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Role of the helicity in the energy transfer in three dimensional turbulence

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Navier-Stoke's equations for incompressible flow

$$\frac{\partial \mathbf{u}}{\partial t} + (\mathbf{u} \cdot \nabla)\mathbf{u} = -\frac{\nabla p}{\rho} + \nu \nabla^2 \mathbf{u} + \mathbf{f},$$
$$\nabla \cdot \mathbf{u} = 0.$$

Energy, positive definite,

$$E = \int \mathbf{u}(\mathbf{x}) \cdot \mathbf{u}(\mathbf{x}) d^3 x$$

• Helicity, pseudoscalar, not sign-definite (Betchov 1961; Moffatt 1969)

$$H = \int \mathbf{u}(\mathbf{x}) \cdot \omega(\mathbf{x}) d^3 x$$

- Energy cascades from large scales to small scales
- For helical flows, there is joint forward cascade of energy and helicity (Chen 2003).

See

- The degree of knottiness of tangled vortex lines, **H. K. Moffatt**, J. Fluid Mech. **35**, 117 (1969).
- Helicity in laminar and turbulent flow, H. K. Moffatt and A. Tsinober, Annu. Rev. Fluid Mech. 24, 281 (1992).



Inverse energy cascade in 3D



• Making the helicity sign-definite, we observe inverse cascade of energy.

PRL 108, 164501 (2012)

PHYSICAL REVIEW LETTERS

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Inverse Energy Cascade in Three-Dimensional Isotropic Turbulence

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 By projecting the velocity field on helically polarised waves of with one sign of helicity, helicity could be made sign-definite.



Navier-Stokes equations

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• We performed DNS of 3D Navier-Stokes equations in Fourier-space

$$\dot{u}_i(k) + \left(\delta_{ij} - \frac{k_i k_j}{k^2}\right) N_j(k) = -\nu k^2 u_i(k),$$

where $N_i(q) = \sum_{\mathbf{q}=\mathbf{k}+\mathbf{p}} i k_j u_i(k) u_j(p)$

- For incompressible flows, u(k) has two degrees of freedom, since $k \cdot u(k) = 0$.
- Following Waleffe (1992) we write u(k) as sum of projections on the orthonormal helical waves with definite sign of helicity.

$$\mathbf{u}(\mathbf{k}, t) = a^{+}(\mathbf{k}, t)\mathbf{h}^{+}(\mathbf{k}) + a^{-}(\mathbf{k}, t)\mathbf{h}^{-}(\mathbf{k})$$
$$\equiv \mathbf{u}^{+}(\mathbf{k}, t) + \mathbf{u}^{-}(\mathbf{k}, t)$$

Decimated Navier-Stokes equations in Fourier space:

 $\partial_t \mathbf{u}^{\pm}(\mathbf{k},t) = \mathcal{P}^{\pm}(\mathbf{k})\mathbf{N}_{u^{\pm}}(\mathbf{k},t) + \nu k^2 \mathbf{u}^{\pm}(\mathbf{k},t) + \mathbf{f}^{\pm}(\mathbf{k},t)$

where ν is kinematic viscosity and **f** is external forcing.

The nonlinear term containing all triadic interactions

 $N_{u^{\pm}}(\mathbf{k},t) = \mathcal{F}T(\mathbf{u}^{\pm}\cdot\nabla\mathbf{u}^{\pm}-\nabla p)$

Classes of triadic interactions in NS equations





- There are 8 possible triads divided into 4 classes.
- Energy and helicity are conserved for each individual triad.
 Waleffe PoF A 4 (2) (1992),
 Moffat JFM 741, R3 (2014).
- The Class-I of triads made of helical modes of same sign results in inverse energy transfer.

10 Fully helical-decimated NS Backward transfer 0.1 0.01 0.001 Eneregy Injection 10 k 100 1000

Can direct and inverse cascade of energy co-exist?





What happens in between?? when we give different weights to different class of triads...

Modified projection operator:

 $\mathcal{P}^+_{\alpha}(\mathbf{k})\mathbf{u}(\mathbf{k},t) = \mathbf{u}^+(\mathbf{k},t) + \theta_{\alpha}(\mathbf{k})\mathbf{u}^-(\mathbf{k},t)$

where $\theta_{\alpha}(\mathbf{k})$ is 0 with probability α and is 1 with probability $1 - \alpha$.

We consider triads of Class-I with probability 1, Class-III with probability $1 - \alpha$ and Class-II and Class-IV with probability $(1 - \alpha)^2$.

• $\alpha = 0 \rightarrow$ Standard Navier-Stokes. $\alpha = 1 \rightarrow$ Fully helical-decimated NS.

Critical value of α at which forward cascade of energy stops? alternatively, inverse cascade of energy stops if forced at small scales.



$$\mathsf{N}_{\mathsf{u}^{\pm}}(\mathsf{q}) = \mathcal{FT}\left[\mathsf{u}^{\pm}(\mathsf{k})\cdot \mathbf{
abla}\mathsf{u}^{\pm}(\mathsf{p})
ight]; \mathsf{q} = \mathsf{k} + \mathsf{p}; k \leq p \leq q$$

Note: We still have infinitely many triads, in the limit of infinite Re.

Robustness of energy cascade

E(k)

• Spectra for all values of α showing $k^{-5/3}$ suggest the forward cascade of to be strongly robust.

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- Unless we kill almost all the modes of one helicity-type energy always finds a way to reach small scales.
- The energy flux also remains unaffected by the decimation until α is very close to 1.
- Critical value of α is ~ 1 !
- Modes with opposite helicity act like catalysers for the forward energy transfer.

Sahoo, Bonaccorso, and Biferale, Phys. Rev. E 92, 051002 (2015) (Rapid Comm.).





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Chen, Phys. Fluids 2003

$$E^{\pm}(k) \sim C_1 \epsilon_E^{2/3} k^{-5/3} \left[1 \pm C_2 \left(rac{\epsilon_H}{\epsilon_E}
ight) k^{-1}
ight],$$

where ϵ_E is the mean energy dissipation rate and ϵ_H is the mean helicity dissipation rate.

Sahoo, Bonaccorso, and Biferale, Phys. Rev. E 92, 051002 (2015) (Rapid Comm.).



The E⁺(k) does not change with decimation.

- Fewer the negative helical modes, more energetic they are, to restore the explicitly broken parity invariance!
- Triads of Class-III and Class-IV are more effective than Class-I.





erc Intermittency





- Intermittency reduces significantly even when 10% of *u*- modes are removed.
- Extreme events of dissipation and the vortex tubes disappear.
- It reduces further and seems to be saturated with increasing α.
- Presence of all helical modes is crucial for intermittency.



Isovorticity surfaces





Helical condensates

- When the *u*⁻ modes are present only around a wavenumber *k*_m helical condensed are formed, realising a sort of Beltrami-patches.
- These coherent structures are similar to the ones suggested by Moffatt as ideal structures near maximal helicity,





Sahoo and Biferale Eur. Phys. J. E 38, 114 (2015)

H. K. Moffatt Proc. Natl. Acad. Sci.111, 3663 (2014)





- The forward cascade of energy is very robust in 3D turbulence. It requires only a few negative modes to act as catalyst to transfer energy forward.
- Only when α is very close to 1, i.e., we decimate almost all modes of one helical sign, inverse energy cascade takes over the forward cascade.
- We observe a strong tendency to recover parity invariance even in the presence of an explicit parity-invariance symmetry breaking (α >0).
- There is drastic reduction of intermittency with decimation. Vortex tubes usually associated with extreme events of energy dissipation disappear.
- Most importantly, only removal of helical modes dynamically, make this difference.
- Helical condensates are observed at the scales where oppositely signed helical modes in minority are present.





- Role of helicity for large-and small-scales turbulent fluctuations, G Sahoo, F Bonaccorso, and L Biferale.
 Phys. Rev. E 92, 051002 (R) (2015).
- Disentangling the triadic interactions in Navier-Stokes equations, G Sahoo and L Biferale.
 Eur. Phys. J. E 38, 114 (2015).
- Inverse energy cascade in three-dimensional isotropic turbulence, L Biferale, S Musacchio, and F Toschi.
 Phys. Rev. Lett. 108, 164501 (2012).