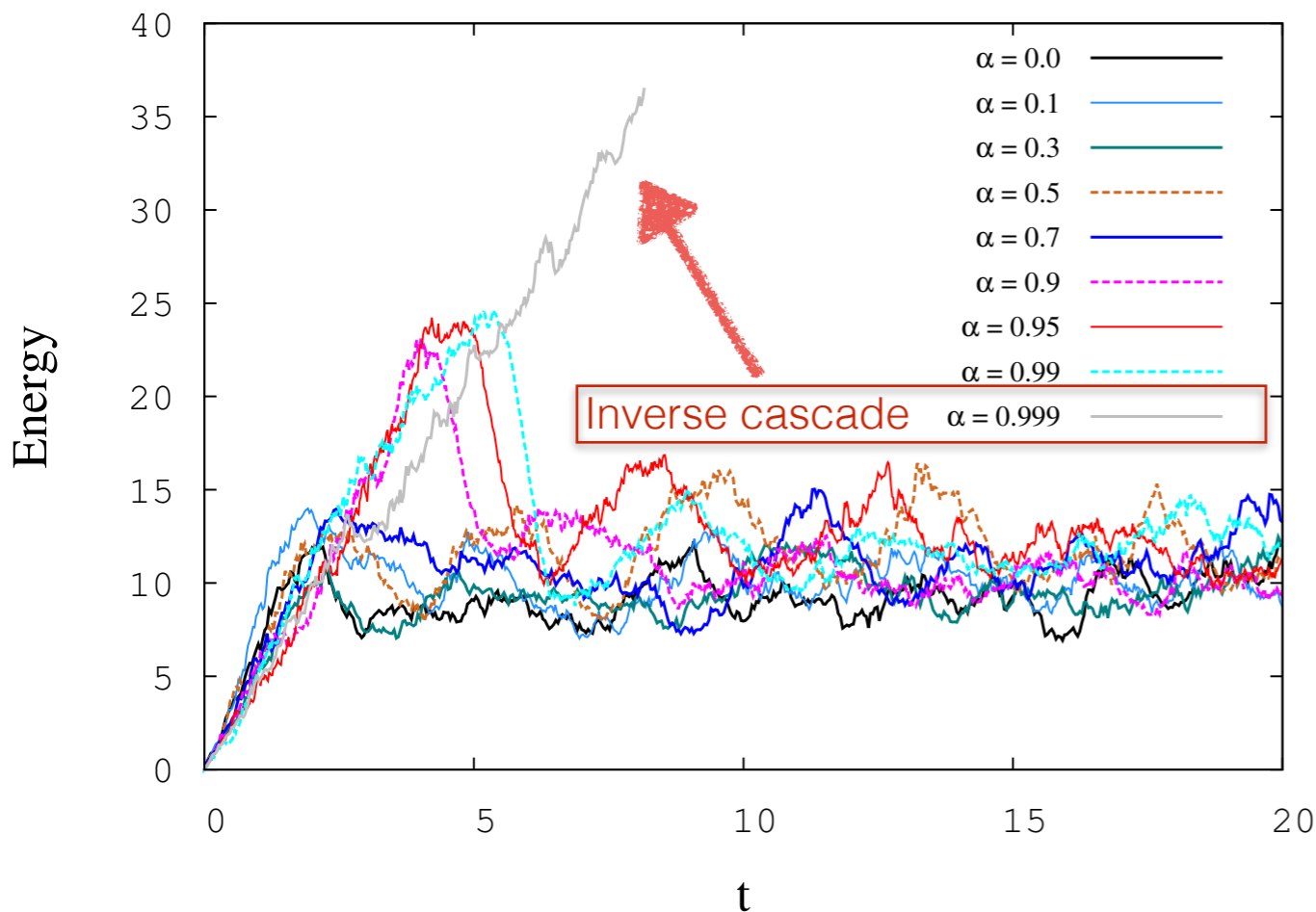
where  $\theta_\alpha(\mathbf{k})$  is 0 with probability  $\alpha$  and is 1 with probability  $1 - \alpha$ .

- We consider triads of Class-I with probability 1, Class-III with probability  $1 - \alpha$  and Class-II and Class-IV with probability  $(1 - \alpha)^2$ .
- $\alpha = 0 \rightarrow$  Standard Navier-Stokes.  
 $\alpha = 1 \rightarrow$  Fully helical-decimated NS.
- Critical value of  $\alpha$  at which forward cascade of energy stops?  
alternatively, inverse cascade of energy stops if forced at small scales.



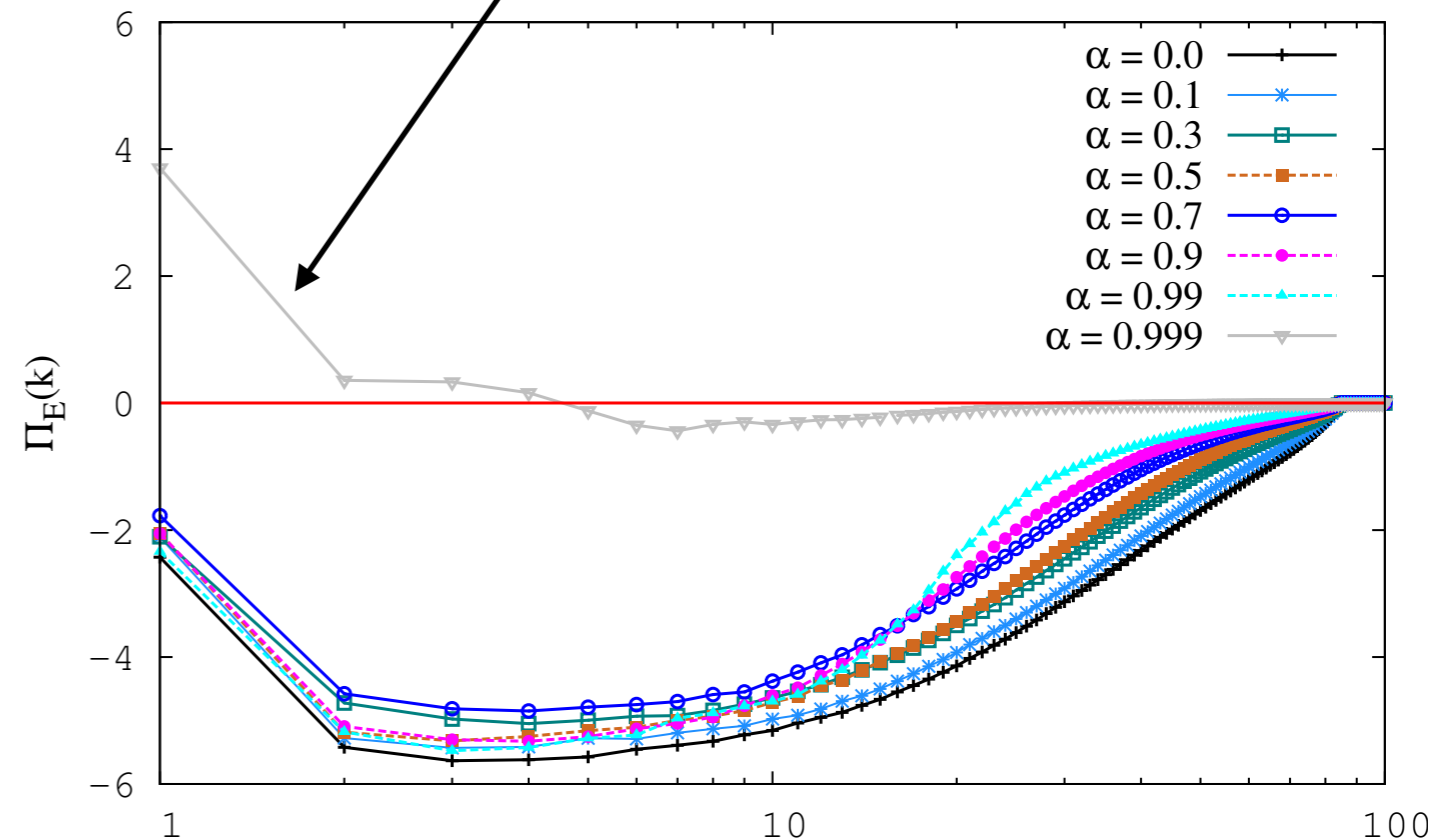
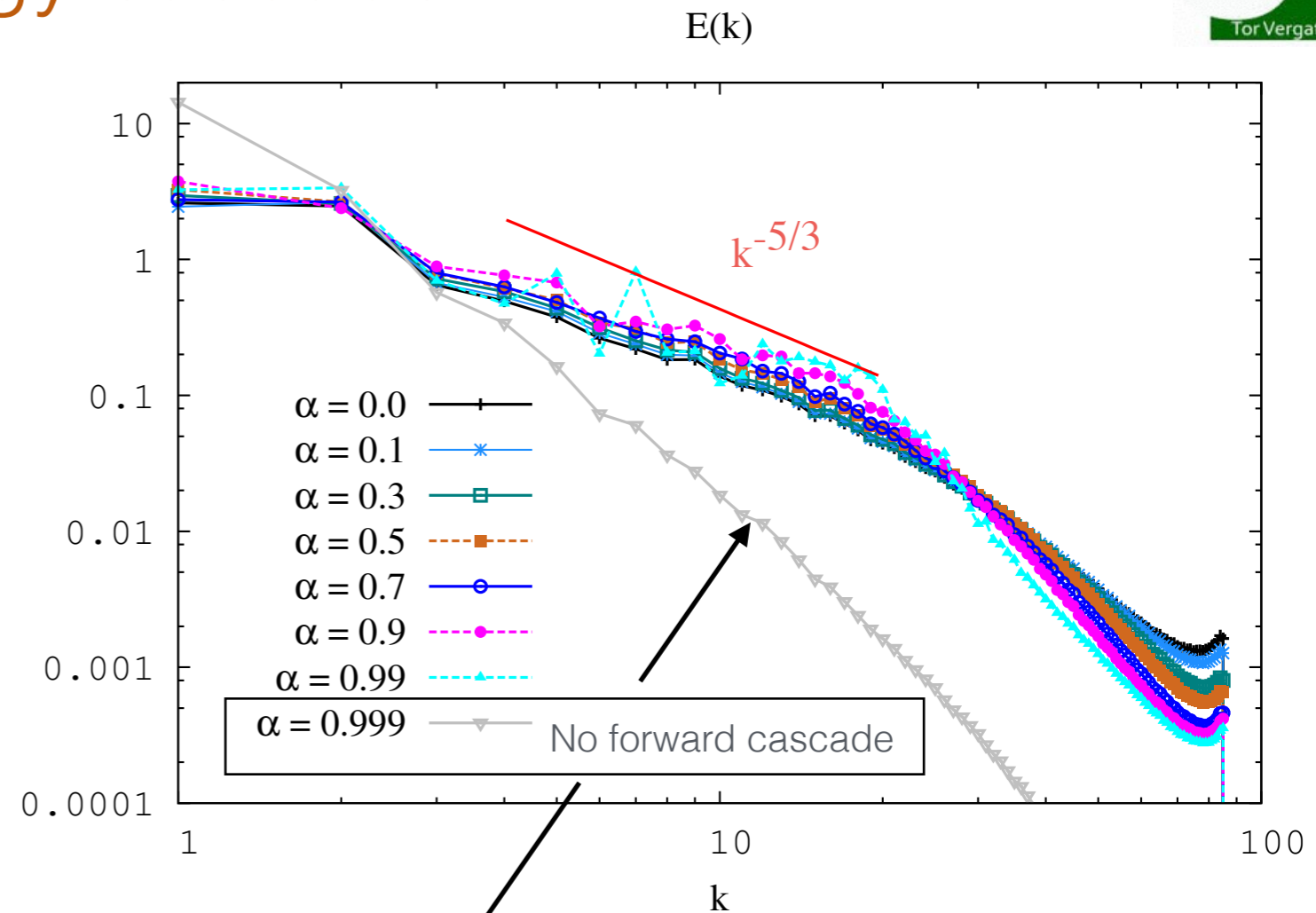
$$\mathbf{N}_{\mathbf{u}^\pm}(\mathbf{q}) = \mathcal{FT} [\mathbf{u}^\pm(\mathbf{k}) \cdot \nabla \mathbf{u}^\pm(\mathbf{p})]; \mathbf{q} = \mathbf{k} + \mathbf{p}; k \leq p \leq q$$

- Pseudo-spectral DNS on a triply periodic cubic domain of size  $L = 2\pi$  with resolutions up to  $512^3$  collocation points.



- The peaks suggest the building up of the energy at forced large scales before being able to transfer to the small scales.
- The cascade of energy starts only when helicity becomes active, i.e., modes with negative helicity becomes energetic.
- With increase in  $\alpha$  the peak grows, a signature of inverse cascade.

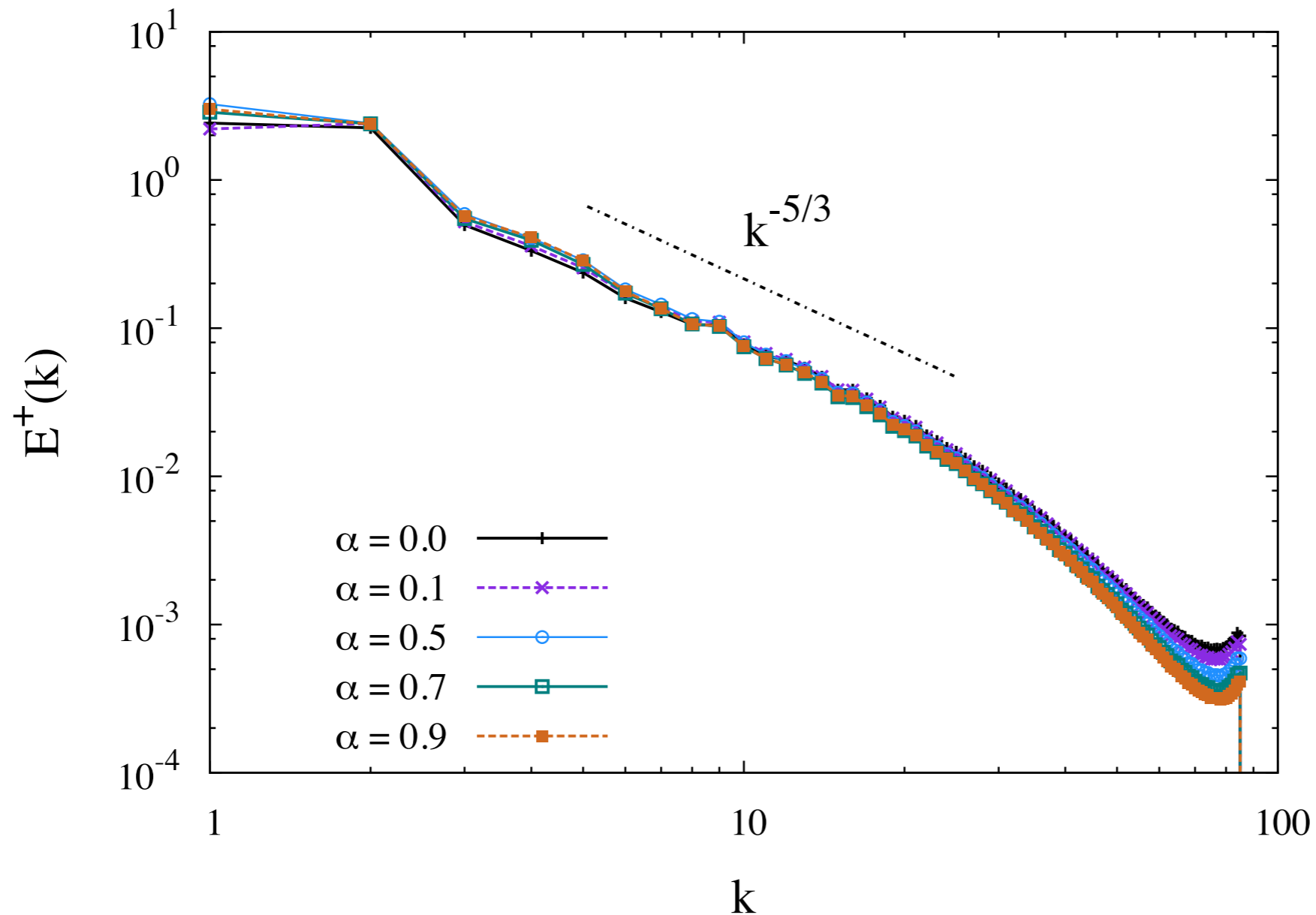
- Spectra for all values of  $\alpha$  showing  $k^{-5/3}$  suggest the forward cascade of to be strongly robust.
- Unless we kill almost all the modes of one helicity-type energy always finds a way to reach small scales.
- The energy flux also remains unaffected by the decimation until  $\alpha$  is very close to 1.
- **Critical value of  $\alpha$  is  $\sim 1$  !**



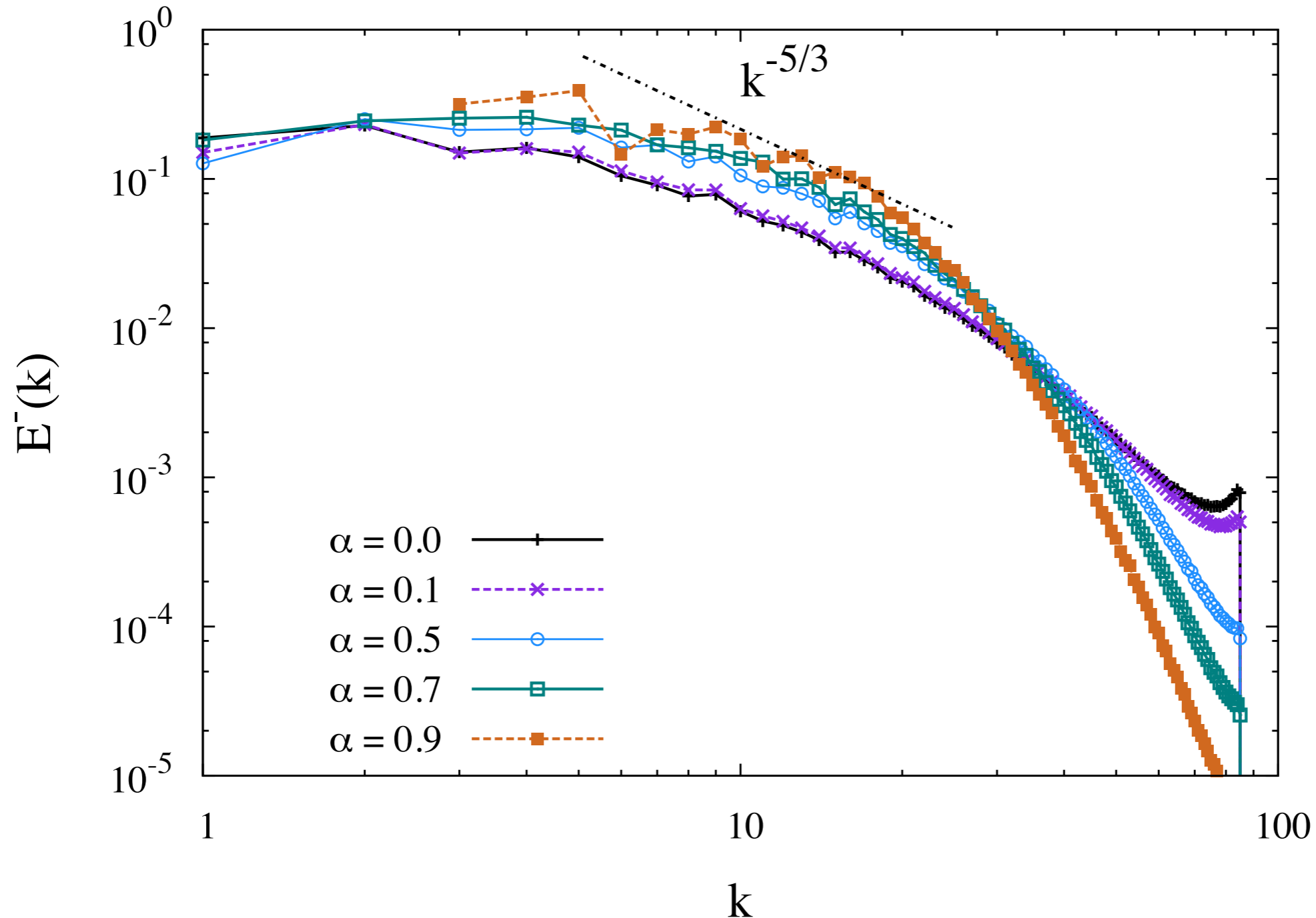
Chen, Phys. Fluids 2003

$$E^\pm(k) \sim C_1 \epsilon_E^{2/3} k^{-5/3} \left[ 1 \pm C_2 \left( \frac{\epsilon_H}{\epsilon_E} \right) k^{-1} \right],$$

where  $\epsilon_E$  is the mean energy dissipation rate  
and  $\epsilon_H$  is the mean helicity dissipation rate.



- The  $E^+(k)$  does not change with decimation.



- $E^-(k)$  shows that as we have fewer negative helical modes, they become more energetic in the inertial range of scales.

- The forward cascade of energy is through the triads of class-III where two large wavenumber modes have opposite sign of helicity.
- The energy flux is carried by correlations of type

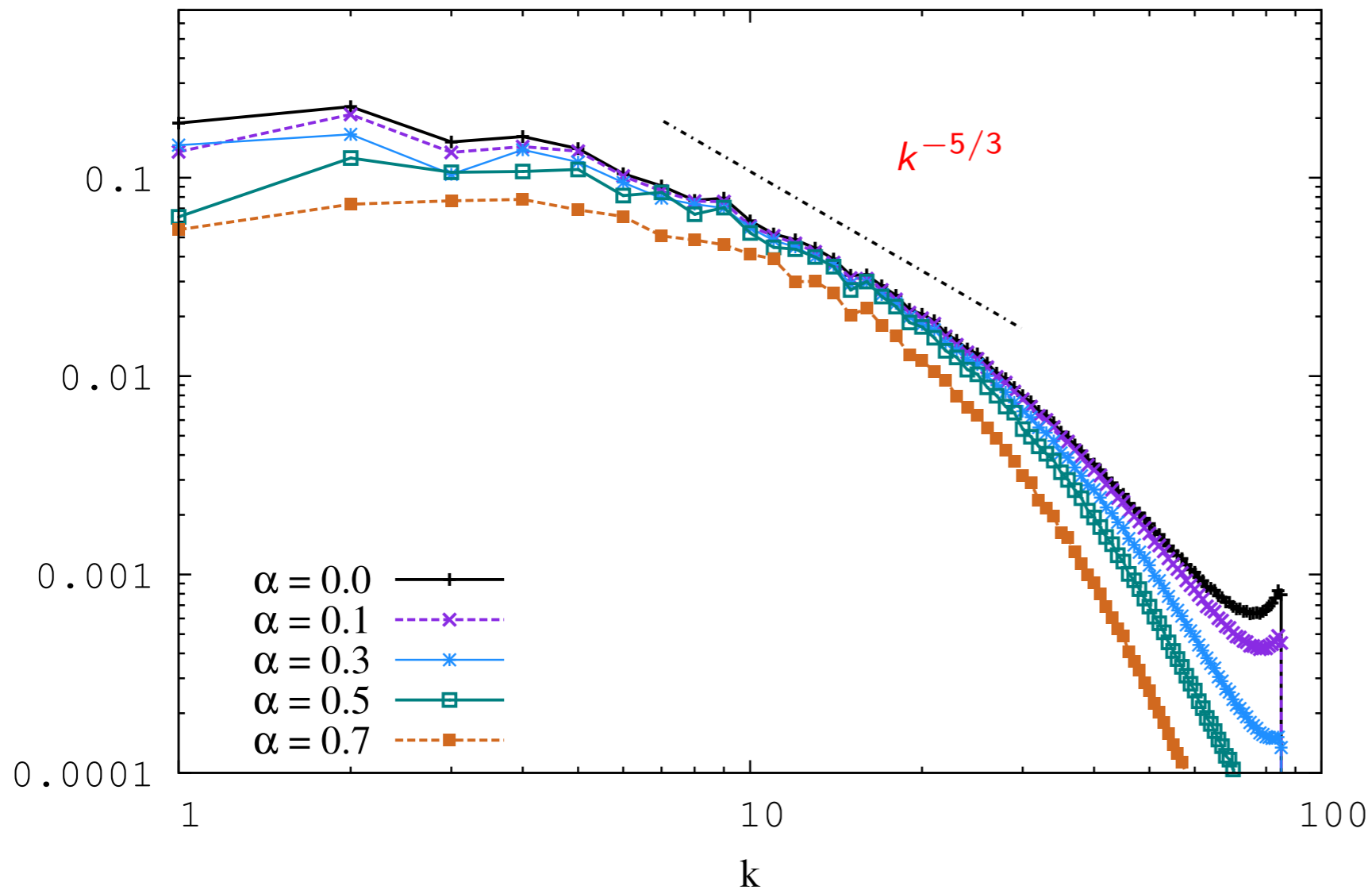
$$S(k|p, q) = \langle (\mathbf{k} \cdot u_{\mathbf{q}}^-)(u_{\mathbf{k}}^+ \cdot u_{\mathbf{p}}^+) \rangle + \langle (\mathbf{k} \cdot u_{\mathbf{p}}^+)(u_{\mathbf{k}}^+ \cdot u_{\mathbf{q}}^-) \rangle.$$

- This involves two positive helical modes and one negative helical modes.
- To maintain the constant flux,  $u^-(k)$  must be rescaled by  $(1-\alpha)$ . since  $u^-(k)$  exists with probability  $(1-\alpha)$ .

$$u_{\mathbf{k}}^- \rightarrow u_{\mathbf{k}}^- / (1 - \alpha),$$

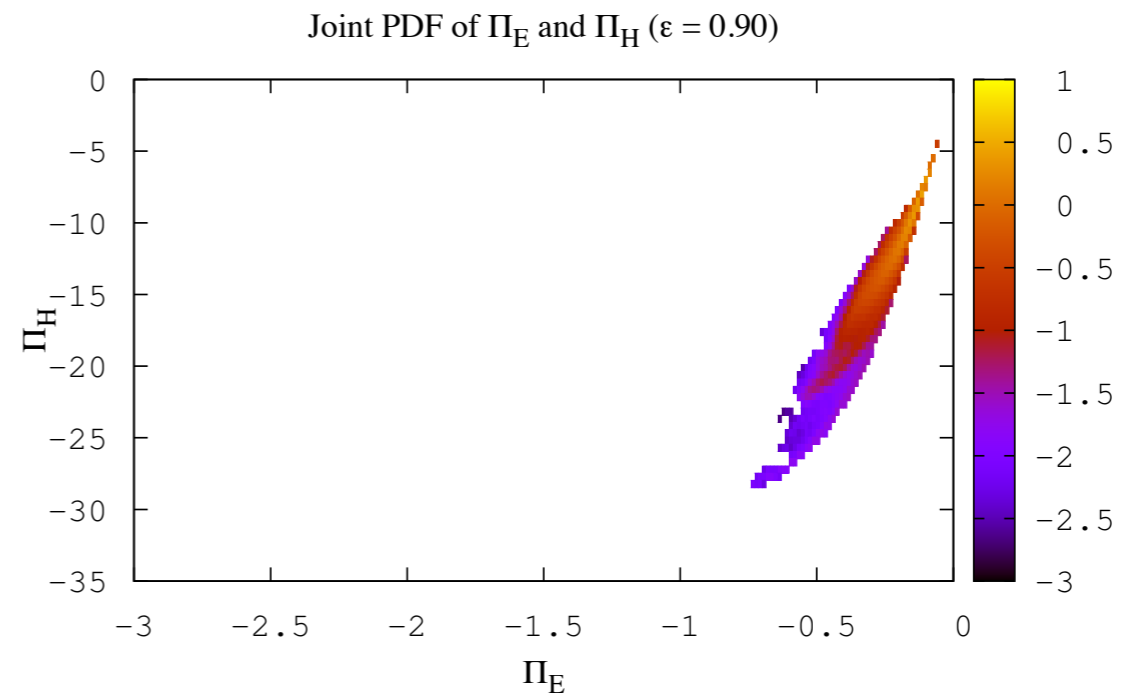
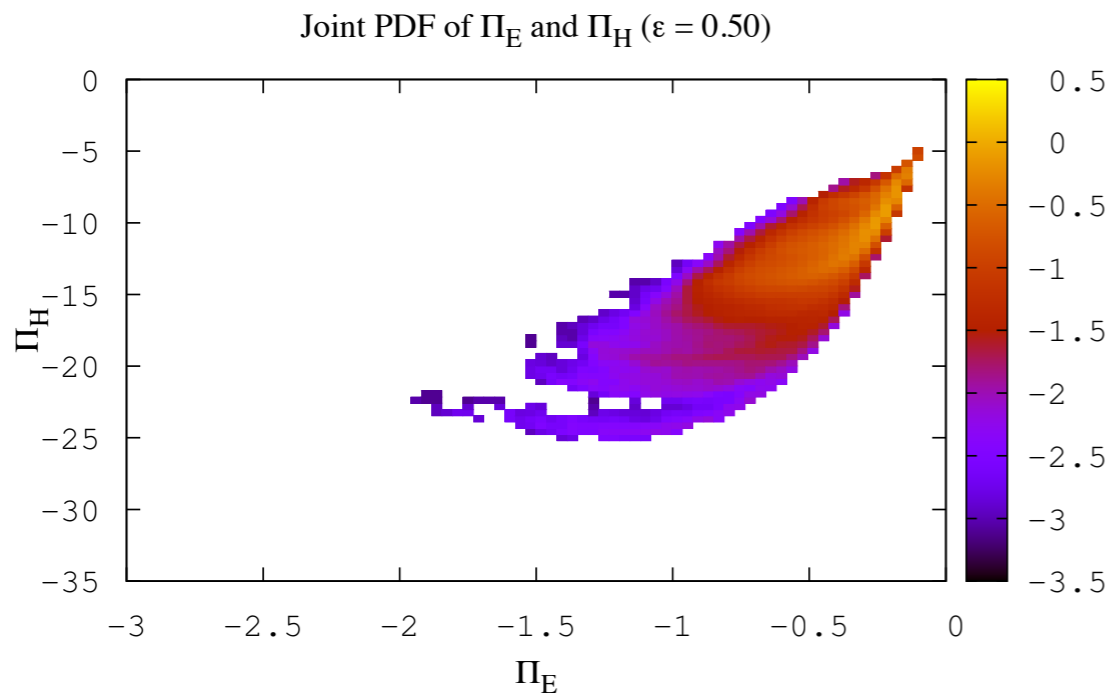
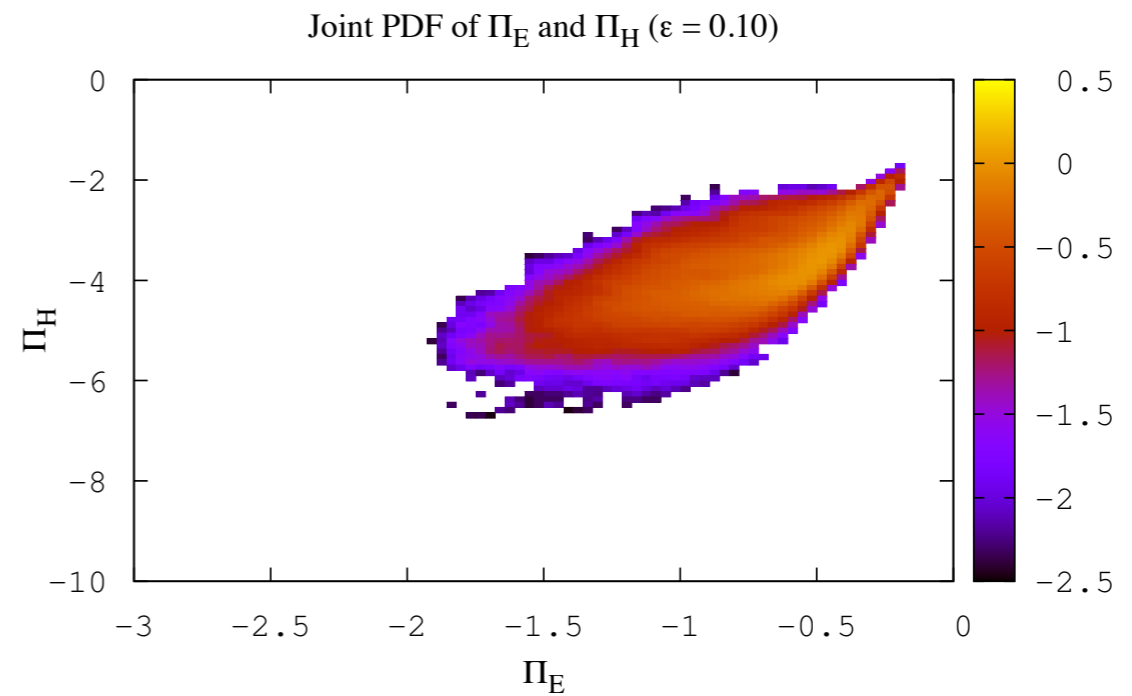
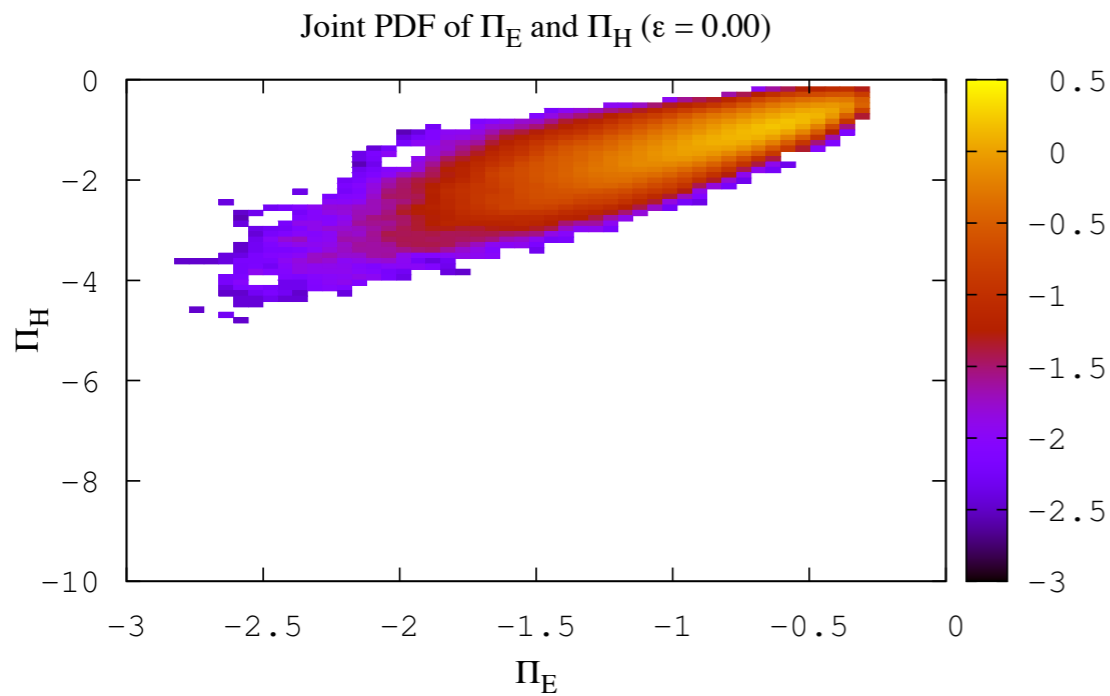
$$E^-(k) = \sum_{|\mathbf{k}|=k} (1 - \gamma_{\mathbf{k}}) |u_{\mathbf{k}}^-|^2 \rightarrow E^-(k) / (1 - \alpha),$$

$(1-\alpha)E^-(k)$



- Invariance of parity is restored through scaling of  $E^-(k)$  by the factor  $(1-\alpha)$ .

## Joint PDF of helicity and energy fluxes



The helicity flux attains higher values whereas the energy flux depletes with increasing  $\epsilon$ .



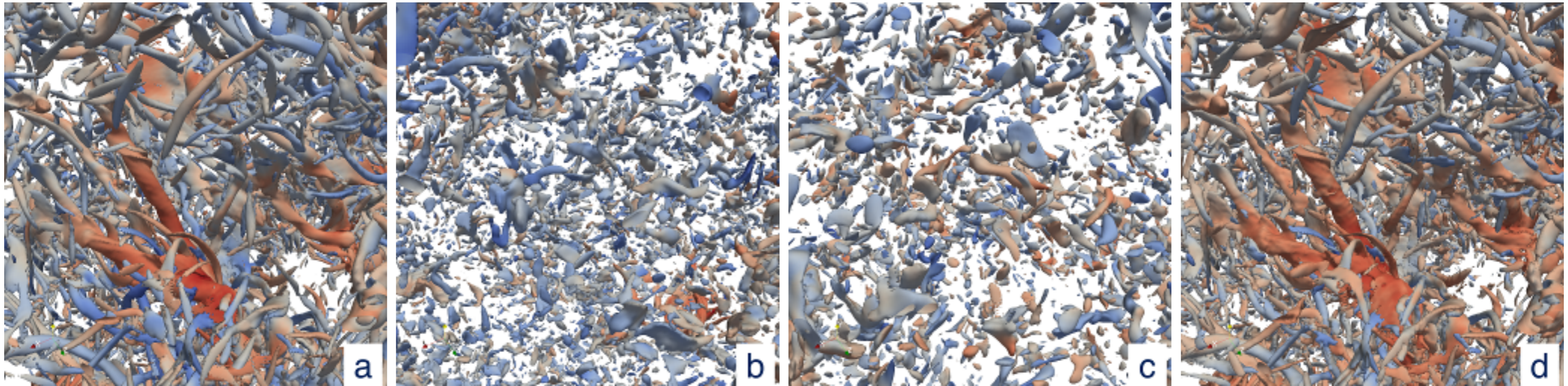
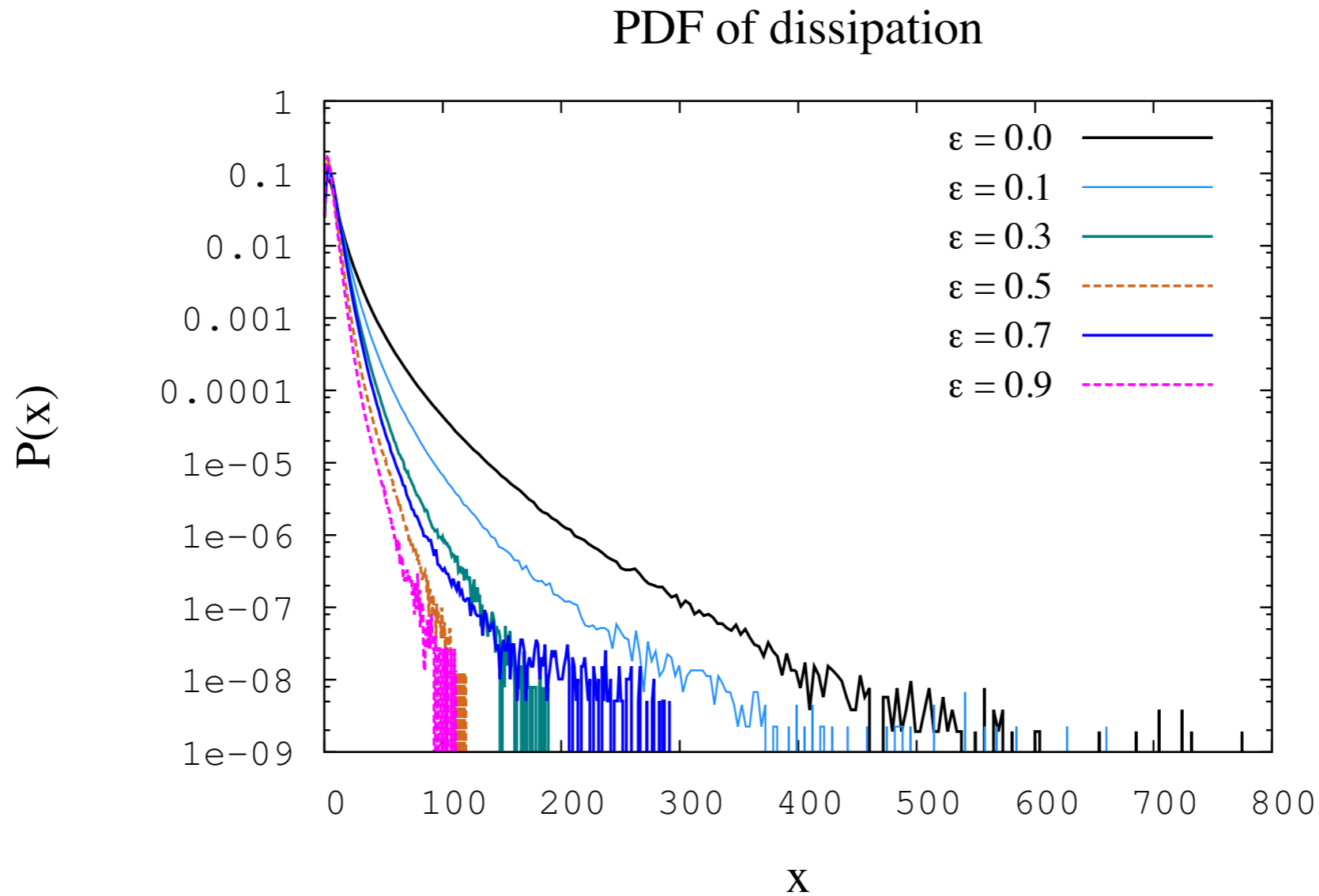


FIG. 3: (color online) iso-vorticity surfaces for: (a)  $\alpha = 0$ , (b)  $\alpha = 0.5$ , (c)  $\alpha = 0.9$ . Last plot (d) is obtained applying the projection with  $\alpha = 0.5$  on the original NSE fields without any dynamical decimation. Color palette is proportional to the intensity of the helicity.

- As we increase decimation of the modes with negative helicity ( $\alpha$ ), the contribution of triads leading to inverse energy cascade grows.
- The forward cascade of energy is very robust in 3D turbulence. It requires only a few negative modes to act as catalyst to transfer energy forward.
- Only when  $\alpha$  is very close to 1, i.e., we decimate almost all modes of one helical sign, inverse energy cascade takes over the forward cascade.
- We observe a strong tendency to recover parity invariance even in the presence of an explicit parity-invariance symmetry breaking ( $\alpha > 0$ ).

- What about abrupt symmetry breaking at some  $k_c$ ?
  - can we stop the cascade by killing all negative modes from  $k > k_c$ ?
  - or can we start it at our wish (killing all modes up to  $k_c$ )?
- What about intermittency in the forward cascade regime at changing  $\alpha$ ?

## local energy dissipation rate



Comparison of PDFs of local energy dissipation rates show reduction of longer tails with increase in fraction of decimation  $\epsilon$ . Less of extreme dissipation events show decrease in intermittency with increasing  $\epsilon$

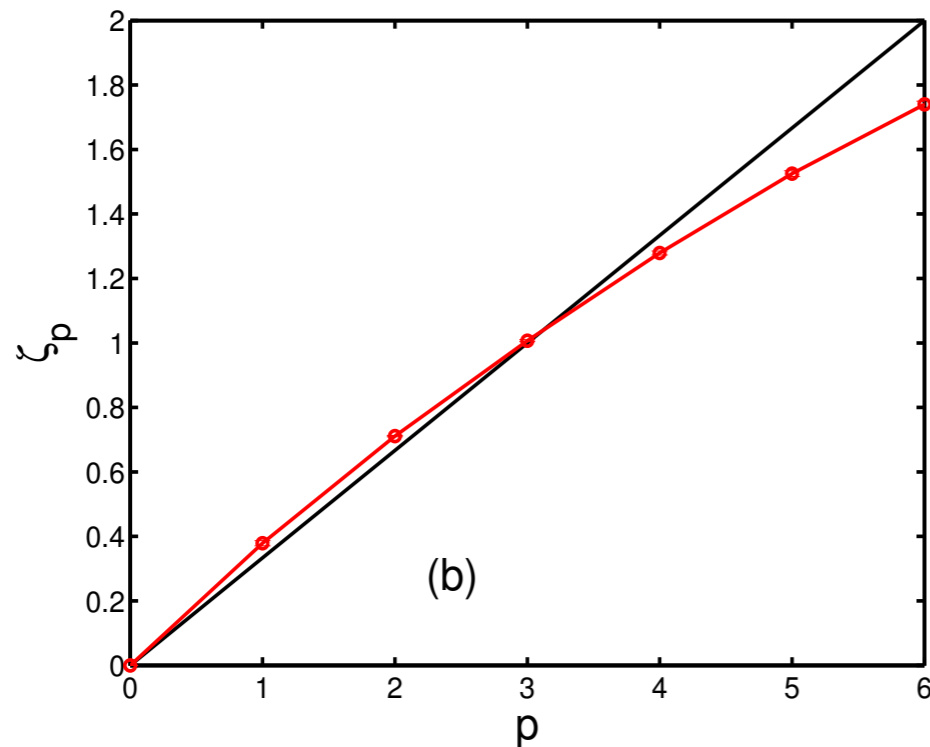
## Structure functions

- Order- $p$  equal-time, longitudinal velocity structure functions

$$S_p(r) \equiv \langle |\delta u_{\parallel}(\mathbf{x}, r)|^p \rangle$$

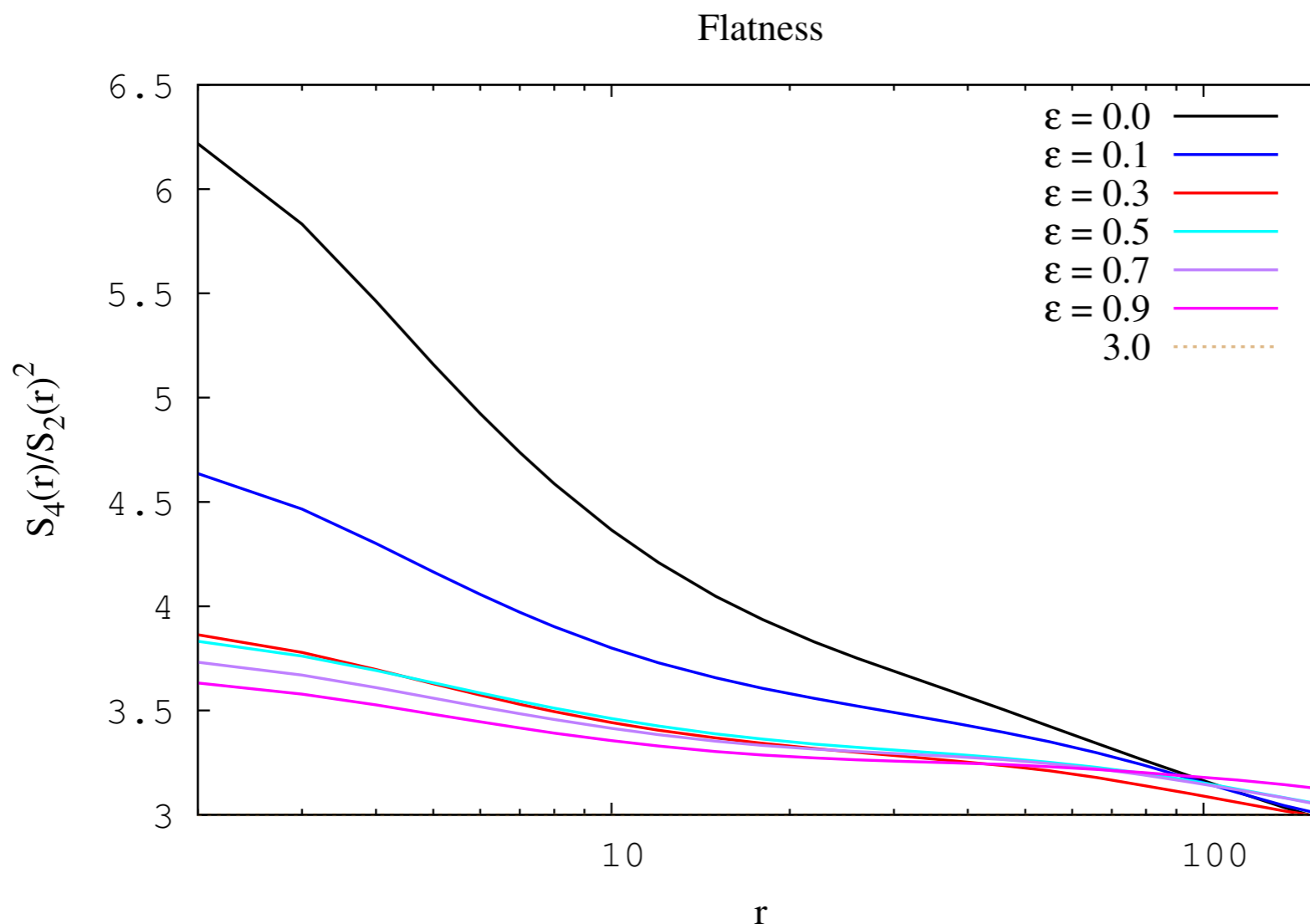
$$\text{where } \delta u_{\parallel}(\mathbf{x}, r) \equiv [\mathbf{u}(\mathbf{x} + \mathbf{r}, t) - \mathbf{u}(\mathbf{x}, t)] \cdot \frac{\mathbf{r}}{r}$$

- In the inertial range we see the universal scaling  $S_p(r) \sim r^{\zeta_p}$



- Deviations from Kolmogorov scaling  $\zeta_p^{K41} = p/3$  shows present intermittency.
- Extended Self-Similarity:  $\zeta_p/\zeta_3$ .

Measure of intermittency: Flatness  $F_4(r) = S_4(r)/[S_2(r)]^2$



- ▶ Measure of flatness shows the small scale intermittency reduces significantly when **10%** of  $u^-$  modes are killed.
- ▶ It reduces further and seems saturated with increase in  $\epsilon$

- *On the role of helicity for large-and small-scales turbulent fluctuations*, G Sahoo, F Bonaccorso, L Biferale - arXiv preprint [arXiv:1506.04906](https://arxiv.org/abs/1506.04906), 2015.
- Inverse energy cascade in three-dimensional isotropic turbulence, L Biferale, S Musacchio, F Toschi, [Phys. Rev. Lett. 108, 164501 \(2012\)](https://doi.org/10.1103/PhysRevLett.108.164501)