



European Research Council



Helicity in three dimensional turbulence

Ganapati Sahoo and Luca Biferale

University of Rome Tor Vergata, Italy

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- Introduction
- Helically Decimated Navier-Stoke's equation
- Energy transfer and helicity
- Large and small scale structures



Fumes



Clouds

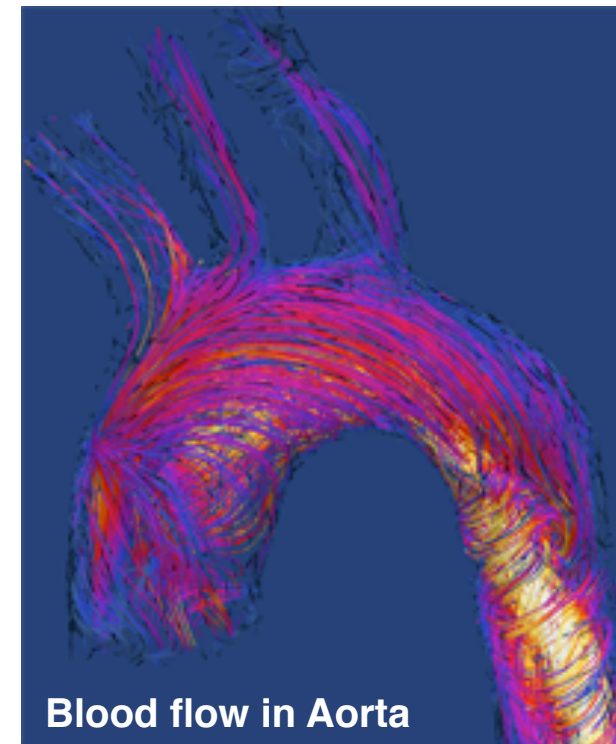


Tornado



Ocean

- All environmental flows are turbulent,
- Atmospheric boundary layer, Ocean Currents, interstellar clouds, flow of gas and oil in pipe lines, combustion in engines,



Blood flow in Aorta



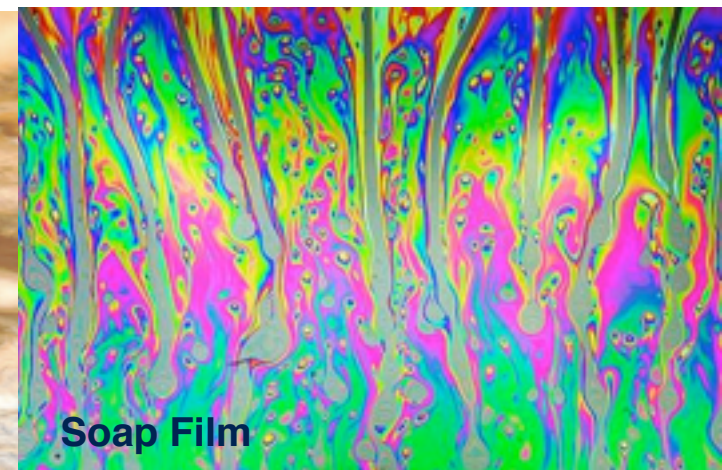
Windmills



Sun



Jupiter



Soap Film

- Navier-Stoke's equations for incompressible flow

$$\frac{\partial \mathbf{u}}{\partial t} + (\mathbf{u} \cdot \nabla) \mathbf{u} = -\frac{\nabla p}{\rho} + \nu \nabla^2 \mathbf{u} + \mathbf{f},$$
$$\nabla \cdot \mathbf{u} = 0.$$

- Energy

$$E = \int \mathbf{u}(\mathbf{x}) \cdot \mathbf{u}(\mathbf{x}) d^3 x$$

- Helicity

$$H = \int \mathbf{u}(\mathbf{x}) \cdot \boldsymbol{\omega}(\mathbf{x}) d^3 x$$

Betchov 1961

- are conserved in un-forced and non-dissipative flows.
- Helicity is a pseudoscalar: changes sign under parity.
- Unlike energy, helicity is not positive definite.

- For very high Re , the statistical properties of eddies of sizes in the inertial range of scales are
 - independent of the forced and dissipative scales, and are locally homogeneous and isotropic.
 - universally and uniquely determined by the length scale l , viscosity ν , and the rate of energy dissipation ε .

- Characteristic velocity of an eddy of size l scales as $u_l \sim (l\varepsilon)^{-1/3}$.

- Energy spectrum in the inertial range $E(k) \sim \varepsilon^{2/3} k^{-5/3}$,

$$\text{for } L^{-1} \ll k \ll \eta^{-1}; \quad \eta = \left(\frac{\nu^3}{\varepsilon} \right)^{1/4}$$

- Self-Similarity hypothesis: Structure functions of p -th order scales as

$$S_p(l) = \langle \delta u_l^p \rangle \sim (\varepsilon l)^{p/3},$$

$$\delta u_l = [\mathbf{u}(\mathbf{r} + \mathbf{l}) - \mathbf{u}(\mathbf{r})] \cdot \frac{\mathbf{l}}{l}.$$

- Nonlinearity: Since $u \cdot w$ is nonzero, there could be decrease in the nonlinearity $u \times w$. e.g. linear Bertram flows with maximal helicity.
- Nonlocality: Nonzero $u \cdot w$ also implies stronger coupling between large and small scales, i.e. increasing non-locality. e.g. production of large scale magnetic fields in conductive fluids.
- Self-production: At a very high Re , there is a growth of helicity at the small scales, even though total helicity remains finite, because of the symmetry.

- Energy gets distributed among scales by the nonlinear term in Navier-Stoke's equation and assuming a constant energy flux we observe the scaling behaviour

$$\delta u_l = [\mathbf{u}(\mathbf{r} + \mathbf{l}) - \mathbf{u}(\mathbf{r})] \cdot \frac{\mathbf{l}}{l} \sim \varepsilon^{1/3} l^{1/3}$$

$$\varepsilon = 2\nu \langle \partial_j u_i \partial_i u_j \rangle$$

- By similar dimensionality argument and assuming a constant helicity flux h [LT⁻³], we obtain

$$\delta u_l = [\mathbf{u}(\mathbf{r} + \mathbf{l}) - \mathbf{u}(\mathbf{r})] \cdot \frac{\mathbf{l}}{l} \sim h^{1/3} l^{2/3}$$

$$h = 2\nu \langle \partial_j u_i \partial_i \omega_j \rangle$$

- But such a scaling is not observed. **Why?**

- There is no purely helicity dominated turbulence since both energy and helicity cascade to the small scales.
- For the joint cascade of energy and helicity we expect

$$\delta u_l = [\mathbf{u}(\mathbf{r} + \mathbf{l}) - \mathbf{u}(\mathbf{r})] \cdot \frac{\mathbf{l}}{l} \sim \varepsilon^\beta h^\gamma l^\delta$$

- But then, we can not determine the exponents, uniquely, from dimensionality argument.
- Presence of helicity changes the geometrical structure in a subtle way, which could not be captured by simple dimensional analysis.

For pure energy cascade

$$\langle \delta u_L^3(\mathbf{r}) \rangle = -\frac{4}{5} \varepsilon r$$

For pure helicity cascade

$$\langle \delta u_L(\mathbf{r}) \delta \mathbf{u}(\mathbf{r}) \cdot \delta \boldsymbol{\omega}(\mathbf{r}) \rangle - \frac{1}{2} \langle \delta \boldsymbol{\omega}_L(\mathbf{r}) \delta \mathbf{u}(\mathbf{r}) \cdot \delta \mathbf{u}(\mathbf{r}) \rangle = -\frac{4}{3} h r$$

Where

$$\delta \mathbf{u}(\mathbf{r}) \equiv \mathbf{u}(\mathbf{x} + \mathbf{r}) - \mathbf{u}(\mathbf{x}); \delta u_L(\mathbf{r}) \equiv \delta \mathbf{u}(\mathbf{r}) \cdot \frac{\mathbf{r}}{r}$$

$$\delta \boldsymbol{\omega}(\mathbf{r}) \equiv \boldsymbol{\omega}(\mathbf{x} + \mathbf{r}) - \boldsymbol{\omega}(\mathbf{x}); \delta \boldsymbol{\omega}_L(\mathbf{r}) \equiv \delta \boldsymbol{\omega}(\mathbf{r}) \cdot \frac{\mathbf{r}}{r}$$

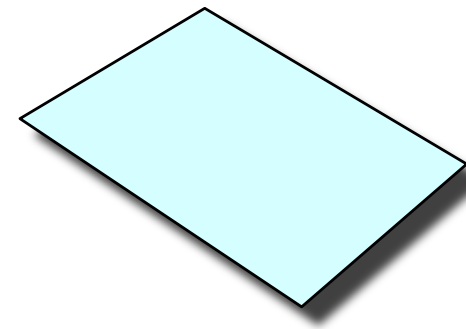
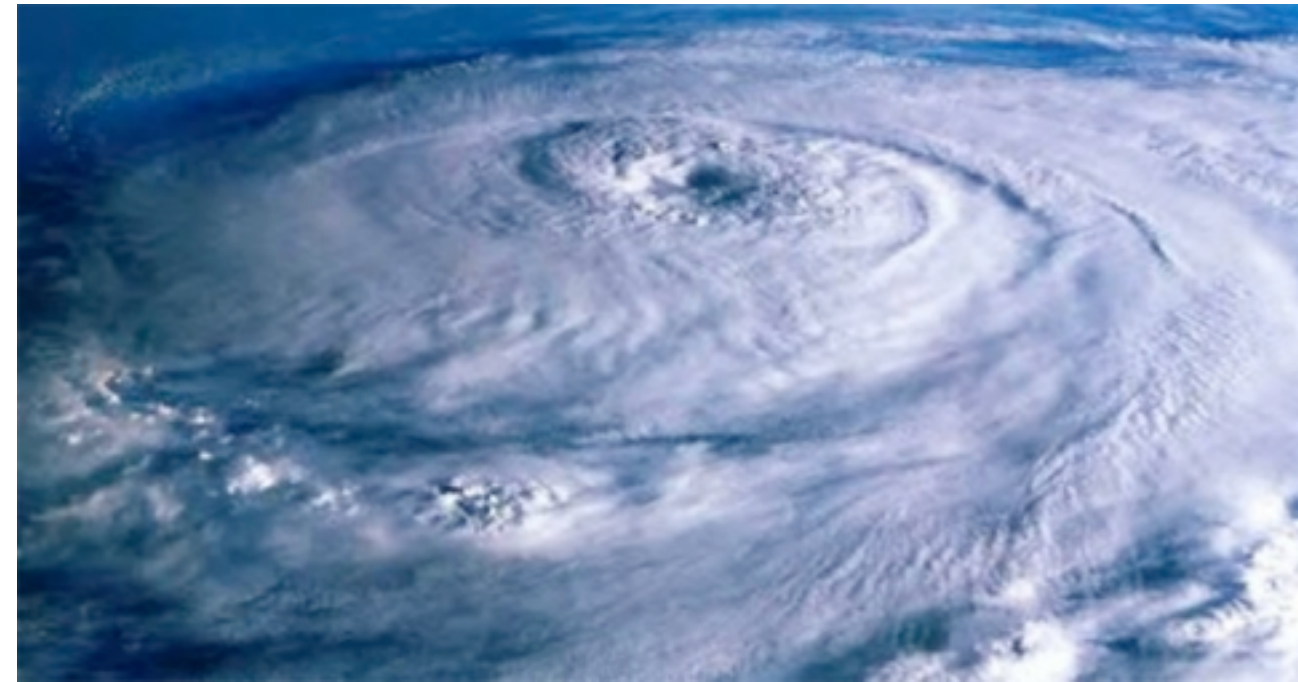
- The direction of cascade is determined by positive-definite inviscid invariants.
- In 2D: energy and enstrophy are conserved; both positive-definite.
- In 3D: energy and helicity are conserved; helicity is not positive-definite.



3D: Kinetic energy is transferred from large to small eddies

2D: Kinetic energy is transferred from small to large eddies

- Many flows are quasi-2D, like thick films, geophysical flows like ocean and atmosphere.
- Physical phenomena change the dimensionality of the system, like rotation.
- There have been evidence of inverse energy cascade in such systems.
- Also conducting fluids transfer energy to the large scales.

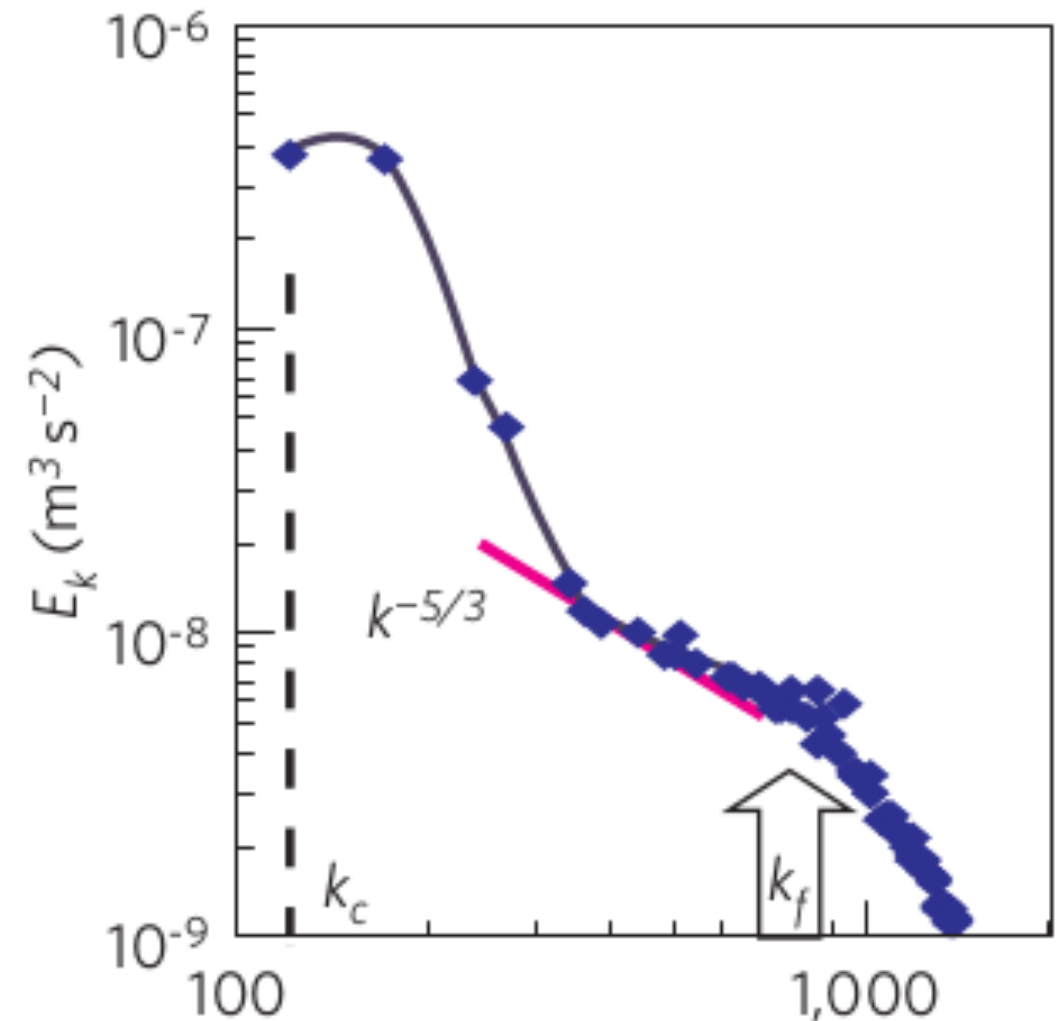


A4 paper (80gr/m²)
 $L_1 = 210 \text{ mm}$
 $L_2 = 297 \text{ mm}$
 $h = 0.1 \text{ mm}$

Pacific Ocean
N-S = 15000 km
E-W = 19800 km
average depth = 4.28 km

Transition from 3D to 2D

- Dimensional transition occurs in turbulent fluid layers from 3D direct energy cascade to 2D inverse energy cascade as we decrease the thickness of the layer.
- Depending upon the aspect ratio there is a coexistence of inverse and direct cascade.
- Enstrophy (w.w) becomes quasi-invariant as only conserved by large scale dynamics where the flow is two dimensional.
- Inverse cascade develops because of existence of another positive definite conserved quantity.



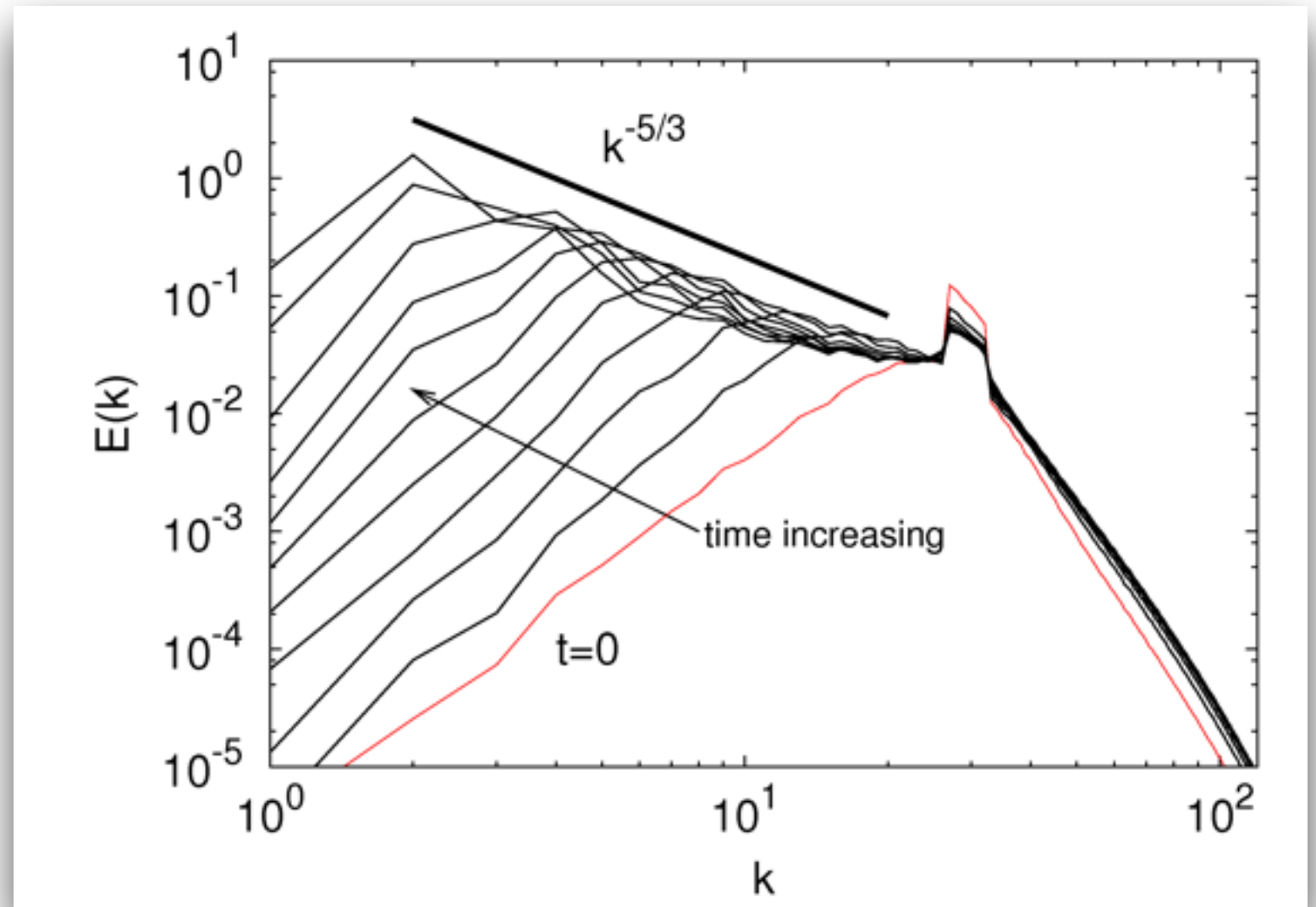
Upscale energy transfer in thick turbulent fluid layers

H. Xia¹, D. Byrne¹, G. Falkovich² and M. Shats^{1*}

Nat. Phys. 7, 321 (2011)

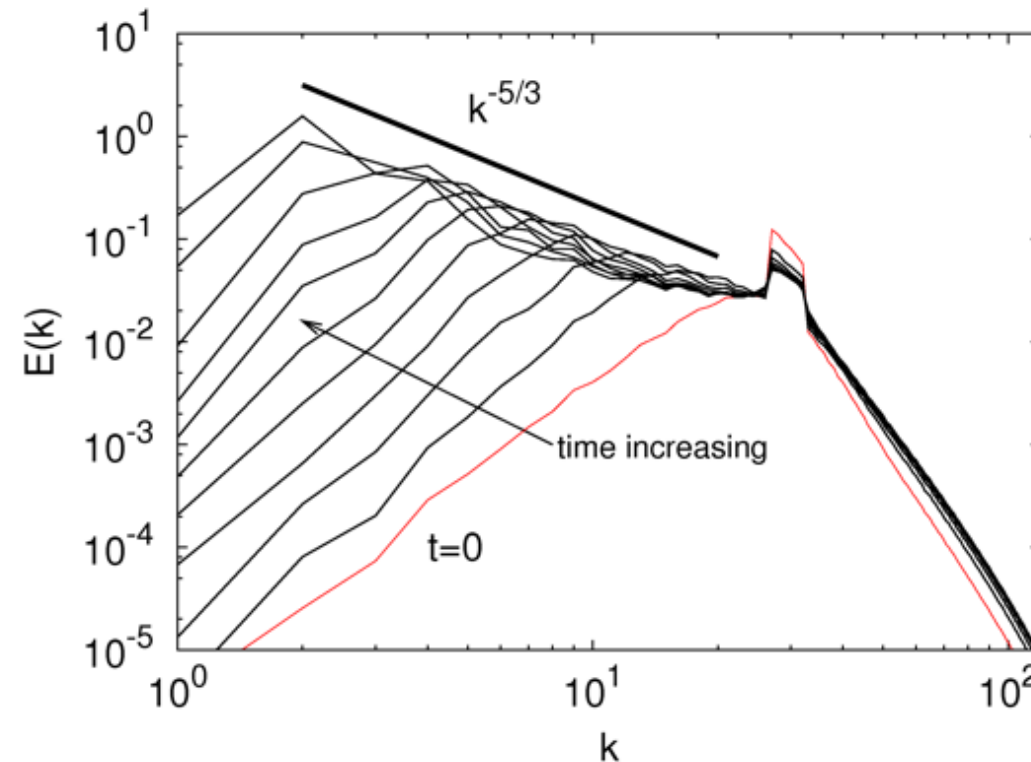
- **If we make helicity positive definite, do we see inverse energy transfer in 3D?**

- Making the helicity sign-definite, we observe inverse cascade of energy.



Inverse energy cascade in three-dimensional isotropic turbulence,
Biferale, L., Musacchio, S., Toschi, F., Phys. Rev. Lett. 108, 164501 (2012)

- Making the helicity sign-definite, we observe inverse cascade of energy.



Inverse energy cascade in three-dimensional isotropic turbulence,
Biferale, L., Musacchio, S., Toschi, F., Phys. Rev. Lett. 108, 164501 (2012)

Can direct and inverse cascade of energy co-exist?

Pseudospectral method for DNS

- ▶ We solve the Navier-Stokes equations on a triply periodic box of size 2π .
- ▶ Initial velocity field is in Fourier space on a grid of size N^3 .
- ▶ The nonlocal terms like $\vec{\nabla} \times \vec{u}$, $\nabla^2 \vec{u}$ are evaluated in Fourier space.
- ▶ Terms like $\vec{u} \times \vec{\omega}$ are calculated in real space.
- ▶ Switch between real and Fourier space by using the FFT algorithm FFTW.
- ▶ For the first step of evolution a Runge-Kutta scheme is used.
- ▶ Then an Adams-Bashforth second-order scheme is used.

For an equation of the form

$$\frac{dq}{dt} = -\alpha q + f(t) \quad (1)$$

A second-order Adams-Bashforth scheme

$$q(t + \delta t) = e^{-2\alpha\delta t} q(t - \delta t) + \frac{1 - e^{-2\alpha\delta t}}{2\alpha} \times [3f(t) - f(t - \delta t)]. \quad (2)$$

- 3D Navier-Stokes equations in Fourier-space

$$\dot{u}_i(k) + \left(\delta_{ij} - \frac{k_i k_j}{k^2} \right) N_j(k) = -\nu k^2 u_i(k),$$

$$\text{where } N_i(q) = \sum_{\mathbf{q}=\mathbf{k}+\mathbf{p}} ik_j u_i(k) u_j(p)$$

- ▶ In Fourier space, $\mathbf{u}(\mathbf{k}, t)$ has two degrees of freedom since $\mathbf{k} \cdot \mathbf{u}(\mathbf{k}, t) = 0$.
- ▶ We chose projection on orthonormal helical waves with definite sign of helicity.

- ▶ Following Waleffe Phys. Fluids (1992)

$$\mathbf{u}(\mathbf{k}, t) = a^+(\mathbf{k}, t)\mathbf{h}^+(\mathbf{k}) + a^-(\mathbf{k}, t)\mathbf{h}^-(\mathbf{k})$$

\mathbf{u}^+ \mathbf{u}^-

where $\mathbf{h}^\pm(\mathbf{k})$ are the complex eigenvectors of the curl operator $i\mathbf{k} \times \mathbf{h}^\pm(\mathbf{k}) = \pm k\mathbf{h}^\pm(\mathbf{k})$.

- ▶ $\mathbf{h}_s^* \cdot \mathbf{h}_t = 2\delta_{st}$; $\mathbf{h}_s^* = \mathbf{h}_{-s}$,

where s and t could be $+1$ or -1

- ▶ Choose $\mathbf{h}^\pm(\mathbf{k}) = \hat{\boldsymbol{\mu}}(\mathbf{k}) \times \hat{\mathbf{k}} \pm i\hat{\boldsymbol{\mu}}$,

where $\hat{\boldsymbol{\mu}}$ is an arbitrary unit vector orthogonal to \mathbf{k}

- ▶ reality of the velocity field requires $\hat{\boldsymbol{\mu}}(\mathbf{k}) = -\hat{\boldsymbol{\mu}}(-\mathbf{k})$

- ▶ Such requirement is satisfied, e.g., by the choice

$$\hat{\boldsymbol{\mu}}(\mathbf{k}) = \mathbf{z} \times \mathbf{k} / \|\mathbf{z} \times \mathbf{k}\|, \text{ with } \mathbf{z} \text{ an arbitrary vector.}$$

- ▶ Decimated Navier-Stokes equations in Fourier space:

$$\partial_t \mathbf{u}^\pm(\mathbf{k}, t) = \mathcal{P}^\pm(\mathbf{k}) \mathbf{N}_{u^\pm}(\mathbf{k}, t) + \nu k^2 \mathbf{u}^\pm(\mathbf{k}, t) + \mathbf{f}^\pm(\mathbf{k}, t)$$

where ν is kinematic viscosity and \mathbf{f} is external forcing.

- ▶ The nonlinear term containing all triadic interactions

$$\mathbf{N}_{u^\pm}(\mathbf{k}, t) = \mathcal{FT}(\mathbf{u}^\pm \cdot \nabla \mathbf{u}^\pm - \nabla p)$$

- ▶ Projection operator:

$$\mathcal{P}^\pm(\mathbf{k}) \equiv \frac{\mathbf{h}^\pm(\mathbf{k}) \otimes \mathbf{h}^\pm(\mathbf{k})^*}{\mathbf{h}^\pm(\mathbf{k})^* \cdot \mathbf{h}^\pm(\mathbf{k})}$$

$$\mathbf{u}^\pm(\mathbf{k}, t) = \mathcal{P}^\pm(\mathbf{k}) \mathbf{u}(\mathbf{k}, t)$$

$$\mathbf{u}(\mathbf{k}, t) = \mathbf{u}^+(\mathbf{k}, t) + \mathbf{u}^-(\mathbf{k}, t)$$

- ▶ Energy $E(t) = \sum_{\mathbf{k}} |\mathbf{u}^+(\mathbf{k}, t)|^2 + |\mathbf{u}^-(\mathbf{k}, t)|^2$.
- ▶ Helicity $\mathcal{H}(t) = \sum_{\mathbf{k}} k (|\mathbf{u}^+(\mathbf{k}, t)|^2 - |\mathbf{u}^-(\mathbf{k}, t)|^2)$.

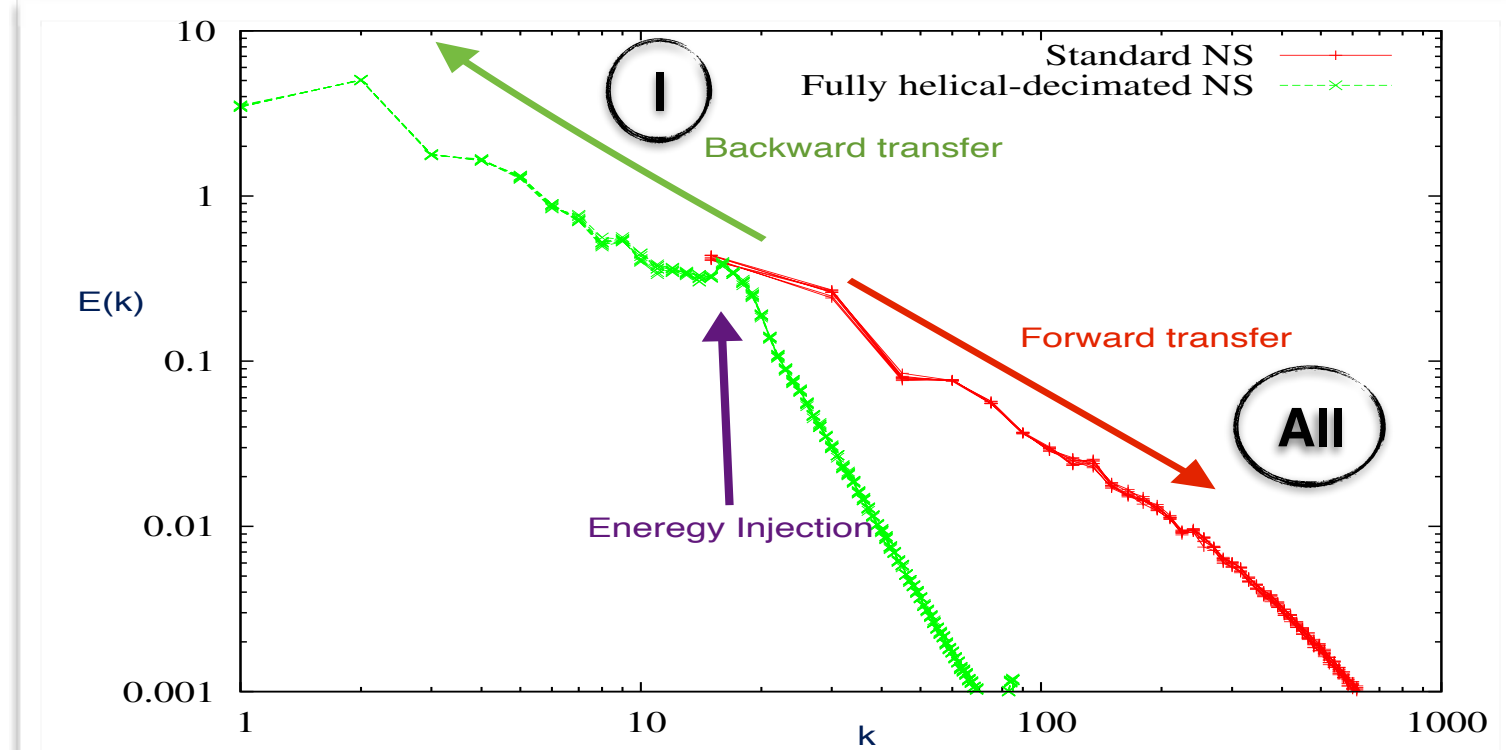
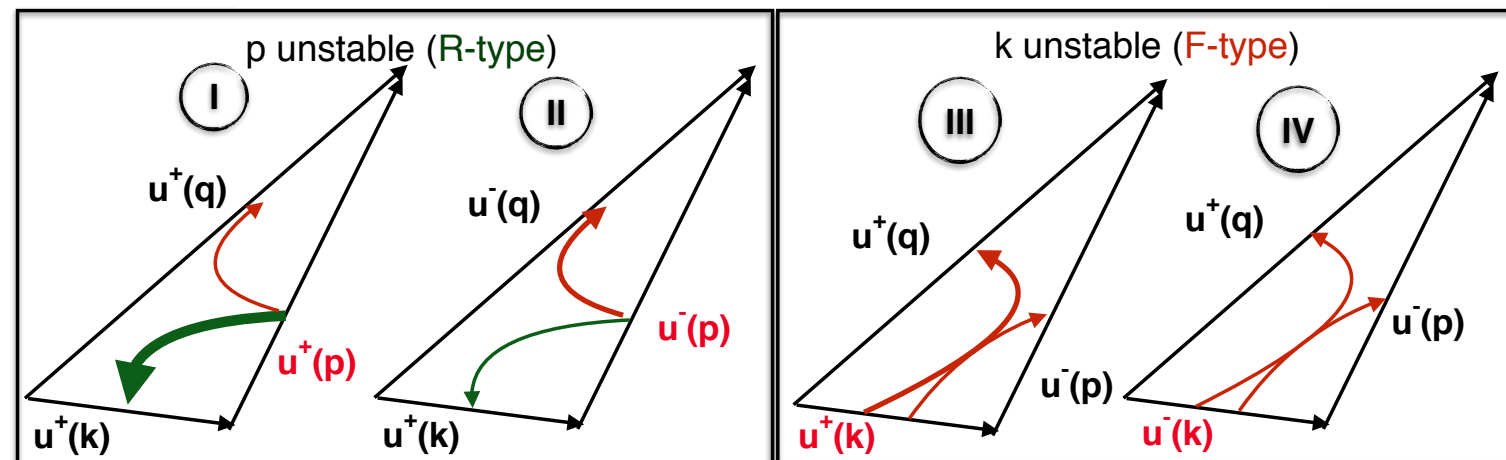
R-type: When large wavenumbers have same sign, middle one is unstable and could transfer energy to both small and large wavenumbers;

- predominantly to the smallest wavenumber if it has the same sign [**Class-I (+, +, +)**].
- mixed transfer if smallest wavenumber has the opposite sign [**Class-II (+, -, -)**].

F-type: When large wavenumbers have opposite sign, smallest one is unstable and could transfer energy only to large wavenumbers, for both **Class-III (+, -, +)** and **Class-IV (-, -, +)**.

- Energy and helicity are conserved for each individual triad.
- Triads with only u^+ , i.e. Class-I, lead to reversal of energy cascade.
- Energy spectra in the inverse cascade regime shows a $k^{-5/3}$ slope.

$$N_{u^\pm}(\mathbf{q}) = \mathcal{FT} [\mathbf{u}^\pm(\mathbf{k}) \cdot \nabla \mathbf{u}^\pm(\mathbf{p})] ; \mathbf{q} = \mathbf{k} + \mathbf{p}; k \leq p \leq q$$



What happens in between??

when we give different weights to different class of triads...

- Modified projection operator:

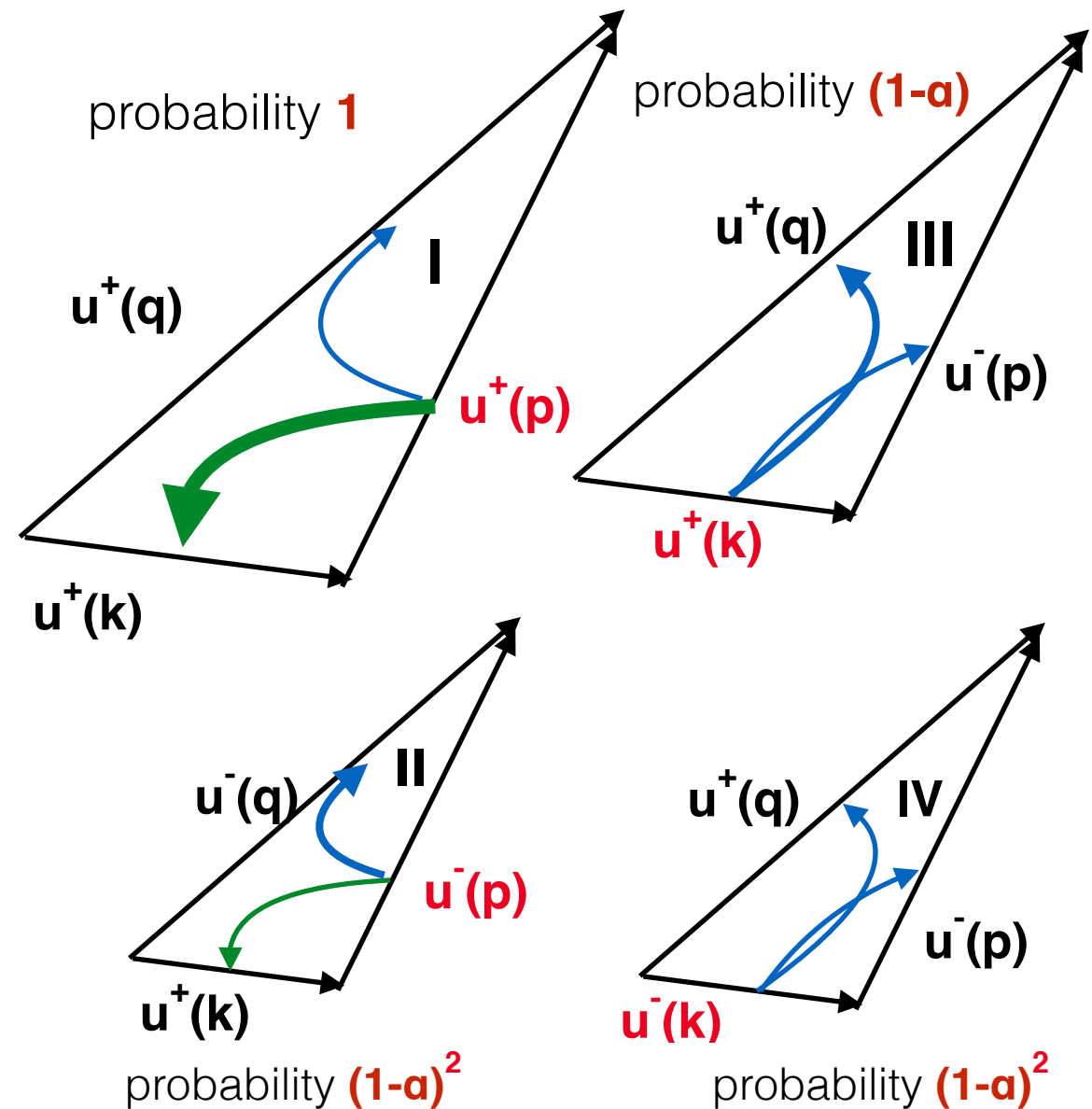
$$\mathcal{P}_\alpha^+(\mathbf{k})\mathbf{u}(\mathbf{k}, t) = \mathbf{u}^+(\mathbf{k}, t) + \theta_\alpha(\mathbf{k})\mathbf{u}^-(\mathbf{k}, t)$$

where $\theta_\alpha(\mathbf{k})$ is 0 with probability α and is 1 with probability $1 - \alpha$.

- We consider triads of Class-I with probability 1, Class-III with probability $1 - \alpha$ and Class-II and Class-IV with probability $(1 - \alpha)^2$.

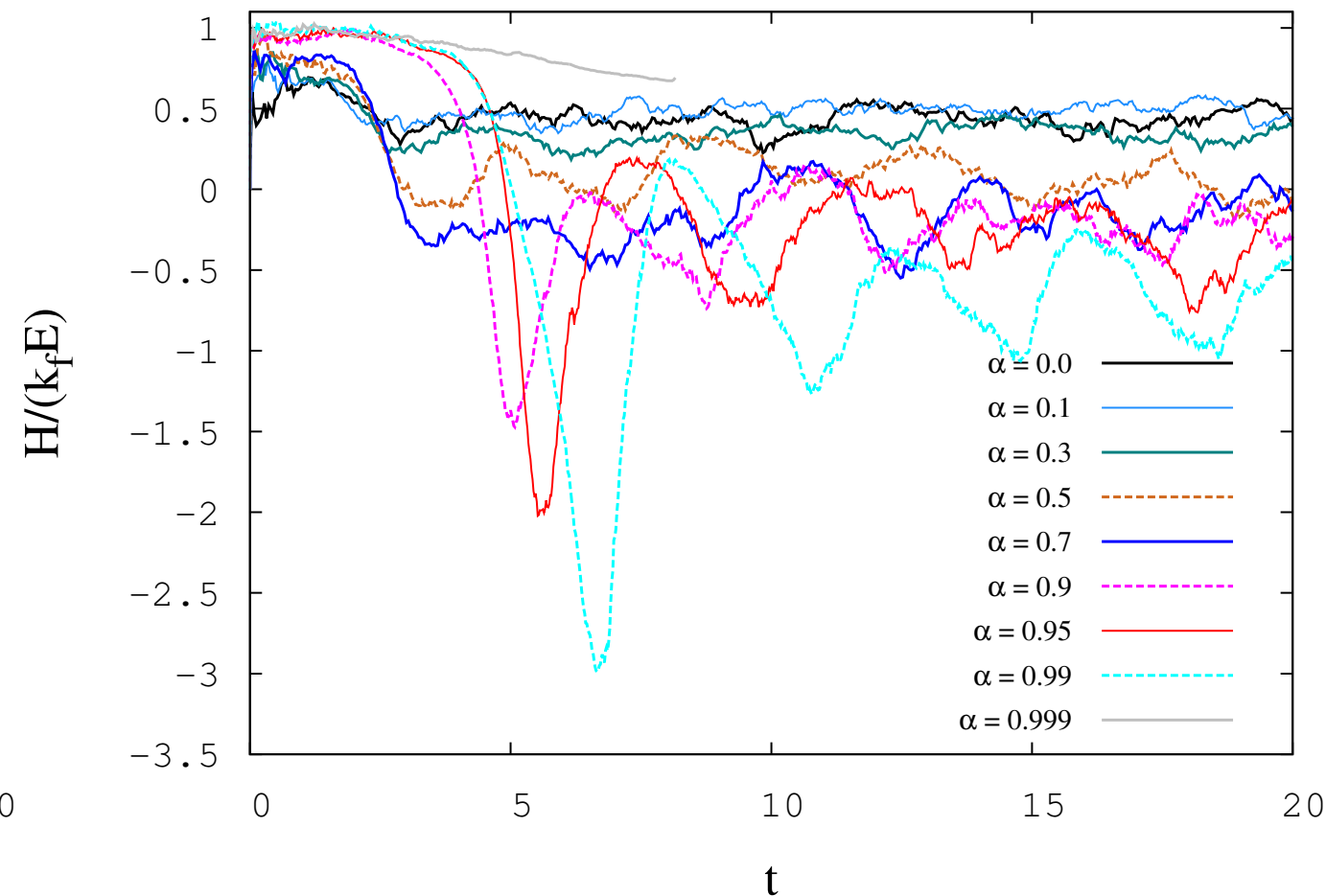
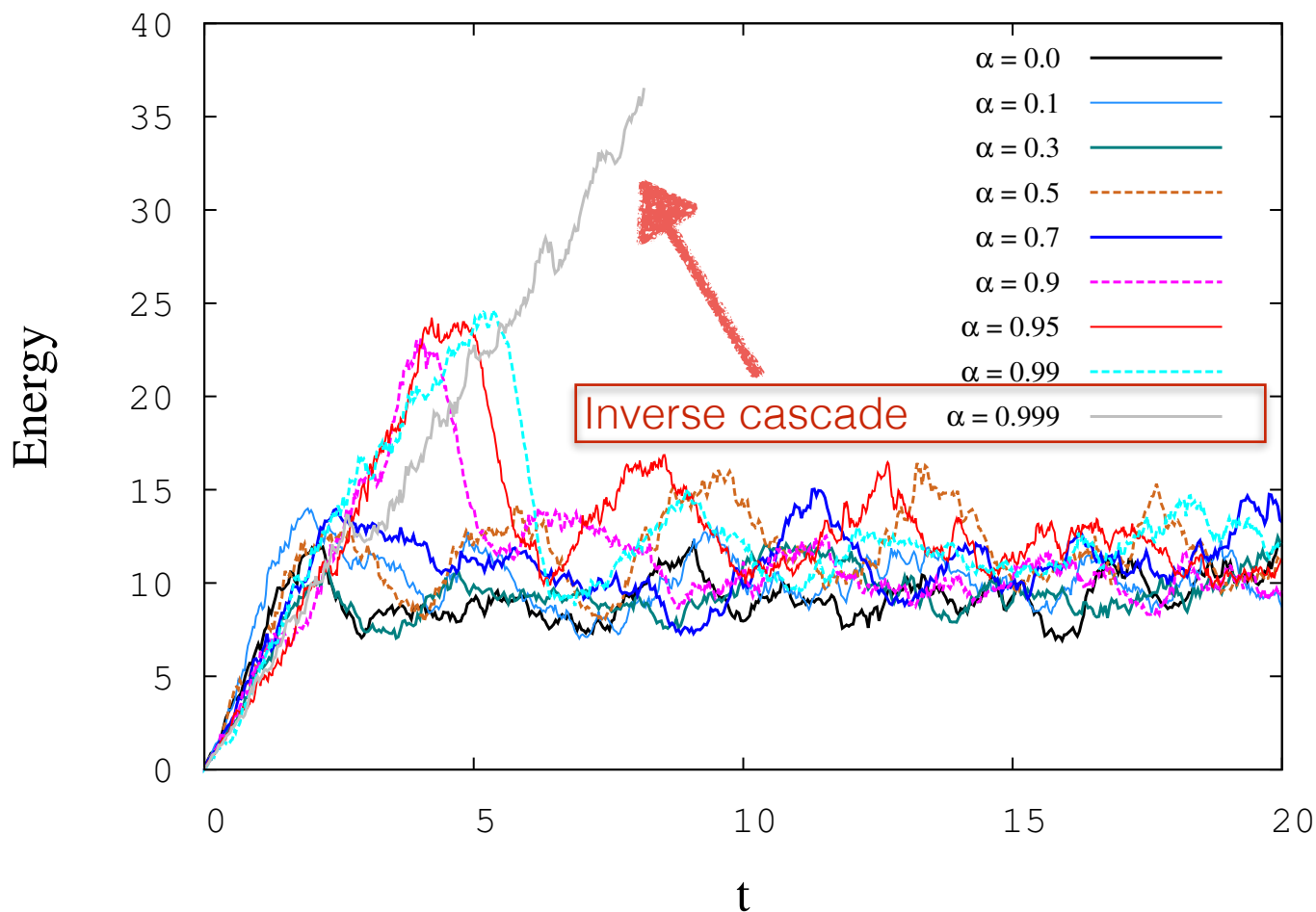
- $\alpha = 0 \rightarrow$ Standard Navier-Stokes.
- $\alpha = 1 \rightarrow$ Fully helical-decimated NS.

- Critical value of α at which forward cascade of energy stops?
alternatively, inverse cascade of energy stops if forced at small scales.



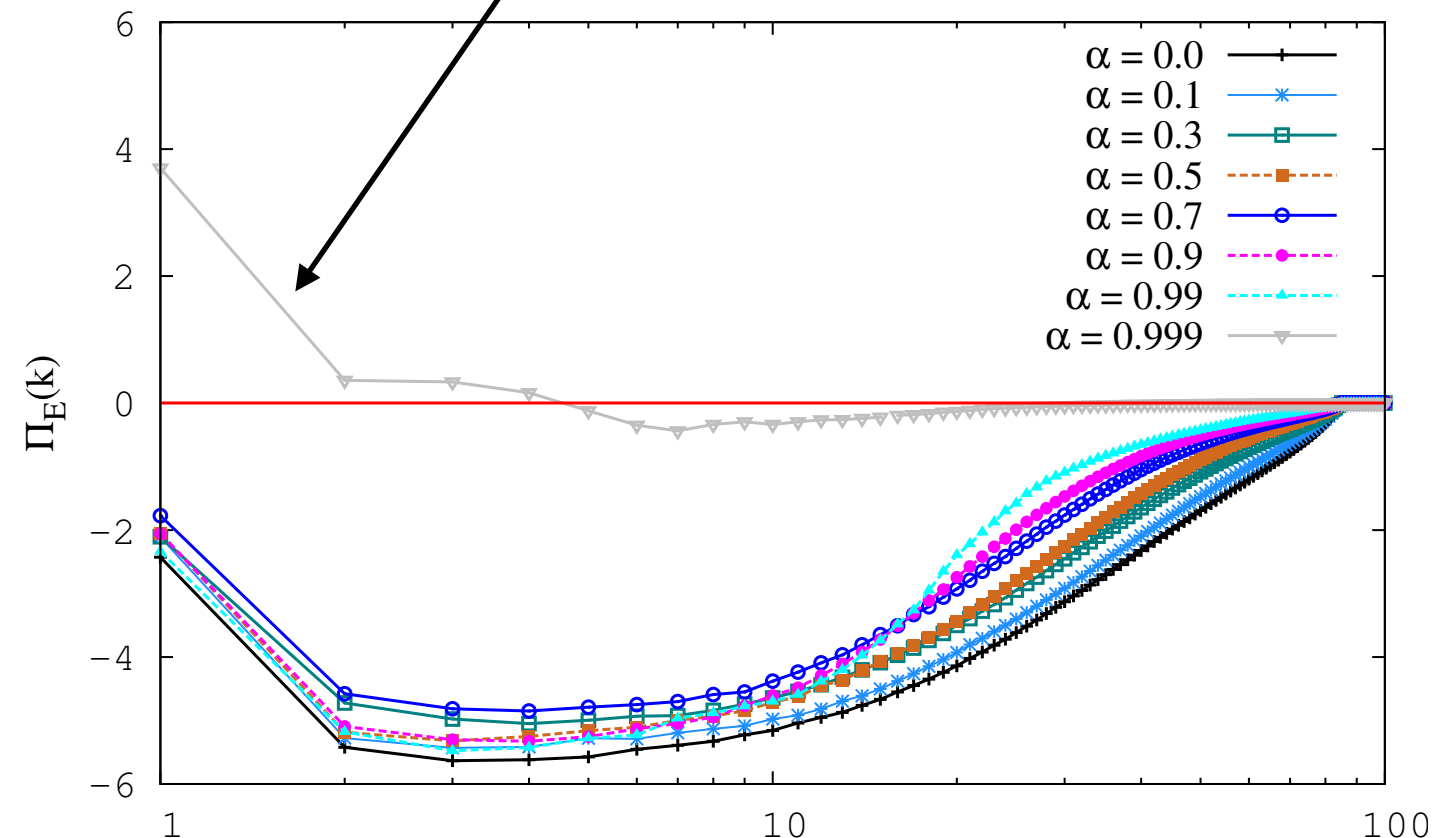
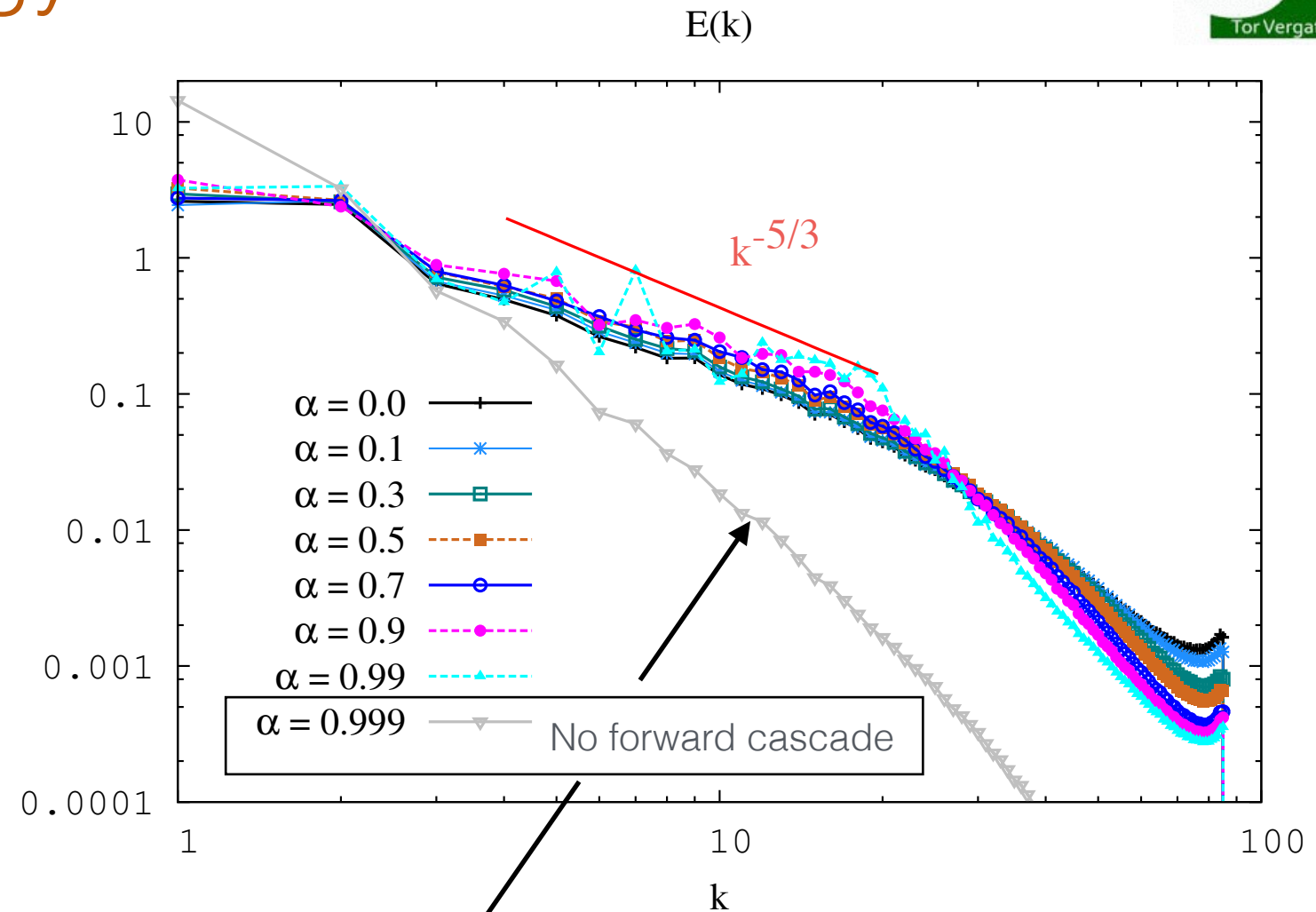
$$\mathbf{N}_{\mathbf{u}^\pm}(\mathbf{q}) = \mathcal{FT} [\mathbf{u}^\pm(\mathbf{k}) \cdot \nabla \mathbf{u}^\pm(\mathbf{p})]; \mathbf{q} = \mathbf{k} + \mathbf{p}; k \leq p \leq q$$

- Pseudo-spectral DNS on a triply periodic cubic domain of size $L = 2\pi$ with resolutions up to 512^3 collocation points.



- The peaks suggest the building up of the energy at forced large scales before being able to transfer to the small scales.
- The cascade of energy starts only when helicity becomes active, i.e., modes with negative helicity becomes energetic.
- With increase in α the peak grows, a signature of inverse cascade.

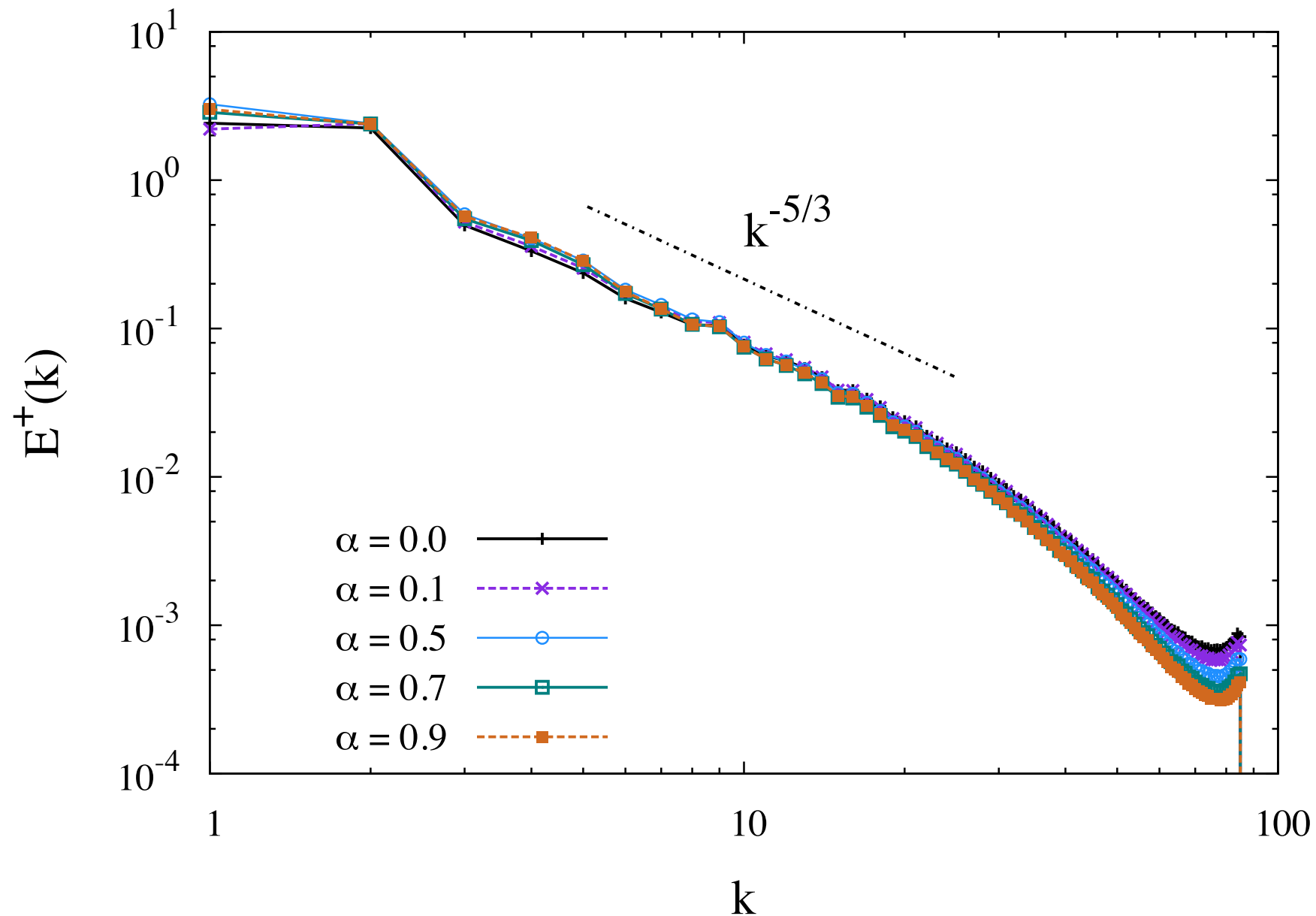
- Spectra for all values of α showing $k^{-5/3}$ suggest the forward cascade of to be strongly robust.
- Unless we kill almost all the modes of one helicity-type energy always finds a way to reach small scales.
- The energy flux also remains unaffected by the decimation until α is very close to 1.
- **Critical value of α is ~ 1 !**



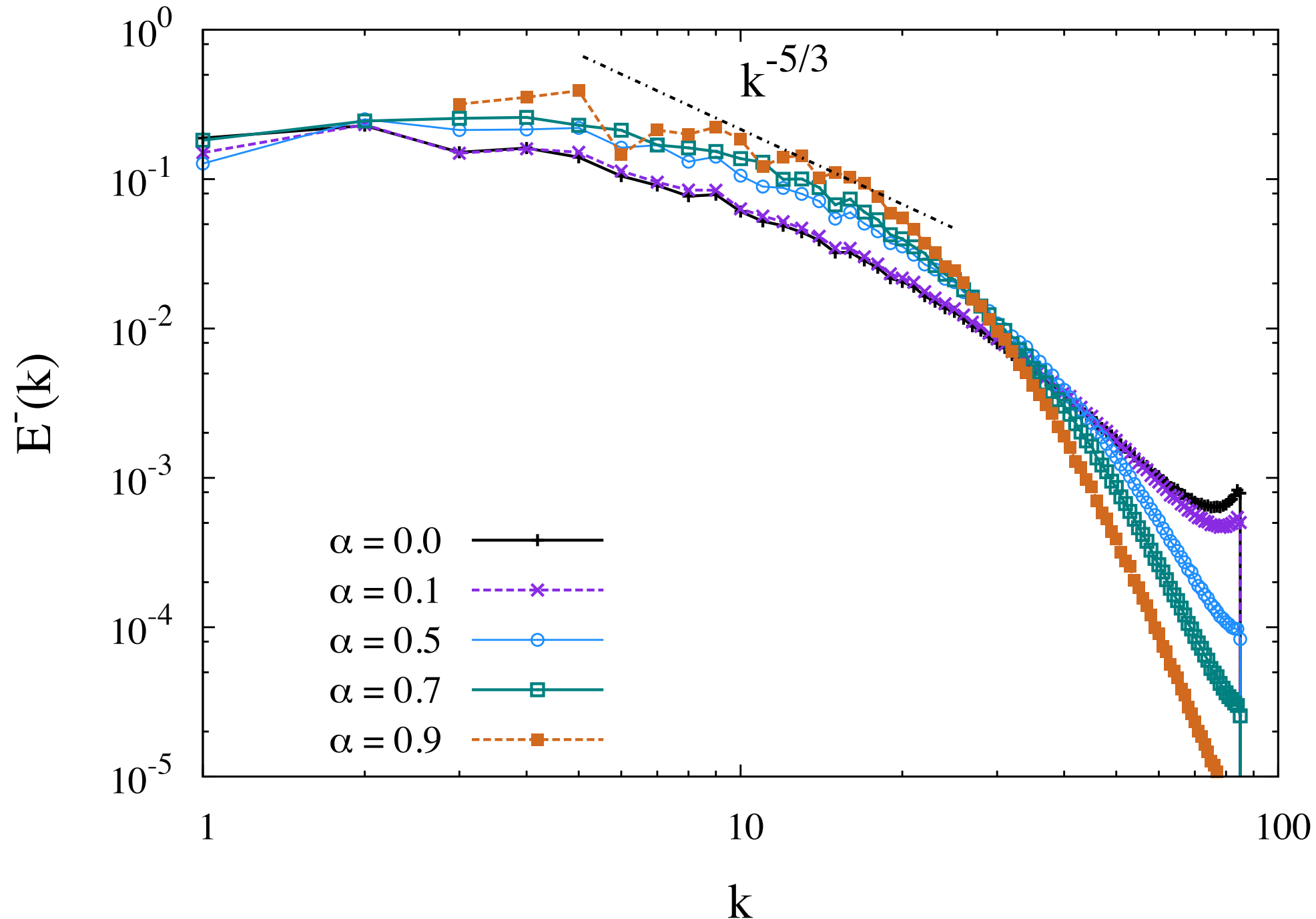
Chen, Phys. Fluids 2003

$$E^\pm(k) \sim C_1 \epsilon_E^{2/3} k^{-5/3} \left[1 \pm C_2 \left(\frac{\epsilon_H}{\epsilon_E} \right) k^{-1} \right],$$

where ϵ_E is the mean energy dissipation rate
and ϵ_H is the mean helicity dissipation rate.



- The $E^+(k)$ does not change with decimation.



- $E^-(k)$ shows that as we have fewer negative helical modes, they become more energetic in the inertial range of scales.

- The forward cascade of energy is through the triads of Class-III where two large wavenumber modes have opposite sign of helicity.
- The energy flux is carried by correlations of type

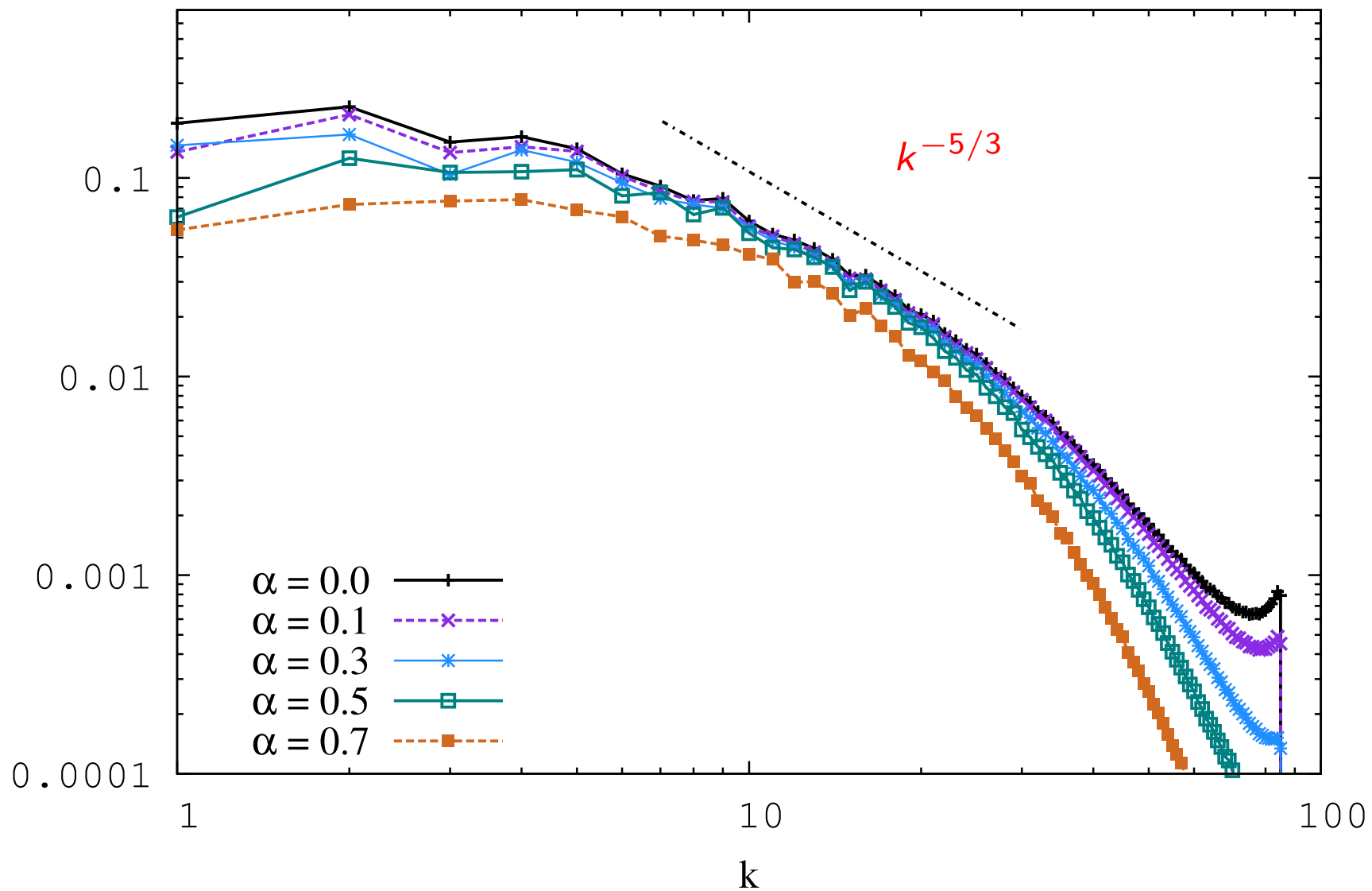
$$S(k|p, q) = \langle (\mathbf{k} \cdot \mathbf{u}_q^-)(\mathbf{u}_k^+ \cdot \mathbf{u}_p^+) \rangle + \langle (\mathbf{k} \cdot \mathbf{u}_p^+)(\mathbf{u}_k^+ \cdot \mathbf{u}_q^-) \rangle.$$

- This involves two positive helical modes and one negative helical modes.
- To maintain the constant flux, $\mathbf{u}^-(k)$ must be rescaled by $(1-\alpha)$. since $\mathbf{u}^-(k)$ exists with probability $(1-\alpha)$.

$$u_{\mathbf{k}}^- \rightarrow u_{\mathbf{k}}^- / (1 - \alpha),$$

$$E^-(k) = \sum_{|\mathbf{k}|=k} (1 - \gamma_{\mathbf{k}}) |u_{\mathbf{k}}^-|^2 \rightarrow E^-(k) / (1 - \alpha),$$

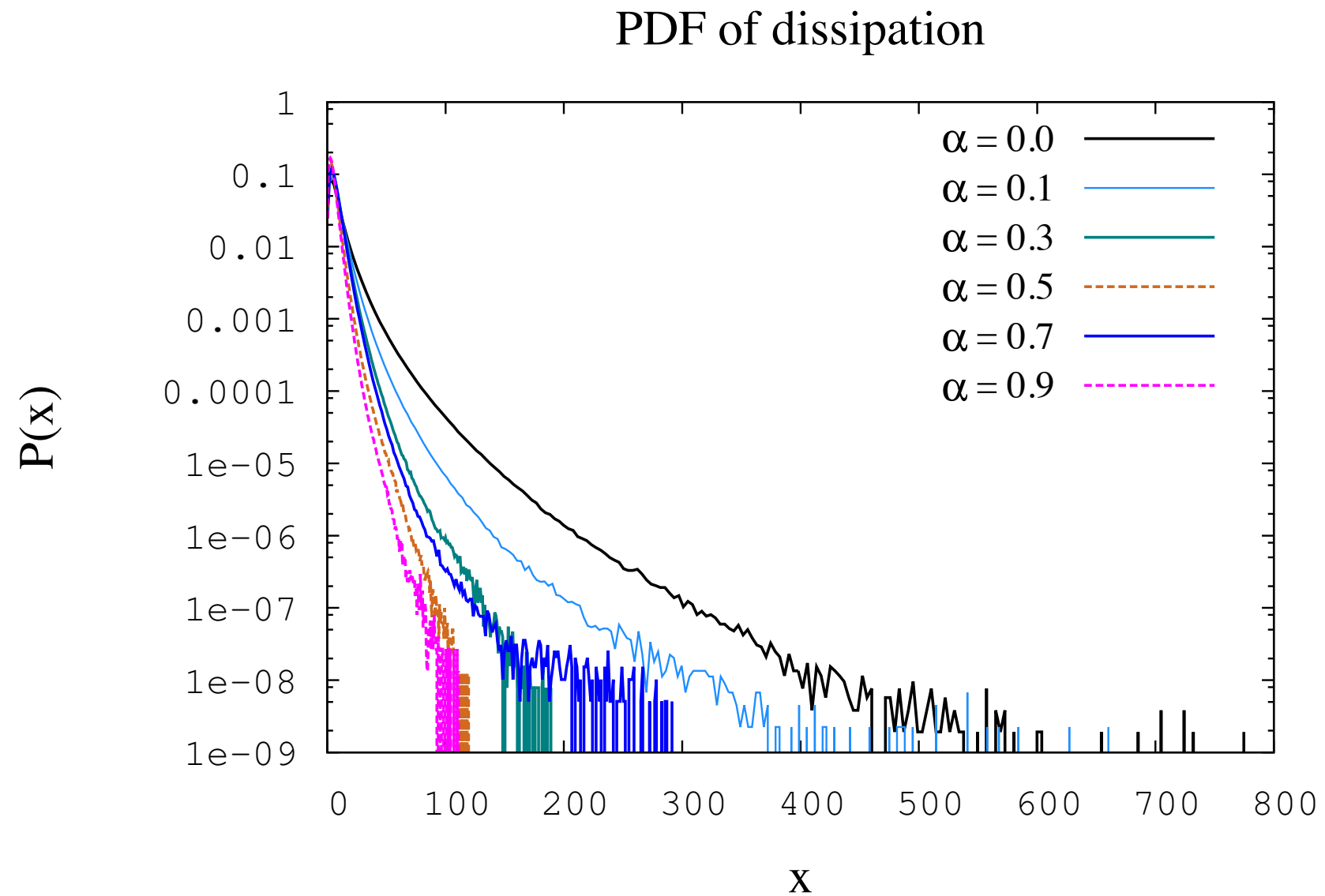
$(1-\alpha)E^-(k)$



- Invariance of parity is restored through scaling of $E^-(k)$ by the factor $(1-\alpha)$.

- As we increase decimation of the modes with negative helicity (α), the contribution of triads leading to inverse energy cascade grows.
- The forward cascade of energy is very robust in 3D turbulence. It requires only a few negative modes to act as catalyst to transfer energy forward.
- Only when α is very close to 1, i.e., we decimate almost all modes of one helical sign, inverse energy cascade takes over the forward cascade.
- We observe a strong tendency to recover parity invariance even in the presence of an explicit parity-invariance symmetry breaking ($\alpha > 0$).

- What about abrupt symmetry breaking at some k_c ?
 - can we stop the cascade by killing all negatives modes from $k > k_c$?
 - or can we start it at our wish (killing all modes up to k_c)?
- What about intermittency in the forward cascade regime at changing α ?



Comparison of PDFs of local energy dissipation rates show reduction of longer tails with increase in fraction of decimation α . Less of extreme dissipation events show decrease in intermittency with increasing α

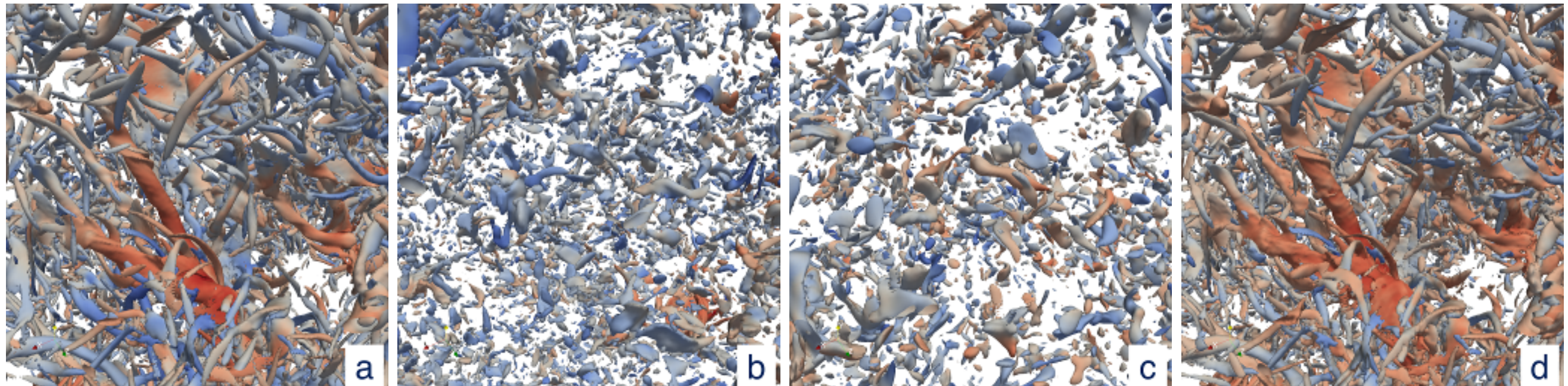
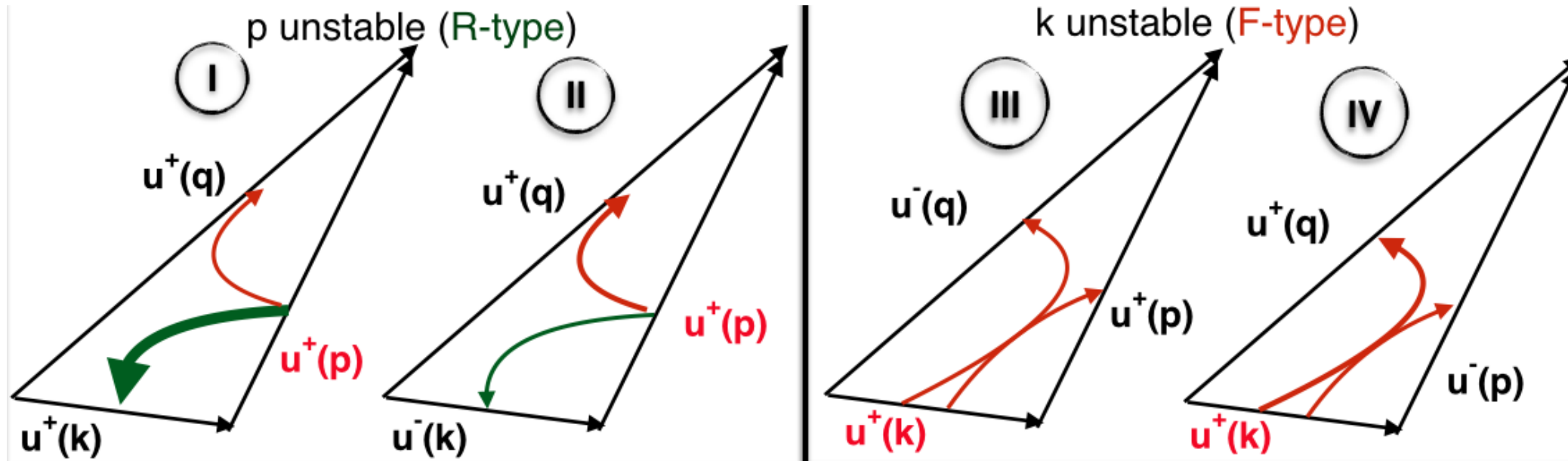


FIG. 3: (color online) iso-vorticity surfaces for: (a) $\alpha = 0$, (b) $\alpha = 0.5$, (c) $\alpha = 0.9$. Last plot (d) is obtained applying the projection with $\alpha = 0.5$ on the original NSE fields without any dynamical decimation. Color palette is proportional to the intensity of the helicity.

- There is a strong depletion of filament-like structures with dynamical decimation of negative helical modes.
- However, static decimation of negative helical modes preserves such structures.

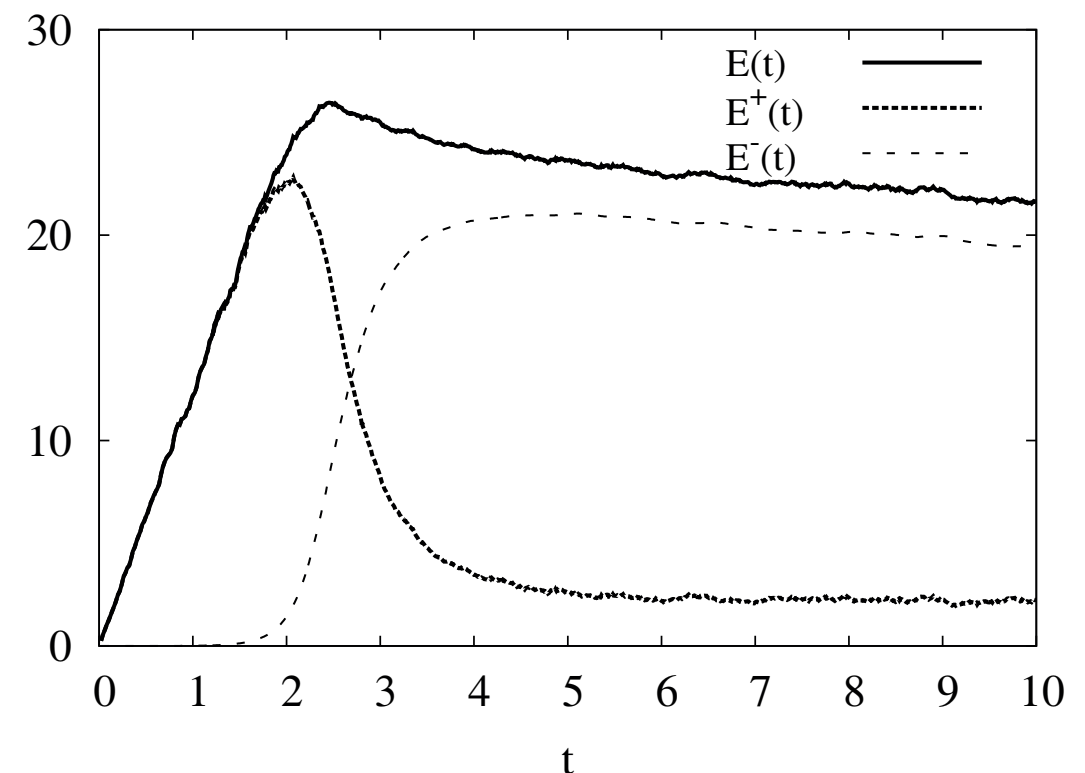
- There is drastic reduction of intermittency with decimation.
- Vortex tubes usually associated with extreme events of energy dissipation disappear.
- Most importantly, only removal of helical modes dynamically, make this difference.
- Helicity surely plays a role in the direction of energy transfer and intermittency in the system.

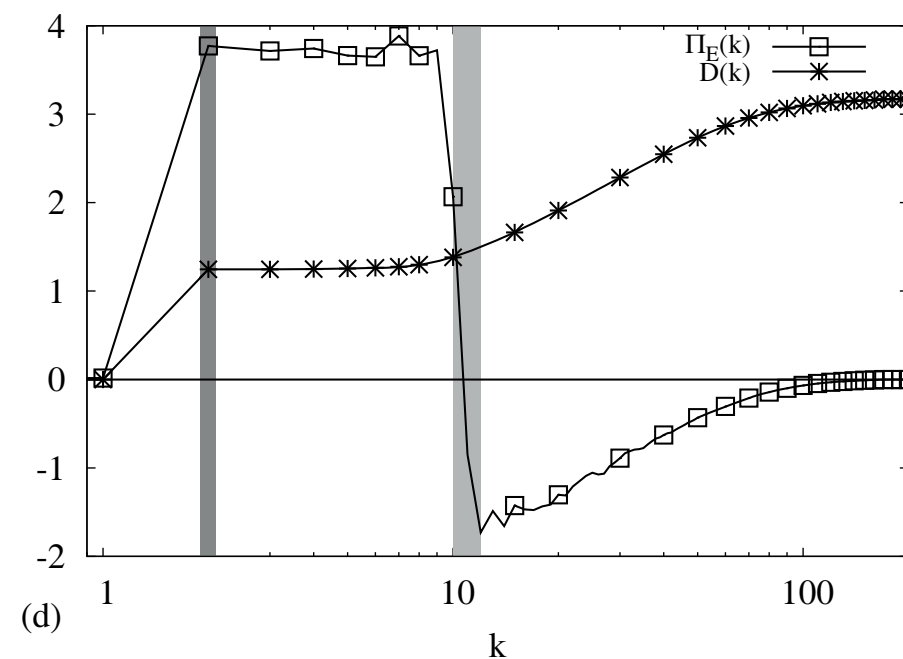
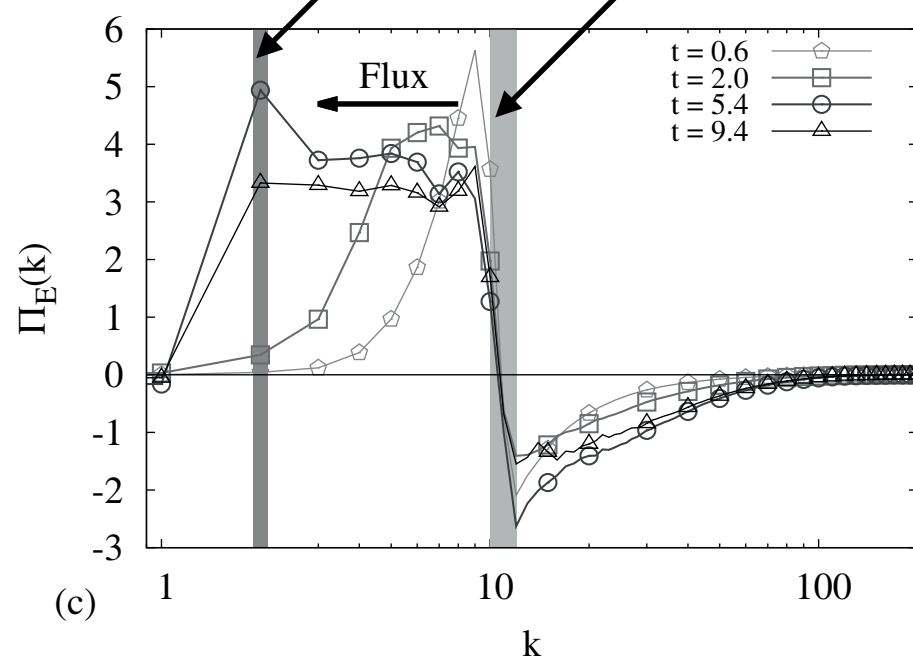
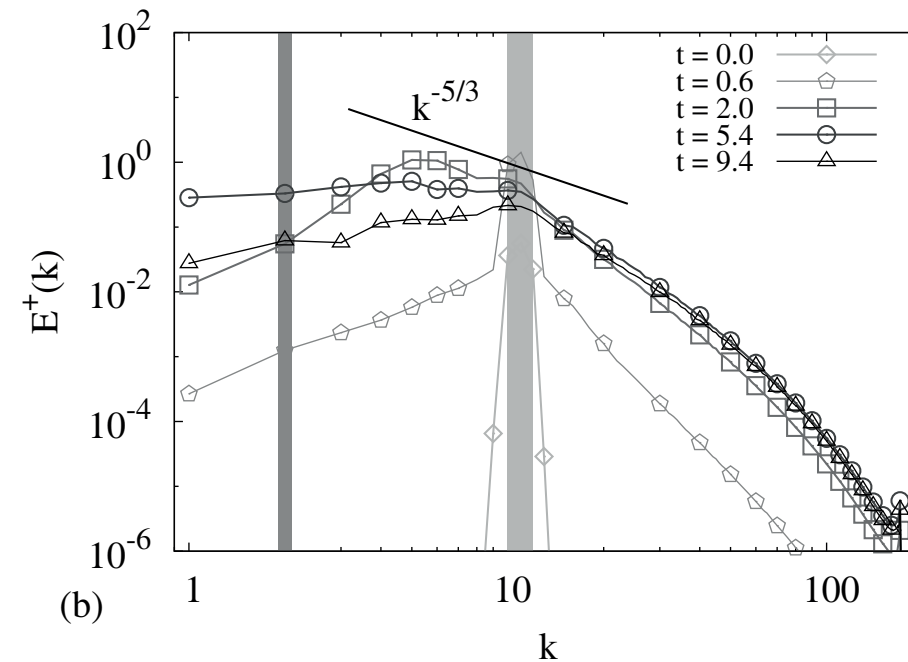
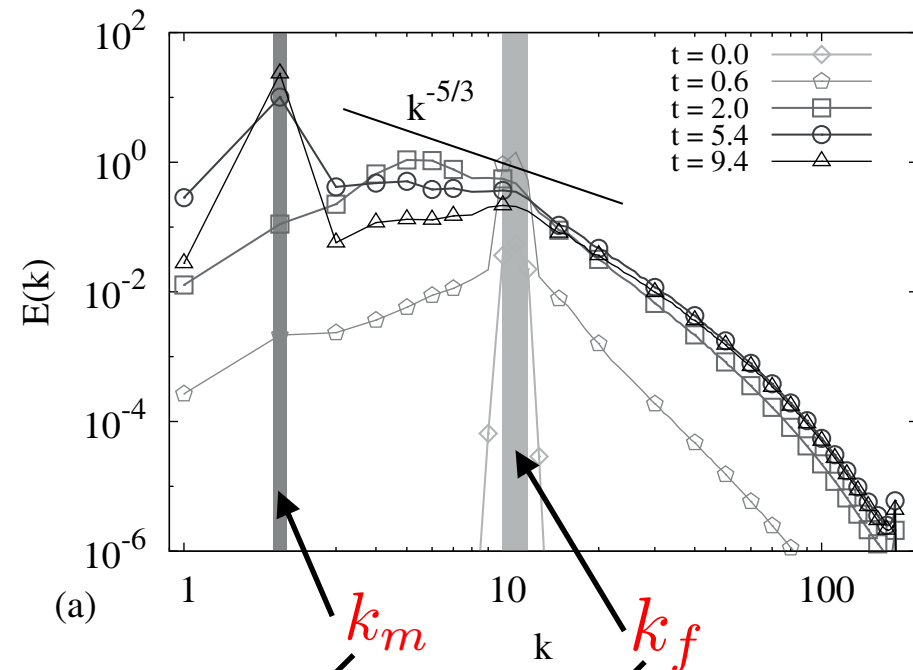
Role of other triads of different classes



- We keep all triads of Class I by keeping positive helical modes at all wavenumbers.
- We add different class of triads to the dynamics by adding negative helical modes **ONLY** at $k = k_m$ and forcing $k = k_f$.
- We tried, two cases,

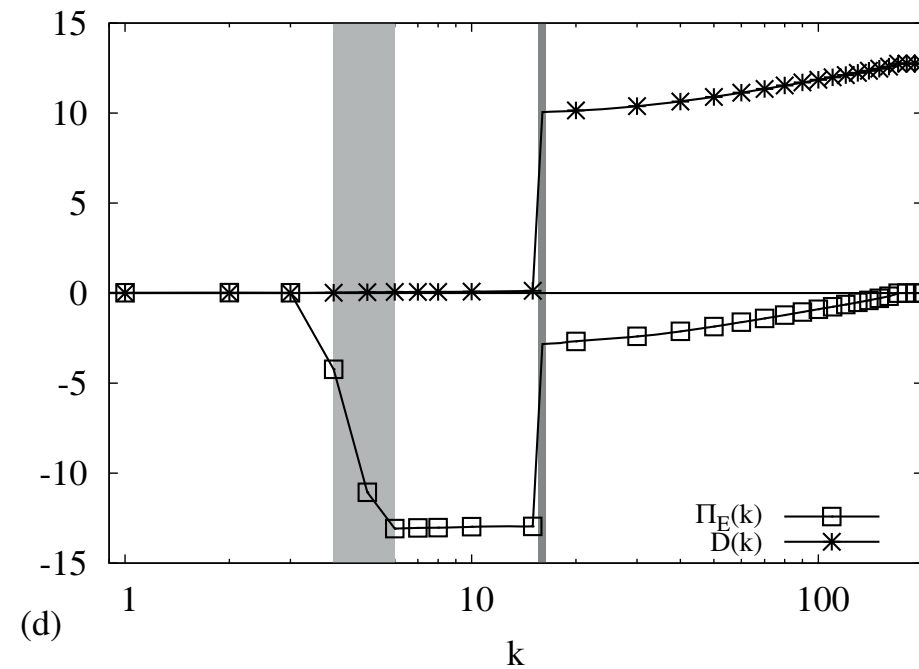
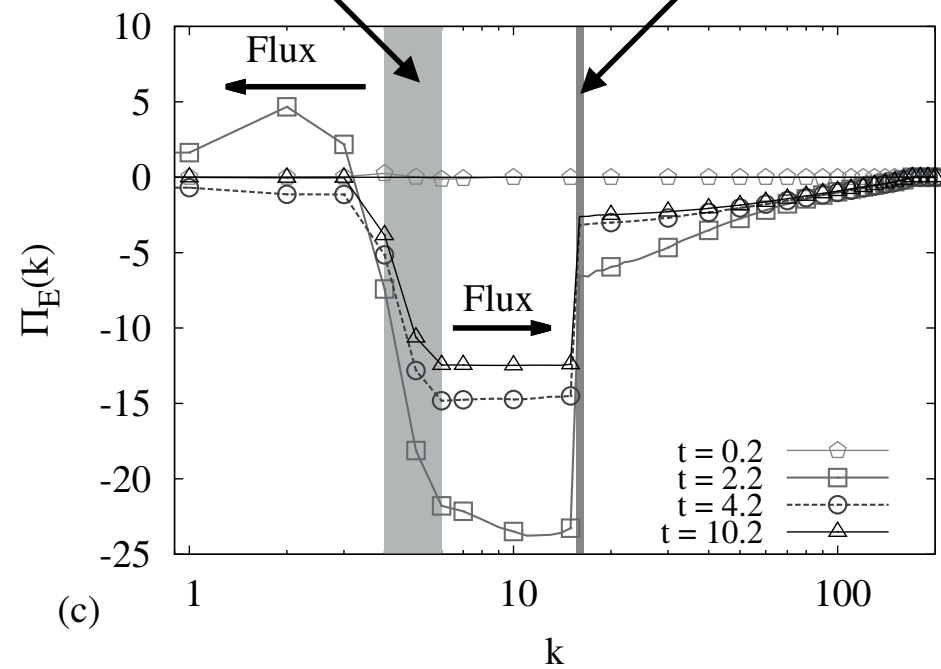
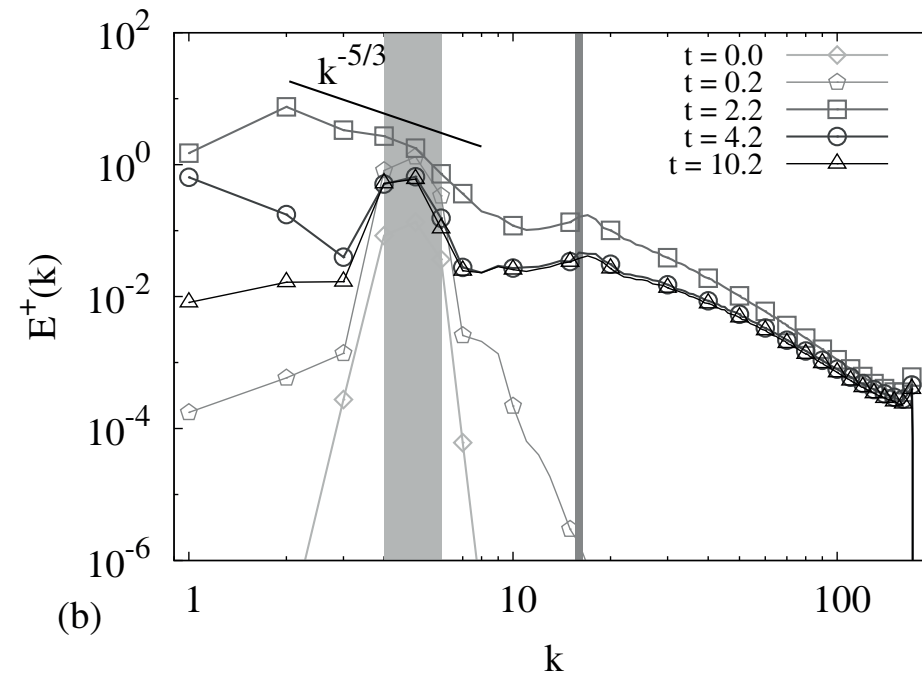
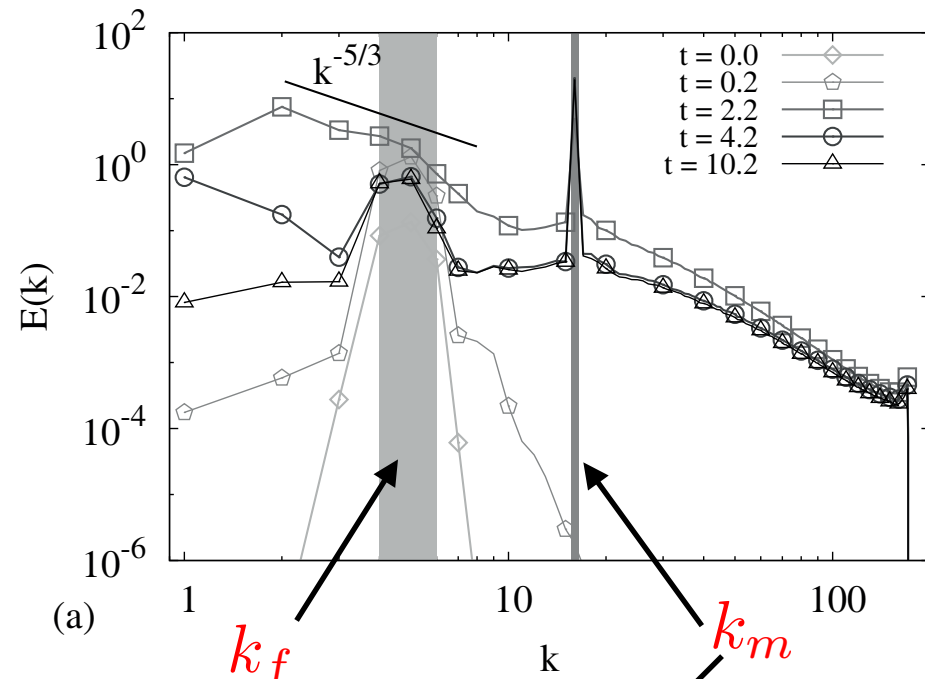
$$k_m < k_f \quad \text{and} \quad k_m > k_f$$
- In both cases, we reached a steady state as shown! But the dynamics were different.



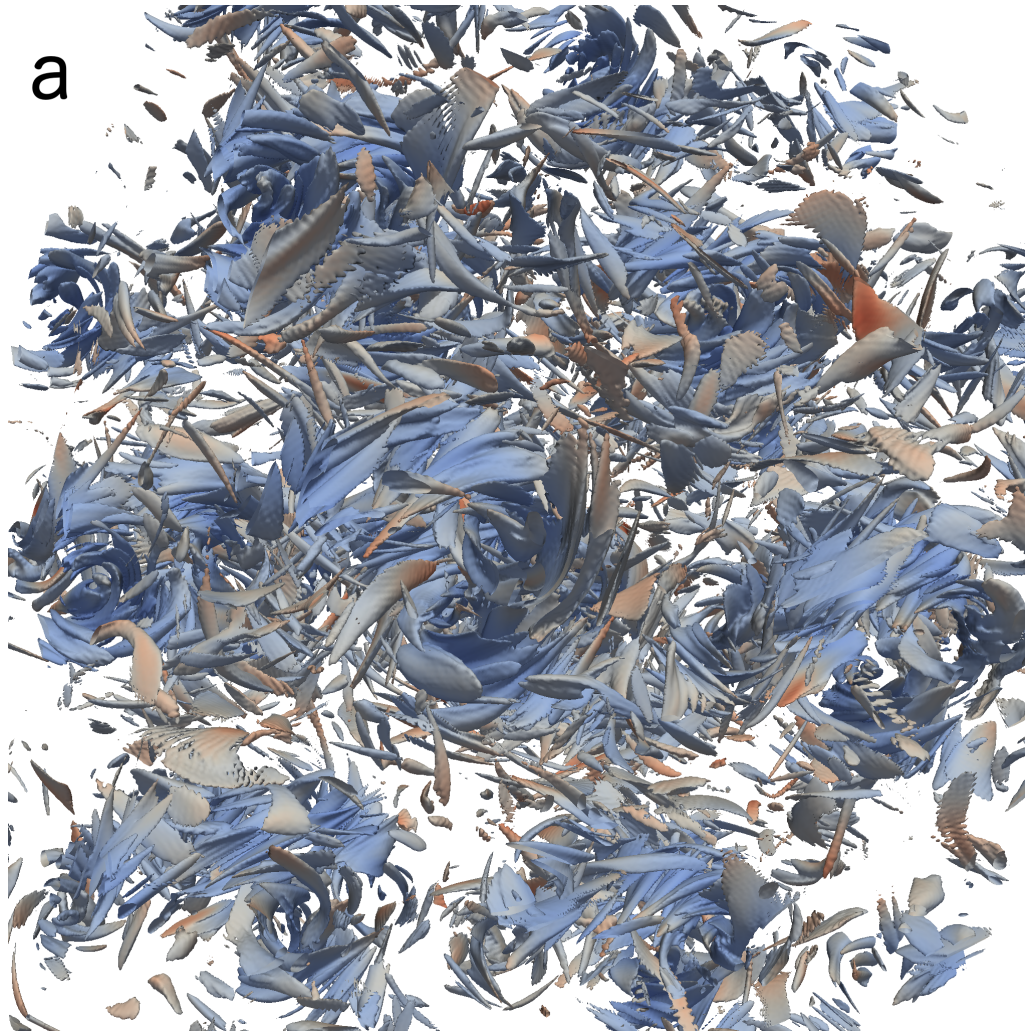


- Class-II is efficient in transferring energy from forced positive helical modes to negative helical modes at large scales.
- Inverse energy cascade does **NOT** need positive definite helicity!

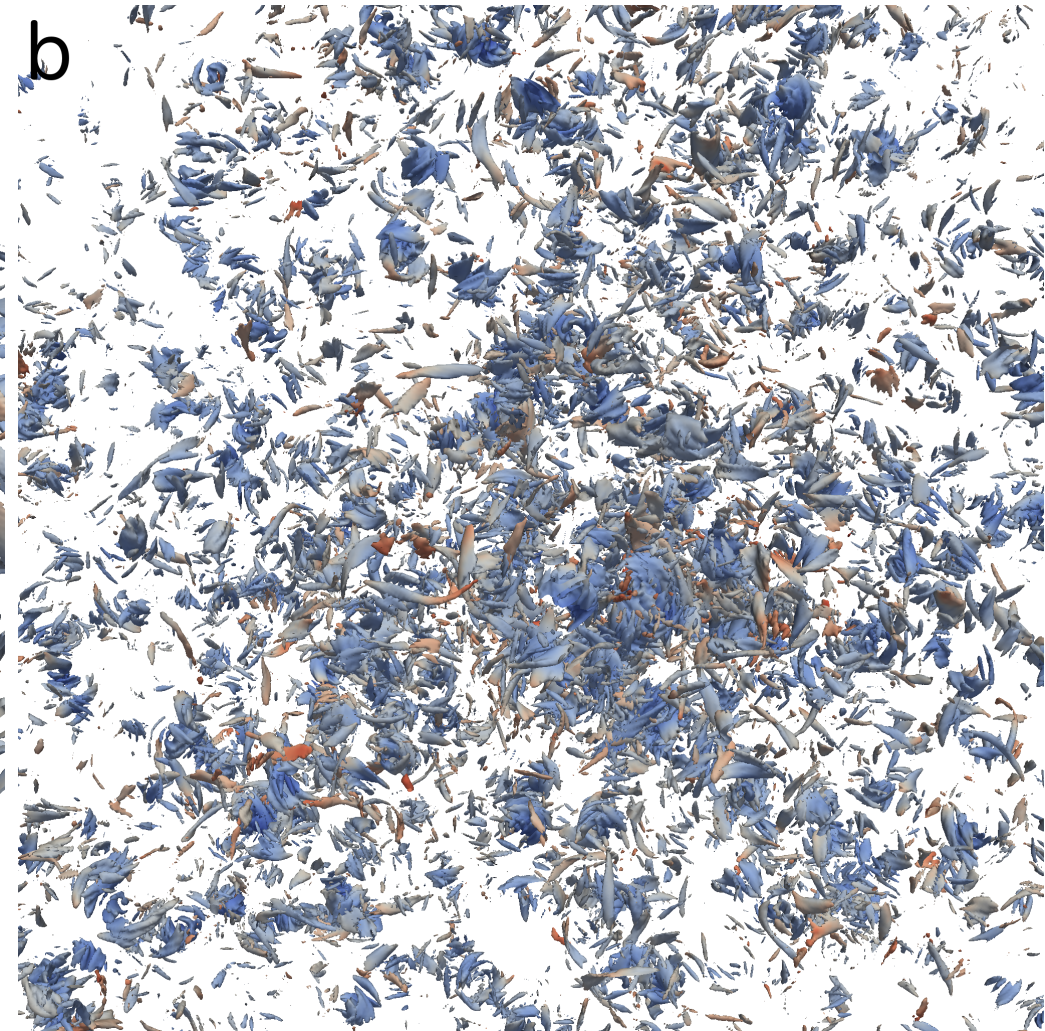
Added- Class III and Class IV $k_m > k_f$



- Class-III and Class IV transfer energy from forced positive helical modes to negative helical modes at small scales.



Class-II
Large scale condensates



Class-III and Class IV
small scale condensates

- Two classes of Triads (Class I and Class II) transfer energy to the large scales.
- It is possible to observe inverse energy cascade with out having a sign-definite helicity.
- When negative helical modes exist at only around one wavenumber, a large-scale or small-scale condensate is formed.

- *Role of helicity for large-and small-scales turbulent fluctuations*,
G Sahoo, F Bonaccorso, and L Biferale.
Phys. Rev. E 92, 051002 (R) (2015).
- *Disentangling the triadic interactions in Navier-Stokes equations*,
G Sahoo and L Biferale.
Eur. Phys. J. E 38, 114 (2015).
- *Inverse energy cascade in three-dimensional isotropic turbulence*,
L Biferale, S Musacchio, and F Toschi.
Phys. Rev. Lett. 108, 164501 (2012).